



HEDIS

HEDIS (Healthcare Effectiveness Data and Information Set) is a tool utilized by more than 90 percent of America's health plans to measure performance on important dimensions of care and service. Because there are so many health plans that collect HEDIS data, and the measures are so specifically defined, HEDIS makes it possible to compare the performance of health plans on an "apples-to apples" basis. CareSource also utilizes HEDIS results to determine opportunities to focus on improvement efforts to impact the quality of care delivered and received by CareSource members.

HEDIS Measures:

Use of Appropriate Medications for People with Asthma

This HEDIS measure focuses on CareSource members 5-50 years of age who are identified as having persistent asthma. The goal of this measure is to ensure that members are prescribed and secure appropriate asthma medications.

Cholesterol Management for Patients with Cardiovascular Conditions

This HEDIS measure focuses on CareSource members 18-75 years of age who were discharged alive following an AMI, coronary artery bypass graft, or percutaneous transluminal coronary angioplasty or who have a diagnosis of ischemic vascular disease who have received and LDL-C screening. The goal also to have the members LDL-C controlled, this is defined as having an LDL-C < 100.

Controlling High Blood Pressure

This HEDIS measure focuses on CareSource members 18-85 years of age who have a diagnosis of hypertension and whose blood pressure is adequately controlled (< 140/90).

Persistence of Beta-Blocker Treatment After a Heart Attack

This HEDIS measure focuses on CareSource members 18 years of age and older, that were hospitalized and discharged alive, with a diagnosis of AMI that received persistent beta-blocker treatment for six months following discharge.

Comprehensive Diabetes Care

This HEDIS measure focuses on CareSource members 18-75 years of age with diabetes (type1 and type 2) that receive the following diabetic screenings:

- Hemoglobin A1c (HbA1c) testing
- Eye exam (retinal) performed
- LDL-C screening
- Medical attention for nephropathy
- BP Monitoring

Adult BMI Assessment

This HEDIS measure focuses on CareSource members 18-74 years of age who have their BMI calculated and documented during an office visit with their primary care provider.

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

This HEDIS measure focuses on CareSource members 2-17 years of age who have a BMI percentile calculated and documented and receive counseling for nutrition and physical activity during a visit with their Primary Care Provider or OB/GYN.

Breast Cancer Screening

This HEDIS measure focuses on CareSource members 40-69 years of age who secure a mammogram for breast cancer screening.

Cervical Cancer Screening

This HEDIS measure focuses on CareSource members 21-64 years of age who receive one or more Pap tests to screen for cervical cancer.

Chlamydia Screening in Women

This HEDIS measure focuses on CareSource members 15-24 years of age, who were identified as sexually active, who have had at least one test for chlamydia.

Well-Child Visits in the First 15 Months of Life

This HEDIS measure focuses on CareSource members who in the first 15 months of life receive six or more visits with their primary care provider. These visits should encompass all of the components required of a comprehensive EPSDT visit.

Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life

This HEDIS measure focuses on CareSource members 3-6 years of age who receive one or more well-child visits with their primary care provider per year. These visits should encompass all of the components required of a comprehensive EPSDT visit.

Adolescent Well-Care Visits

This HEDIS measure focuses on CareSource members 12-21 years of age who have at least one comprehensive well-care visit per year with a PCP or an OB/GYN practitioner. These visits should encompass all of the components required of a comprehensive EPSDT visit.

Children and Adolescent Access to Primary Care Practitioners

This HEDIS measure focuses on CareSource members 12 months-19 years of age who have had a visit with their primary care provider. These visits should encompass all of the components required of a comprehensive EPSDT visit.

Adult Access to Preventive Ambulatory Health Services

This HEDIS measure focuses on CareSource members 20 years of age and older who have a yearly ambulatory or preventive care visit with their primary care provider.