

CareSource Advantage® Zero Premium (HMO)

Annual Notice of Change for 2019

# CareSource Advantage<sup>®</sup> Zero Premium (HMO) offered by CareSource Ohio

## **Annual Notice of Changes for 2019**

You are currently enrolled as a member of CareSource Advantage Zero Premium. Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes*.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

#### What to do now

- 1. ASK: Which changes apply to you
- □ Check the changes to our benefits and costs to see if they affect you.
  - It's important to review your coverage now to make sure it will meet your needs next year.
  - Do the changes affect the services you use?
  - Look in Sections 1.1 and 1.5 for information about benefit and cost changes for our plan.

□ Check the changes in the booklet to our prescription drug coverage to see if they affect you.

- Will your drugs be covered?
- Are your drugs in a different tier, with different cost-sharing?
- Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
- Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
- Review the 2019 Drug List and look in Section 1.6 for information about changes to our drug coverage.
- Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit <a href="https://go.medicare.gov/drugprices">https://go.medicare.gov/drugprices</a>. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

- Check to see if your doctors and other providers will be in our network next year.
  - Are your doctors in our network?
  - What about the hospitals or other providers you use?
  - Look in Section 1.3 for information about our *Provider & Pharmacy Directory*.
- □ Think about your overall health care costs.
  - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
  - How much will you spend on your premium and deductibles?
  - How do your total plan costs compare to other Medicare coverage options?
- Think about whether you are happy with our plan.
- 2. COMPARE: Learn about other plan choices
- Check coverage and costs of plans in your area.
  - Use the personalized search feature on the Medicare Plan Finder at <u>https://www.medicare.gov</u> website. Click "Find health & drug plans."
  - Review the list in the back of your Medicare & You handbook.
  - Look in Section 2.2 to learn more about your choices.
- □ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
  - If you want to **keep** CareSource Advantage Zero Premium, you don't need to do anything. You will stay in CareSource Advantage Zero Premium.
  - To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.
- 4. ENROLL: To change plans, join a plan between October 15 and December 7, 2018
  - If you **don't join another plan by December 7, 2018**, you will stay in CareSource Advantage Zero Premium.
  - If you **join another plan by December 7, 2018**, your new coverage will start on January 1, 2019.

#### **Additional Resources**

 Please contact our Member Services number at 1-844-607-2827 for additional information. (TTY users should call 1-800-750-0750 or 711). Hours are October 1 – March 31: 8 a.m. – 8 p.m., Monday through Sunday; April 1 – September 30: 8 a.m. – 8 p.m., Monday through Friday.

- To receive material in alternate formats such as large print, please contact Member Services at 1-844-607-2827 (TTY users should call 1-800-750-0750 or 711).
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### About CareSource Advantage Zero Premium

- CareSource Advantage Zero Premium is an HMO plan with a Medicare contract. Enrollment in CareSource Advantage Zero Premium depends on contract renewal.
- When this booklet says "we," "us," or "our," it means CareSource Ohio. When it says "plan" or "our plan," it means CareSource Advantage Zero Premium.
- This information is not a complete description of benefits. Call 1-844-607-2827 for additional information. (TTY users should call 1-800-750-0750 or 711).

### **Summary of Important Costs for 2019**

The table below compares the 2018 costs and 2019 costs for CareSource Advantage Zero Premium in several important areas. **Please note this is only a summary of changes. It is important to read the rest of this** *Annual Notice of Changes* and review the *Evidence of Coverage* to see if other benefit or cost changes affect you.

Cost	2018 (this year)	2019 (next year)
Monthly plan premium* * Your premium may be higher or lower than this amount. See Section 1.1 for details.	\$0.00	\$0.00
Maximum out-of-pocket amount This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	\$6,700	\$6,700
Doctor office visits	Primary care visits: \$9 per visit Specialist visits: \$45 per visit	Primary care visits: \$9 per visit Specialist visits: \$50 per visit
<b>Inpatient hospital stays</b> Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	\$350 copay per day for days 1 through 5 \$0 copay per day for days 6 through 90	\$350 copay per day for days 1 through 5 \$0 copay per day for days 6 through 90
Part D prescription drug coverage (See Section 1.6 for details.)	Deductible: \$250 Copayment/Coinsurance during the Initial Coverage Stage: • Drug Tier 1: \$6.00 • Drug Tier 2: \$15.00	Deductible: \$250 Copayment/Coinsurance during the Initial Coverage Stage: • Drug Tier 1: \$6.00 • Drug Tier 2: \$15.00

Cost	2018 (this year)	2019 (next year)
Part D prescription drug coverage (continued)	<ul> <li>Drug Tier 3: \$47.00</li> <li>Drug Tier 4: \$100.00</li> <li>Drug Tier 5: 28%</li> </ul>	<ul> <li>Drug Tier 3: \$47.00</li> <li>Drug Tier 4: \$100.00</li> <li>Drug Tier 5: 28%</li> </ul>

## Annual Notice of Changes for 2019 Table of Contents

Summary of I	mportant Costs for 2019 1
SECTION 1	Changes to Benefits and Costs for Next Year
Section 1.1 -	- Changes to the Monthly Premium
Section 1.2 -	- Changes to Your Maximum Out-of-Pocket Amount
Section 1.3 -	- Changes to the Provider Network
Section 1.4 -	- Changes to the Pharmacy Network
Section 1.5 -	- Changes to Benefits and Costs for Medical Services
Section 1.6 -	- Changes to Part D Prescription Drug Coverage
SECTION 2	Deciding Which Plan to Choose
Section 2.1 -	- If you want to stay in CareSource Advantage Zero Premium 10
Section 2.2 -	- If you want to change plans 10
SECTION 3	Deadline for Changing Plans 11
<b>SECTION 4</b>	Programs That Offer Free Counseling about Medicare 11
SECTION 5	Programs That Help Pay for Prescription Drugs
<b>SECTION 6</b>	Questions? 12
	- Getting Help from CareSource Advantage Zero Premium 12
Section 6.2 -	- Getting Help from Medicare 13

### **SECTION 1** Changes to Benefits and Costs for Next Year

### Section 1.1 – Changes to the Monthly Premium

Cost	2018 (this year)	2019 (next year)
Monthly plan premium	\$0.00	\$0.00
(You must also continue to pay your Medicare Part B premium.)		

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving "Extra Help" with your prescription drug costs.

### Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2018 (this year)	2019 (next year)
Maximum out-of-pocket amount	\$6,700	\$6,700
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		Once you have paid \$6,700 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

### Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated *Provider & Pharmacy Directory* is located on our website at **CareSource.com/Medicare**. You may also call Member Services for updated provider information or to ask us to mail you a *Provider & Pharmacy* 

## *Directory*. Please review the 2019 *Provider & Pharmacy Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan, you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider and managing your care.

### Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated *Provider & Pharmacy Directory* is located on our website at **CareSource.com/Medicare**. You may also call Member Services for updated provider information or to ask us to mail you a *Provider & Pharmacy Directory*. **Please review the 2019** *Provider & Pharmacy Directory* to see which pharmacies are in our network.

### Section 1.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your 2019 Evidence of Coverage.

Cost	2018 (this year)	2019 (next year)
Ambulance services	You pay a \$275 copay round trip (not waived if admitted).	You pay a \$225 copay round trip (not waived if admitted).
Dental services	You pay a \$10 copay for Preventive dental	You pay a \$0 copay for Preventive dental
	\$45 copay for Medicare covered comprehensive dental	\$50 copay for Medicare covered comprehensive dental
Emergency care	You pay a \$80 copay (waived if admitted within 24 hours)	You pay a \$90 copay (waived if admitted within 24 hours)
Hearing services	Hearing Exam:	Hearing Exam:
	Routine hearing exam: \$0 copay	Routine hearing exam: \$0 copay
	Medicare covered hearing exam: \$45 copay	Medicare covered hearing exam: \$50 copay
Outpatient diagnostic tests and therapeutic services and supplies	15% coinsurance for labs	\$30 copay
	15% coinsurance for diagnostic tests	For multiple services at the same facility on the same day only the maximum copay applies
Outpatient surgery physician services	\$45 copay	\$50 copay
Physician/Practitioner services	\$9 copay PCP office visit	\$9 copay PCP office visit
	\$45 copay Specialist office visit	\$50 copay Specialist office visit
Podiatry services	\$45 copay	\$50 copay
Skilled nursing facility (SNF) care	You pay a \$0 copay for days 1 through 20	You pay a \$0 copay for days 1 through 20
	\$167.50 copay per day for days 21 through 100.	\$172 copay per day for days 21 through 100.

Cost	2018 (this year)	2019 (next year)
Supervised Exercise Therapy (SET)	Supervised Exercise Therapy is <u>not</u> covered.	20% coinsurance

### Section 1.6 – Changes to Part D Prescription Drug Coverage

#### Changes to Our Drug List

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically. The Drug List we provided electronically includes many – but not all – of the drugs that we will cover next year. If you don't see your drug on this list, it might still be covered. **You can get the** *complete* **Drug List** by calling Member Services at 1-844-607-2827 (TTY: 1-800-750-0750 or 711) or visiting our website (**CareSource.com/Medicare**).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions**.

If you are affected by a change in drug coverage, you can:

- Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug. We encourage current members to ask for an exception before next year.
  - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence* of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Member Services.
- Work with your doctor (or other prescriber) to find a different drug that we cover. You can call Member Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

Any current formulary exceptions you may have will still be covered next year through the expiration date provided in the original approval letter or until you are no longer covered by the plan, whichever occurs first.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

Starting in 2019, we may immediately remove a brand name drug on our Drug List if, at the same time, we replace it with a new generic drug on the same or lower cost sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions. This means if you are taking the brand name drug that is being replaced by the new generic (or the tier or restriction on the brand name drug changes), you will no longer always get notice of the change 60 days before we make it or get a 60-day refill of your brand name drug at a network pharmacy. If you are taking the brand name drug, you will still get information on the specific change we made, but it may arrive after the change is made.

Also, starting in 2019, before we make other changes during the year to our Drug List that require us to provide you with advance notice if you are taking a drug, we will provide you with notice 30, rather than 60, days before we make the change. Or we will give you a 30-day rather than a 60-day, refill of your brand name drug at a network pharmacy.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about the changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

#### **Changes to Prescription Drug Costs**

*Note:* If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you**. We *sent you* a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. If you receive "Extra Help" and haven't received this insert by October 1, 2018, please call Member Services and ask for the "LIS Rider." Phone numbers for Member Services are in Section 6.1 of this booklet.

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*.)

Stage	2018 (this year)	2019 (next year)
Stage 1: Yearly Deductible Stage	The deductible is \$250.	The deductible is \$250.
During this stage, <b>you pay the full</b> <b>cost</b> of your Tier 3, 4, & 5 drugs until you have reached the yearly deductible.	During this stage, you pay \$6.00 per prescription cost-sharing for drugs on Tier 1 and \$15.00 per prescription cost-sharing for drugs on Tier 2. You pay the full cost of drugs on Tier 3, 4, and 5 until you have reached the yearly deductible.	During this stage, you pay \$6.00 per prescription cost-sharing for drugs on Tier 1 and \$15.00 per prescription cost-sharing for drugs on Tier 2. You pay the full cost of drugs on Tier 3, 4, and 5 until you have reached the yearly deductible.

#### Changes to the Deductible Stage

#### Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs* in your *Evidence of Coverage*.

Stage	2018 (this year)	2019 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one-month	Your cost for a one-month
Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan	supply filled at a network pharmacy with standard cost-sharing:	supply filled at a network pharmacy with standard cost-sharing:
pays its share of the cost of your	Tier 1 Preferred	Tier 1 Preferred
drugs and you pay your share of	Generic:	Generic:
the cost.	You pay \$6.00	You pay \$6.00
The costs in this row are for a	Tier 2 Generic:	Tier 2 Generic:
one-month (30-day) supply when	You pay \$15.00	You pay \$15.00
you fill your prescription at a network pharmacy that provides	Tier 3 Preferred Brand:	Tier 3 Preferred Brand:
standard cost-sharing. For	You pay \$47.00	You pay \$47.00
information about the costs for a long-term supply; or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of</i>	<b>Tier 4 Non-Preferred</b> <b>Drug:</b> You pay \$100.00	<b>Tier 4 Non-Preferred</b> <b>Drug:</b> You pay \$100.00
Coverage.		

Stage	2018 (this year)	2019 (next year)
	<b>Tier 5 Specialty Tier:</b> You pay 28% of the total cost	<b>Tier 5 Specialty Tier:</b> You pay 28% of the total cost
	Once your total drug costs have reached \$3,750, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$3,820, you will move to the next stage (the Coverage Gap Stage).

#### Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

### **SECTION 2** Deciding Which Plan to Choose

### Section 2.1 – If you want to stay in CareSource Advantage Zero Premium

**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2019.

### Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2019 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR* -- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare & You 2019*, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <u>https://www.medicare.gov</u> and click "Find health & drug plans." **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.** 

As a reminder, CareSource Ohio offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### Step 2: Change your coverage

- To change **to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from CareSource Advantage Zero Premium.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from CareSource Advantage Zero Premium.
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 6.1 of this booklet).
  - *or –* Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

### **SECTION 3** Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2019.

### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

Note: If you're in a drug management program, you may not be able to change plans.

If you enrolled in a Medicare Advantage plan for January 1, 2019, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2019. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

## SECTION 4 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Ohio, the SHIP is called the Ohio Senior Health Insurance Information Program (OSHIIP).

OSHIIP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. OSHIIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call OSHIIP at 1-800-686-1578. You can learn more about OSHIIP by visiting their website

(https://www.insurance.ohio.gov/Consumer/Pages/ConsumerTab2.aspx).

### **SECTION 5** Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more for your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Ohio HIV Drug Assistance Program (OHDAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Ohio HIV Drug Assistance Program (OHDAP) at 1-800-777-4775 (TTY 711).

### SECTION 6 Questions?

### Section 6.1 – Getting Help from CareSource Advantage Zero Premium

Questions? We're here to help. Please call Member Services at 1-844-607-2827. (TTY only, call 1-800-750-0750 or 711). We are available for phone calls October 1 – March 31: 8 a.m. – 8 p.m., Monday through Sunday; April 1 – September 30: 8 a.m. – 8 p.m., Monday through Friday. Calls to these numbers are free.

# Read your 2019 *Evidence of Coverage* (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2019. For details, look in the 2019 *Evidence of Coverage* for CareSource Advantage Zero Premium. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is available at

**caresource.com/plans/medicare/plan-documents** *OR* you can request a copy by calling Member Services.

#### Visit our Website

You can also visit our website at **CareSource.com/Medicare**. As a reminder, our website has the most up-to-date information about our provider network (*Provider & Pharmacy Directory*) and our list of covered drugs (Formulary/Drug List).

### Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

You can visit the Medicare website (<u>https://www.medicare.gov</u>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <u>https://www.medicare.gov</u> and click on "Find health & drug plans").

#### Read Medicare & You 2019

You can read *Medicare & You 2019* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<u>https://www.medicare.gov</u>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.





### Member Services

1-844-607-2827 (TTY: 1-800-750-0750 or 711) October 1 – March 31: 8 a.m. to 8 p.m., seven days a week April 1 – September 30: 8 a.m. to 8 p.m., Monday – Friday

#### CareSource.com/Medicare

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If you, or someone you're helping, have questions about CareSource, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-844-607-2827 TTY:711.

#### ARABIC

إذا كان لديك، أو لدي أي شخص تساعده، أية استفسارات بخصوص CareSource، فيحق لك الحصول على مساعدة ومعلومات مجانًا وباللغة التي تتحدث بها. للتحدث إلى أحد المترجمين الفوريين، اتصل على .1-844-607-2827 TTY:711 المترجمين الفوريين، اتصل على .1-844

#### AMHARIC

እርስዎ፣ ወይም እርስዎ የሚያግዙት ግለሰብ፣ ስለ CareSource ጥያቄ ካላችሁ፣ ያለ ምንም ክፍያ በቋንቋዎ እርዳታና መረጃ የማግኘት መብት አላችሁ። ከአስተርጓሚ *ጋ*ር ለመነጋገር፣ 1-844-607-2827 TTY:711 የደውሉ።

#### **BURMESE**

CareSource အကြောင်း သင် သို့မဟုတ် သင်အကူအညီပေးနေသူ တစ်စုံတ်စ်ယောက်က မေးမြန်းလွှာပွဲကြ သင့်ပြောဆိုသော ဘာသာစကားဖြင့် အကူအညီနှင့် အချက်အလက်များအား အခမဲ့ ရယူနိုင်ရန် အခွင့်အရေးရှိပါသည်။ ဘာသာပြန်တစ်ဦးအား စကားပြောဆိုရန် 1-844-607-2827 TTY:711 ဤတွင် နံပါတ်ဖြည့်သွင်းပါ] သို့ ခေါ် ဆိုပါ။

#### CHINESE

如果您或者您在帮助的人对 CareSource 存有疑问,您 有权免费获得以您的语言提供的帮助和信息。 如果您需 要与一位翻译交谈,请致电 1-844-607-2827 TTY:711。

#### **CUSHITE – OROMO**

Isin yookan namni biraa isin deeggartan CareSource irratti gaaffii yo qabaattan, kaffaltii irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuuf mirga ni qabdu. Nama isiniif ibsu argachuuf, lakkoofsa bilbilaa 1-844-607-2827 TTY:711 tiin bilbilaa.

#### DUTCH

Als u, of iemand die u helpt, vragen heeft over CareSource, hebt u het recht om kosteloos hulp en informatie te ontvangen in uw taal. Als u wilt spreken met een tolk, bel dan naar 1-844-607-2827 TTY:711.

#### FRENCH (CANADA)

Des questions au sujet de CareSource? Vous ou la personne que vous aidez avez le droit d'obtenir gratuitement du soutien et de l'information dans votre langue. Pour parler à un interprète, veuillez téléphoner au 1-844-607-2827 TTY:711.

#### GERMAN

Wenn Sie, oder jemand dem Sie helfen, eine Frage zu CareSource haben, haben Sie das Recht, kostenfrei in Ihrer eigenen Sprache Hilfe und Information zu bekommen. Um mit einem Dolmetscher zu sprechen, rufen Sie die Nummer 1-844-607-2827 TTY:711 an.

GUJARATI જો તમે અ્થવા તમે કોઇને મદદ કરી રહ્યાં તેમ ાંથી કોઇને CareSource વિશે પ્રશ્નો હોર તો તમને મદદ અને મે હહતી મેળિનિો અવિક ર છે. તે ખર્ય વિન તમ રી ભે ષ મ i પ્ર પ્ત કરી શક ર છે. દ ભ વષરો તિ કરિ મ ટે,આ 1-844-607-2827 TTY:711 પર કોલ કરો.

#### HINDI

यदि आपके, या आप जिसकी मदद कर रहे हैं उसके CareSource के बारे में कोई सवाल हैं तो आपके पास बगैर किसी लागत के अपनी भाषा में सहायता और जानकारी प्राप्त करने का अधिकार है। एक दुभाषिए से बात करने के लिए कॉल करें, 1-844-607-2827 ŤTY:711.

#### **ITALIAN**

Se Lei, o qualcuno che Lei sta aiutando, ha domande su CareSource, ha il diritto di avere supporto e informazioni nella propria lingua senza alcun costo. Per parlare con un interprete, chiami il 1-844-607-2827 TTY:711.

JAPANESE ご本人様、または身の回りの方で、CareSource に関 するご質問がございましたら、ご希望の言語でサポー トを受けたり、情報を入手したりすることができます (無償)。 通訳をご利用の場合は、1-844-607-2827 TTY:711 にご連絡ください。

KOREAN 귀하 본인이나 귀하께서 돕고 계신 분이 CareSource에 대해 궁금한 점이 있으시면, 원하는 언어로 별도 비용 없이 도움을 받으실 수 있습니다. 통역사가 필요하시면 다음 번호로 전화해 주십시오: 1-844-607-2827 TTY:711.

#### PENNSYLVANIA DUTCH

Wann du hoscht en Froog, odder ebber, wu du helfscht, hot en Froog baut CareSource, hoscht du es Recht fer Hilf un Information in deinre eegne Schprooch griege, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kannscht du 1-844-607-2827 TTY:711 uffrufe.

#### RUSSIAN

Если у Вас или у кого-то, кому Вы помогаете, есть вопросы относительно CareSource, Вы имеете право бесплатно получить помощь и информацию на Вашем языке. Для разговора с переводчиком, позвоните по номеру 1-844-607-2827 TTY:711.

#### SPANISH

Si usted o alguien a quien ayuda tienen preguntas sobre CareSource, tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Para hablar con un intérprete, llame al 1-844-607-2827 TTY:711.

#### UKRAINIAN

Якщо у вас, чи в особи, котрій ви допомагаєте, виникнуть запитання щодо CareSource, ви маєте право безкоштовно отримати допомогу та інформацію вашою мовою. Щоб замовити перекладача, зателефонуйте за номером 1-844-607-2827 TTY:711.

#### VIETNAMESE

Nếu bạn hoặc ai đó bạn đang giúp đỡ, có thắc mắc về CareSource, bạn có quyền được nhận trợ giúp và thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, vui lòng gọi số 1-844-607-2827 TTY:711.



CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status. CareSource does not exclude people or treat them differently because of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status.

CareSource provides free aids and services to people with disabilities to communicate effectively with us, such as: (1) qualified sign language interpreters, and (2) written information in other formats (large print, audio, accessible electronic formats, other formats). In addition, CareSource provides free language services to people whose primary language is not English, such as: (1) qualified interpreters, and (2) information written in other languages. If you need these services, please contact CareSource at 1-844-607-2827 TTY:711.

If you believe that CareSource has failed to provide the above mentioned services to you or discriminated in another way on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status, you may file a grievance, with:

> CareSource Attn: Civil Rights Coordinator P.O. Box 1947, Dayton, Ohio 45401 1-844-539-1732, TTY: 711 Fax: 1-844-417-6254

CivilRightsCoordinator@CareSource.com

You can file a grievance by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You may also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office of Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.