# DENTAL, VISION AND FITNESS BENEFITS

2024 North Carolina





All NC health plans offered by CareSource North Carolina Co., d/b/a CareSource.

ADV-SuppBenefitBrochure(NC2024)



### We got you.

CareSource recognizes that a member's whole health involves more than just the essential health benefits and protections that come from the Affordable Care Act. This includes: no lifetime maximums for most benefits, no medical review for enrollment, and we cover an extensive list of prescription drugs. But that's just the beginning. Our holistic approach to health care means we also provide supplemental benefits that take into account your fitness goals along with Dental and Vision services not included in many health insurance plans.\* Through our Zero Cost Telehealth Partnership with Teladoc®, CareSource is now offering Marketplace members \$0 copay telehealth office visits with 24/7 access to U.S.-licensed physicians who can consult, diagnose and prescribe medications by phone or video for short-term illnesses.

# Dental benefits are administered by DentaQuest® and include:

\$1,000 annual allowance.

\$0 cost share for diagnostic/preventive services. This includes two cleanings, two oral evaluations and X-rays.

Basic restorative services, like fillings, are subject to a small cost share.

Major restorative services, like extractions, root canals, dentures and crowns, are subject to a small cost share.

See Benefits Guide or visit

CareSource.com/Marketplace for full details.

Dental care providers can be found using our *Find a Doctor* tool on CareSource.com.

## Vision benefits are administered by EyeMed® and include:

Comprehensive eye exam with dilation, if medically necessary: One per benefit year, cost share applies.

Eyewear: Covered in full up to \$250 allowance per benefit year, limited to one pair of glasses or contacts per benefit year.

Eyeglasses, includes materials only: Frames, lenses and options: 20% discount on balance after \$250 allowance.

Contact lenses, includes materials only: Conventional – 15% discount balance after \$250 allowance; Disposable – No discount after \$250 allowance.

#### No Member Cost Share for:

Low vision: Supplemental testing and low-vision aids.

Retinal imaging: Limited to one per benefit year.

Medically-necessary contact lenses: Contact lenses and associated services, including fit and follow-ups, covered in full with no limitations on number of follow-up visits required.

#### As a CareSource member, you also get access to the following services:

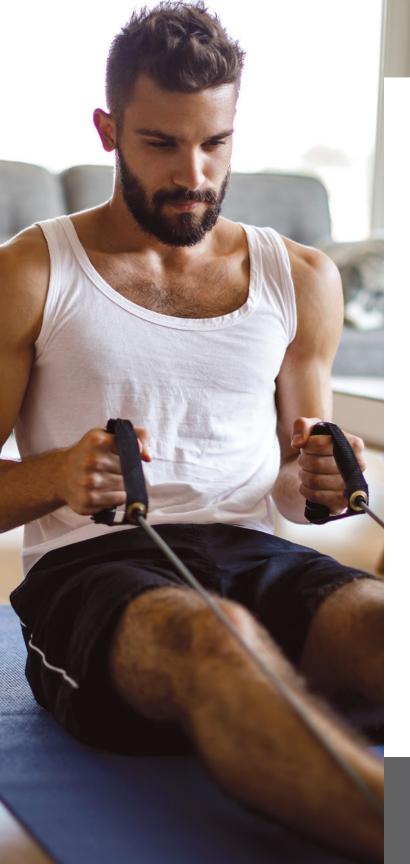
Laser Vision Correction (LASIK from QualSight) – standard discounted price per LASIK procedure type ranging from 15% to 50% based on a national average usual and customary charge per procedure type. The prices quoted upon member inquiry are already discounted, where the aforementioned range would not apply again.

Not all providers honor discounts for non-covered services.

All premium lens options and lens add-ons above the allowance amount will be eligible for the 20% discount.



To find a provider for routine vision services, you can use our *Find a Doctor* tool on CareSource.com.



Fitness Program benefits<sup>†</sup> are administered by American Specialty Health<sup>®</sup> through their Active&Fit<sup>®</sup> program (18+) and include:

Annual fitness center membership through a broad nationwide network of 10,000+ participating fitness centers, including select LA Fitness®, Snap Fitness™, Anytime Fitness®, Planet Fitness® and more.

Access to cardiovascular and strength training equipment, certain fitness classes and amenities such as saunas, locker rooms and pools, where available.

Home Fitness Kits: Receive one home fitness kit per benefit year from a variety of fitness categories with some kits including a wearable device (e.g., Fitbit® or Garmin®).

Home Fitness Kit topics include yoga, tai chi, Pilates, total body workout and more!

8,000+ on-demand workout videos in the website digital library, for all fitness levels.

Online classes and education at www.ActiveandFit.com.

To find a fitness center near you and to learn more, visit www.ActiveandFit.com.



\*Enhanced plans that include supplemental benefits coverage are available for purchase.

\*The Active&Fit program is provided by American Specialty Health Fitness (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. You may be required to sign a separate membership agreement with the contracted fitness center prior to accessing the fitness center. Services may vary at each fitness center. Not all services offered by the fitness center may be included with fitness center enrollment and should be verified with the fitness center prior to enrollment. You may choose to either enroll in select fitness centers or choose two home fitness kits, but not both. Other exclusions and limitations apply.

This is a solicitation for health insurance. CareSource Marketplace plans have exclusions, limitations, reductions and terms under which the policy may be continued in force or discontinued. Premiums, deductibles, coinsurance and copays may vary based upon individual circumstances and plan selection. Benefits and costs vary based upon plan selection. For additional information on renewability, cancellability, termination, modifications of benefits, and/or costs and complete details of coverage, please review CareSource's 2024 Evidence of Coverage and Schedule of Benefits at CareSource.com/Marketplace.

For costs and complete details of coverage, please review the CareSource Evidence of Coverage and Schedule of Benefits documents at CareSource.com/Marketplace.

CareSource is a Qualified Health Plan issuer in the Health Insurance Marketplace