Coverage for: Individual and Family | Plan Type: HMO

**CareSource North Carolina Co.** 

**CareSource Marketplace Essential Silver Limited** 

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact

<u>www.caresource.com/marketplace</u> or call 833-230-2099. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$6,150 individual/\$12,300 family per Benefit Year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,150 individual/\$12,300 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.caresource.com/marketplace or call 833-230-2099 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Zero Cost Telemedicine Partner	No charge	No charge	Not covered	Refer to your Evidence of Coverage
If you wisit a basish	Primary care visit to treat an injury or illness.	No charge	\$0 for first three visits then no charge after deductible	Not covered	None
If you visit a health care provider's	Specialist visit	No charge	No charge after deductible	Not covered	None
office or clinic	Preventive care/screening/ immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test†	<u>Diagnostic test</u> (x-ray, blood work)	No charge	X-ray: No charge after deductible Lab: No charge after deductible	Not covered	None None
	Imaging (CT/PET scans, MRIs)	No charge	No charge after deductible	Not covered	None
If you need drugs to treat your illness or condition† More information	Preventive drugs	No charge	No charge	Not covered	
	Generic drugs	No charge	No charge after deductible	Not covered	Up to a 90-day supply when filled at: Retail for Generic Drugs in Tiers 0-3
	Preferred brand drugs	No charge	No charge after deductible	Not covered	Mail Order for any drug in Tiers 0-3  All others limited to a 30-day supply
about <u>prescription</u> <u>drug coverage</u> is	Non-preferred brand drugs	No charge	No charge after deductible	Not covered	7 th others inflitted to a 30-day supply

<sup>\*</sup>For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 833-230-2099. †Prior authorization may be required, for more details see www.caresource.com/mp-NC-pa. ADV-SBC-NC001(2023)BES-Silver Limited

		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
available at www.caresource.c om/marketplace.	Specialty drugs	No charge	No charge after deductible	Not covered	Any copays shown are for a 30-day supply. 90-day supplies are 3 times the copay.
If you have	Facility fee (e.g., ambulatory surgery center)	No charge	No charge after deductible	Not covered	None
outpatient surgery†	Physician/surgeon fees	No charge	No charge after deductible	Not covered	None
If you need	Emergency room care	No charge	No charge after deductible	No charge after deductible	Emergency room copay or coinsurance is waived if you are admitted to the hospital directly from the Emergency Department.
immediate medical	Emergency medical transportation	No charge	No charge after deductible	No charge after deductible	Refer to your Evidence of Coverage
allerition	Urgent care	No charge	No charge after deductible	No charge after deductible	If you receive services in addition to urgent care, additional copayments, deductibles, or coinsurance may apply.
If you have a hospital stay†	Facility fee (e.g., hospital room)	No charge	No charge after deductible	Not covered	None
	Physician/surgeon fees	No charge	No charge after deductible	Not covered	1 visit per physician per day

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		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse	Outpatient services	No charge	\$0 for first three visits then no charge after deductible for office visits and No charge after deductible for other outpatient services	Not covered	None
services†	Inpatient services	No charge	No charge after deductible	Not covered	None
	Office visits	No charge	No charge after deductible	Not covered	Cost sharing does not apply for preventive services. Depending on
If you are pregnant	Childbirth/delivery professional services†	No charge	No charge after deductible	Not covered	the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services†	No charge	No charge after deductible	Not covered	Your cost for inpatient services only. See above for physician delivery charges.
If you need help recovering or have other special health needs	Home health care†	No charge	No charge after deductible	Not covered	100 visits per Benefit Year. Refer to your Evidence of Coverage for additional information.
	Rehabilitation services†  Physical/Occupational therapy  Speech/Post-cochlear implant aural therapy	No charge	\$0 for first three visits then no charge after deductible No charge after deductible	Not covered	PT, OT, Manipulation therapy limited to 30 visits Combined per Benefit Year. ST limited to 30 visits per Benefit Year. Post-cochlear implant aural therapy limit Combined with

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		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	All Other Services	No charge	No charge after deductible	Not covered	ST.
	Habilitation services† Physical/Occupational therapy	No charge	\$0 for first three visits then no charge after deductible	Not covered	30 visits Combined per Benefit Year
	Manipulation therapy	No charge	No charge after deductible	Not covered	Manipulation therapy limited to 30 visits Combined per Benefit Year.
	Hearing Aids	No charge	No charge after deductible	Not covered	1 hearing aid per hearing-impaired ear every 36 months.
	Skilled nursing care†	No charge	No charge after deductible	Not covered	60 Day limit per Benefit Year
	Durable medical equipment†	No charge	No charge after deductible	Not covered	Refer to your Evidence of Coverage
	Hospice services	No charge	No charge after deductible	Not covered	Refer to your Evidence of Coverage
	Children's eye exam	No charge	No charge	Not covered	1 routine eye exam per Benefit Year
If your child needs dental or eye care	Children's eyewear	No charge	No charge	Not covered	Limited to one pair of glasses or contact lenses per Benefit Year. If medically necessary, a replacement pair of glasses is allowed.
	Children's dental check- up	No charge	No charge	Not covered	2 check-ups per Benefit Year. Additional benefits available. Refer to your Evidence of Coverage

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)
- Acupuncture

- Cosmetic surgery
- Dental care (Adult)
- Long term care

- Non-emergency care when traveling outside the U.S
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

- Hearing aids
- Infertility treatment

Private duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: North Carolina Department of Insurance at <a href="www.ncdoi.gov/consumers/health-insurance">www.ncdoi.gov/consumers/health-insurance</a> or 855-408-1212. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance filing a grievance or appeal, contact: North Carolina Department of Insurance at <u>www.ncdoi.gov/consumers/health-insurance</u> or 855-408-1212.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 833-230-2099

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 833-230-2099

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 833-230-2099

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 833-230-2099.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

†Prior authorization may be required, for more details see www.caresource.com/mp-NC-pa.

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### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■ The plan's overall deductible	\$6,150
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$6,100		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$6,160		

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$6,150
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$5,200
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$5,220

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,150
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,800		
<u>Copayments</u>	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$2,800		

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 833-230-2099 Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.