



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact www.caresource.com/marketplace or call 833-230-2099. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary.

| Important Questions | Answers | Why This Matters: |
|---|--|--|
| What is the overall deductible ? | \$0 individual/\$0 family per Benefit Year | See the Common Medical Events chart below for your costs for services this plan covers. |
| Are there services covered before you meet your deductible ? | Yes | This plan covers some items and services even if you haven't yet met the deductible amount. |
| Are there other deductibles for specific services? | No | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan ? | Not applicable | This plan does not have an out-of-pocket limit on your expenses. |
| What is not included in the out-of-pocket limit ? | Not applicable | This plan does not have an out-of-pocket limit on your expenses. |
| Will you pay less if you use a network provider ? | Yes. See www.caresource.com/marketplace or call 833-230-2099 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist ? | No | You can see the specialist you choose without a referral . |

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Network Provider Information* |
|--|--|---|--|--|---|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP In-Network Provider (You will pay more) | Non-IHCP Out of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Zero Cost Telemedicine Partner | No charge | No charge | Not covered | Refer to your Evidence of Coverage |
| | Primary care visit to treat an injury or illness. | No charge | No charge | Not covered | None |
| | Specialist visit | No charge | No charge | Not covered | None |
| | Preventive care/screening/immunization | No charge | No charge | Not covered | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test† | Diagnostic test (x-ray, blood work) | No charge | X-ray: No charge Lab: No charge | Not covered | None None |
| | Imaging (CT/PET scans, MRIs) | No charge | No charge | Not covered | None |
| If you need drugs to treat your illness or condition† More information about prescription drug coverage is available at www.caresource.com/marketplace . | Preventive drugs | No charge | No charge | Not covered | Up to a 90-day supply when filled at: Retail for Generic Drugs in Tiers 0-3 Mail Order for any drug in Tiers 0-3 All others limited to a 30-day supply Any copays shown are for a 30-day supply. 90-day supplies are 3 times the copay. |
| | Generic drugs | No charge | No charge | Not covered | |
| | Preferred brand drugs | No charge | No charge | Not covered | |
| | Non-preferred brand drugs | No charge | No charge | Not covered | |
| | Specialty drugs | No charge | No charge | Not covered | |

*For more information about limitations and exceptions, see the [plan](#) or policy document at www.caresource.com/marketplace or call 833-230-2099.

†Prior authorization may be required, for more details see www.caresource.com/mp-NC-pa.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Network Provider Information* |
|--|--|---|---|--|--|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP In-Network Provider (You will pay more) | Non-IHCP Out of-Network Provider (You will pay the most) | |
| If you have outpatient surgery† | Facility fee (e.g., ambulatory surgery center) | No charge | No charge | Not covered | None |
| | Physician/surgeon fees | No charge | No charge | Not covered | None |
| If you need immediate medical attention | Emergency room care | No charge | No charge | No charge | Emergency room copay or coinsurance is waived if you are admitted to the hospital directly from the Emergency Department. |
| | Emergency medical transportation | No charge | No charge | No charge | Refer to your Evidence of Coverage |
| | Urgent care | No charge | No charge | No charge | If you receive services in addition to urgent care , additional copayments , deductibles , or coinsurance may apply. |
| If you have a hospital stay† | Facility fee (e.g., hospital room) | No charge | No charge | Not covered | None |
| | Physician/surgeon fees | No charge | No charge | Not covered | 1 visit per physician per day |
| If you need mental health, behavioral health, or substance abuse services† | Outpatient services | No charge | No charge for office visits and No charge for other outpatient services | Not covered | None |
| | Inpatient services | No charge | No charge | Not covered | None |

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| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Network Provider Information* |
|--|--|---|--|--|---|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP In-Network Provider (You will pay more) | Non-IHCP Out of-Network Provider (You will pay the most) | |
| If you are pregnant | Office visits | No charge | No charge | Not covered | Cost sharing does not apply for preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). |
| | Childbirth/delivery professional services† | No charge | No charge | Not covered | |
| | Childbirth/delivery facility services† | No charge | No charge | Not covered | Your cost for inpatient services only. See above for physician delivery charges. |
| If you need help recovering or have other special health needs | Home health care † | No charge | No charge | Not covered | 100 visits per Benefit Year. Refer to your Evidence of Coverage for additional information. |
| | Rehabilitation services † | No charge | No charge | Not covered | PT, OT, Manipulation therapy limited to 30 visits Combined per Benefit Year. ST limited to 30 visits per Benefit Year. Post-cochlear implant aural therapy limit Combined with ST. |
| | Physical/Occupational therapy | No charge | No charge | Not covered | |
| | Speech/Post-cochlear implant aural therapy | No charge | No charge | Not covered | |
| | All Other Services | No charge | No charge | Not covered | 30 visits Combined per Benefit Year Manipulation therapy limited to 30 visits Combined per Benefit Year. |
| | Habilitation services † | No charge | No charge | Not covered | |
| | Physical/Occupational therapy | No charge | No charge | Not covered | |
| | Manipulation therapy | No charge | No charge | Not covered | |
| | Hearing Aids | No charge | No charge | Not covered | 1 hearing aid per hearing-impaired ear every 36 months. |
| | Skilled nursing care † | No charge | No charge | Not covered | 60 Day limit per Benefit Year |

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| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Network Provider Information* |
|--|---|---|--|--|--|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP In-Network Provider (You will pay more) | Non-IHCP Out of-Network Provider (You will pay the most) | |
| | Durable medical equipment † | No charge | No charge | Not covered | Refer to your Evidence of Coverage |
| | Hospice services | No charge | No charge | Not covered | Refer to your Evidence of Coverage |
| If your child needs dental or eye care | Children's eye exam | No charge | No charge | Not covered | 1 routine eye exam per Benefit Year |
| | Children's eyewear | No charge | No charge | Not covered | Limited to one pair of glasses or contact lenses per Benefit Year. If medically necessary, a replacement pair of glasses is allowed. |
| | Children's dental check-up | No charge | No charge | Not covered | 2 check-ups per Benefit Year. Additional benefits available. Refer to your Evidence of Coverage |

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)
- Acupuncture
- Adult orthodontia
- Cosmetic surgery
- Long term care
- Non-emergency care when traveling outside the U.S
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Bariatric surgery
- Chiropractic care
- Dental care (Adult)
 - No charge for preventive services
 - No charge for minor services
 - No charge for major services
 - \$1,000 annual allowance
- Fitness Benefits – Gym membership, at home kits, online videos, coaching, and more
- Hearing aids
- Infertility treatment
- Private duty nursing
- Routine eye care (Adult)
 - No charge for eye exam with retinal imaging included
 - No cost for glasses or contacts, with \$250 annual allowance

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: North Carolina Department of Insurance at www.ncdoi.gov/consumers/health-insurance or 855-408-1212. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance filing a grievance or appeal, contact: North Carolina Department of Insurance at www.ncdoi.gov/consumers/health-insurance or 855-408-1212.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Not Applicable

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 833-230-2099

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 833-230-2099

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 833-230-2099

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 833-230-2099.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

| | |
|---|-----|
| ■ The plan's overall deductible | \$0 |
| ■ Specialist copayment | \$0 |
| ■ Hospital (facility) copayment | \$0 |
| ■ Other coinsurance | 0% |

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Peg would pay is | \$0 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| | |
|---|-----|
| ■ The plan's overall deductible | \$0 |
| ■ Specialist copayment | \$0 |
| ■ Hospital (facility) copayment | \$0 |
| ■ Other coinsurance | 0% |

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Joe would pay is | \$0 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| | |
|---|-----|
| ■ The plan's overall deductible | \$0 |
| ■ Specialist copayment | \$0 |
| ■ Hospital (facility) copayment | \$0 |
| ■ Other coinsurance | 0% |

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$0 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services