PAYMENT POLICY STATEMENT:
MEDICARE ADVANTAGE

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<tr>
<th>Original Effective Date</th>
<th>Next Annual Review Date</th>
<th>Last Review / Revision Date</th>
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<td>05/17/2016</td>
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**Policy Name**
Ambulatory Blood Pressure Monitoring

**Policy Number**
PY-0061

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<th>Policy Type</th>
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<td>☒ Medical</td>
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<td>☒ Payment</td>
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Payment Policies prepared by CSMG Co. and its affiliates (including CareSource) are intended to provide a general reference regarding billing, coding and documentation guidelines. Coding methodology, regulatory requirements, industry-standard claims editing logic, benefits design and other factors are considered in developing Payment Policies.

In addition to this Policy, payment of services is subject to member benefits and eligibility on the date of service, medical necessity, adherence to plan policies and procedures, claims editing logic, provider contractual agreement, and applicable referral, authorization, notification and utilization management guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any federal or state coverage mandate, Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

This Policy does not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced herein. If there is a conflict between this Policy and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

CSMG Co. and its affiliates may use reasonable discretion in interpreting and applying this Policy to services provided in a particular case and may modify this Policy at any time.

A. SUBJECT

**Ambulatory Blood Pressure Monitoring**

B. BACKGROUND

Reimbursement policies are designed to assist you when submitting claims to CareSource. They are routinely updated to promote accurate coding and policy clarification. These proprietary policies are not a guarantee of payment. Reimbursement for claims may be subject to limitations and/or qualifications. Reimbursement will be determined based upon a review of the actual services provided to a member and will be determined when the claim is received for processing. Health care providers and their office staff are encouraged to use self-service channels to verify member’s eligibility.

It is the responsibility of the submitting provider to submit the most accurate and appropriate CPT/HCPCS code(s) for the product or service that is being provided. The inclusion of a code does not imply any right to reimbursement or guarantee claims payment.

C. DEFINITIONS

- Ambulatory blood pressure monitoring (ABPM) involves the use of a non-invasive device which is used to measure blood pressure in 24-hour cycles. These 24-hour measurements are stored in the device and are later interpreted by the physician.
D. POLICY
   I. CareSource will reimburse providers for Ambulatory blood pressure monitoring when the following conditions are met:
      A. ABPM must be performed for at least 24 hours to meet coverage criteria.
      B. ABPM is only covered for those patients with suspected white coat hypertension.
         Suspected white coat hypertension is defined as:
            1. Office blood pressure >140/90 mm Hg on at least three separate clinic/office visits with two separate measurements made at each visit;
            2. At least two documented blood pressure measurements taken outside the office which are <140/90 mm Hg;
            3. No evidence of end-organ damage.
      C. The information obtained by ABPM is necessary in order to determine the appropriate management of the patient. ABPM is not covered for any other uses. In the rare circumstance that ABPM needs to be performed more than once in a patient, the qualifying criteria described above must be met for each subsequent ABPM test.
      D. If required, providers must submit their prior authorization number their claim form, as well as appropriate HCPCS and/or CPT codes along with appropriate modifiers in accordance with CMS.

For Medicare Plan members, reference the Applicable National Coverage Determinations (NCD) and Local Coverage Determinations (LCD). Compliance with NCDs and LCDs is required where applicable.

CONDITIONS OF COVERAGE
Reimbursement is dependent on, but not limited to, submitting CMS approved HCPCS and CPT codes along with appropriate modifiers. Please refer to:
https://www.cms.gov/Medicare/Medicare.html

AUTHORIZATION PERIOD
If applicable, reimbursement is dependent upon products and services frequency, duration and timeframe set forth by CMS.

E. RELATED POLICIES/RULES

F. REVIEW/REVISION HISTORY
   Date Issued: 05/17/2016
   Date Reviewed: 05/17/2016
   Date Revised:

G. REFERENCES

The Payment Policy Statement detailed above has received due consideration as defined in the Payment Policy Statement and is approved.