



When you take your child to Healthchek visits, your doctor can find health problems earlier and treat them faster. That will help your child grow up healthy, and give you a chance to talk to your doctor about concerns you have. Your doctor will also talk to you about vaccinations your child needs, and you will have the chance to ask questions about them. Healthcheks include:

- Physical check-ups
- Nutrition screenings
- Vision checks
- Mental health screenings
- Dental checks
- Developmental screenings
- Hearing checks
- Immunization screenings

The Healthcheks you complete for your baby are part of a special program called EPSDT, which stands for:

- E EARLY**
So problems are treated soon
- P PERIODIC**
To set up regular appointments
- S SCREENING**
To check for a medical problem
- D DIAGNOSIS**
To find a medical problem
- T TREATMENT**
To care for a problem



Need to talk with a nurse?

When you call, a registered Nurse will help you care for yourself or your baby, and tell you if you need to go to the doctor or emergency room. You can call **CareSource24®**, which is the nurse advice line, 24 hours a day at **1-866-206-0554**.



© 2014 CareSource. All Rights Reserved.

OH-MMED-56b
ODM Approved 2/5/2014

Babies First

IT'S AS EASY AS ABC!

CareSource wants you and your baby to be healthy. That's why the CareSource **Babies First** program rewards you for keeping doctor appointments while you are pregnant, and for completing follow-up visits as your baby grows. Through this program, you can earn up to \$150 on a MyCareSource Rewards™ card, which you can spend at a variety of stores. Here's how you can do this:

- A** See your OB/GYN doctor regularly while you are pregnant.
- B** See your OB/GYN doctor for a follow-up visit after the baby is born.
- C** Take your child for Healthchek exams. To make sure your child is healthy, you should see the doctor at birth, 3-5 days of age, and at 1, 2, 4, 6, 9, 12, 15, 18, 24 and 30 months of age. You can earn MyCareSource Rewards for the first 7 of these visits as long as your baby is 18 months of age or younger when you go to the doctor.

After your doctor visits, a bill will be sent to CareSource. After CareSource pays it, we'll put money on your rewards card. It will take up to 45 days from the receipt of your doctor's claim for services before reward money will be added to your card.

How do I activate my MyCareSource Rewards card?

To **Activate** your MyCareSource Rewards card, go to www.myotccard.com and enter the 19-digit number on the front of the card, or call 1-888-682-2400.



How do I make sure I get MyCareSource Rewards?

First you must keep your prenatal appointments. You'll receive \$20 for your **1st, 5th and 12th visit to your OB/GYN**. Then visit your doctor within 3 to 8 weeks after your baby is born, or sooner if your doctor recommends it, and you'll earn another \$20.

You also earn \$10 for each Healthchek visit you keep. That means you can earn money on your card a total of 11 times! Each time you are rewarded, you'll get a letter from CareSource.

To check the balance on your card, go to www.myotccard.com, or call 1-888-682-2400 and enter your 19-digit number. If you lose your card, we can send you a new one. Please call Member Services 1-800-488-0134 (TTY: 1-800-750-0750 or 711) if you need a new card.

You can use your card at the following stores:

- Meijer
- Rite Aid
- Family Dollar
- Dollar General
- Discount Drug Mart

What can I buy with my card?

When you receive your card in the mail, it will have a complete list of items you can purchase. Many of these products are designed to keep you and your new baby healthy, and include:

- Baby care items and toys
- Nutritional foods
- Family planning items
- First aid items
- Wellness products
- Home health products
- Sun-care, hair-care and beauty-care products
- Eye care products
- Foot care products

