

SAMPLE

Humana®

  
*CareSource®*



**SAMPLE**

**We're checking in to see how you are doing.**

We hope you are doing well. Please know that you are not alone. If you are still struggling, Humana – CareSource wants to work with you to find ways to get better. Treatment helps many people feel better.

We can help you find treatment services and community resources.  
**Please call us at 1-855-852-7005 (TTY: 1-800-648-6056 or 711).**

**If in crisis, please call the National Suicide Lifeline 1-800-273-8255.  
This line is free, confidential, and is available 24/7.**



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Humana – CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religion affiliation, health status, or public assistance status.

Si usted o alguien a quien ayuda tienen preguntas sobre Humana – CareSource, tiene derecho a recibir esta información y ayuda en su propia idioma sin costo. Para hablar con un intérprete, Por favor, llame al número de Servicios para Afiliados que figura en su tarjeta de identificación.

如果您或者您在帮助的人对 Humana – CareSource 存有疑问，您有权 免费获得以您的语言提供的帮助和信息。如果您需要与一位翻译交谈，请拨打您的会员 ID 卡上的会员服务电话号码。

This content is for informational purposes only, does not constitute medical advice, and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of a physician or other qualified health provider with any questions you may have.

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