

Get health items you need with our Healthy Savings card!



Commonwealth Care Alliance®, Inc., (CCA) helps you manage the rising costs of everyday health necessities by giving you a **Healthy Savings card**. It's a special, pre-loaded card that can be used to buy a variety of eligible over-the-counter (OTC) items.

You'll receive your card about two weeks before the coverage start date of your CCA Senior Care Options (HMO D-SNP) plan. Simply call the number on the back to activate it. Funds are added on the first day of each calendar quarter (January 1, April 1, July 1, and October 1). **Funds don't carry over, so make sure to use your entire balance each quarter!**

\$420
quarterly OTC allowance

You can use the **Healthy Savings card** like a credit card. Purchases can be made online, over the phone, or in person at participating locations, including, but not limited to, those listed below:

- CVS
- Dollar General
- Price Chopper
- Walgreens
- Stop & Shop
- Shaw's
- Save A Lot
- Walmart
- Price Rite

Some of the **eligible over-the-counter items** you can purchase include:¹

- Vitamins
- Pain and fever relief
- Dental care
- Allergy medicines
- First-aid supplies
- Cold and cough medicines
- Eye and ear care
- Stomach medicines
- Foot care
- Hand and body soap
- Skin and hair care

CCA rewards you for staying healthy

We'll add \$25 to your card when you complete your annual wellness visit or physical exam.²

¹ Certain restrictions apply. Contact the plan for more information.

² It may take several months for your reward to be processed and added to your Healthy Savings card.

To learn more or enroll, call 855-210-1775 (TTY 711), 8 am – 8 pm, Monday – Friday, April 1 – September 30; 8 am – 8 pm, 7 days a week, October 1 – March 31.
Or visit ccama.org/senior-care-options.

Additional benefits for members with certain active, chronic conditions

You could also qualify to use your **\$420 quarterly allowance** to help you pay for the cost of groceries and utilities.



Healthy food³

Eating a healthy diet can help manage certain symptoms associated with chronic conditions. Below is a sample of the type of plan-approved food you can buy with your card:

- Meat
- Seafood
- Fruits
- Vegetables
- Milk
- Cereal



Utility allowance³

You can use your card toward qualifying utility payments, including:

- Gas
- Electric
- Internet
- Cable

See if you qualify.

These added benefits and more are available to members with certain active, chronic conditions. Scan the code with your phone's camera to learn more.



ccama.org/chronic-condition

³ The food, utilities, and non-emergent, non-medical transportation benefits mentioned are part of a special supplemental program for the chronically ill. Members with chronic heart failure, cardiovascular disorders, chronic lung disorders, and diabetes may be eligible for these additional benefits. Not all members with those conditions will qualify. Certain restrictions may apply. Only at participating locations.

CCA Senior Care Options (HMO D-SNP) is a Dual Special Needs Plan (D-SNP) with a Medicare contract and a contract with the Commonwealth of Massachusetts Medicaid program. Enrollment in the plan depends on the plan's contract renewal with Medicare. This plan is a voluntary program that is available to anyone 65 and older who qualifies for MassHealth Standard and Original Medicare and does not have any other comprehensive health insurance, except Medicare.

Commonwealth Care Alliance[®], Inc., complies with applicable Federal civil rights laws and does not discriminate on the basis of, or exclude people or treat them differently because of, medical condition, health status, receipt of health services, claims experience, medical history, disability (including mental impairment), marital status, age, sex (including sex stereotypes and gender identity), sexual orientation, national origin, race, color, religion, creed, public assistance, or place of residence.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 866-610-2273 (TTY 711).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 866-610-2273 (TTY 711).

You can get this document for free in other formats, such as large print, braille, or audio. Call 866-610-2273 (TTY 711), 8 am to 8 pm, 7 days a week. The call is free.

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