Cinqair (reslizumab) is a **non-preferred** product and will only be considered for coverage under the **medical** benefit when the following criteria are met:

Members must be clinically diagnosed with one of the following disease states and meet their individual criteria as stated.

### SEVERE ASTHMA

**For initial authorization:**
1. Member must be 18 years of age or older; AND
2. Medication must be prescribed by or under the recommendation of a pulmonologist, immunologist or allergist; AND
3. Member has a blood eosinophil count of at least 400 cells/µl within 4 weeks of dosing; AND
4. Member’s asthma has been inadequately controlled after 3 month of conventional treatment of medium to high doses of inhaled corticosteroids (ICS) and long acting beta 2-agonists (LABA); AND
5. Member has at least one documented severe asthma exacerbation within last year; AND
6. Medication is being used as the add-on maintenance treatment to conventional therapies for asthma (i.e. ICS, LABA, etc.); AND
7. Medication is not used in combination with Nucala (mepolizumab).

**Dosage allowed:** 3 mg/kg once every 4 weeks.

*If member meets all the requirements listed above, the medication will be approved for 16 weeks.*

**For reauthorization:**
1. Medication not being used as monotherapy for asthma; AND
2. Member must be in compliance with all other initial criteria; AND
3. Chart notes have been provided that show the member has demonstrated improvement during 16 weeks of medication therapy:
   a) Decreased frequency of emergency department visits; OR
   b) Decreased frequency of hospitalizations due to asthma symptoms; OR
   c) Increase in percent predicted FEV1 from pretreatment baseline; OR
   d) Improved functional ability (i.e. decreased effect of asthma on ability to exercise, function in school or at work, or quality of sleep); OR
   e) Decreased utilization of rescue medications.

*If member meets all the reauthorization requirements above, the medication will be approved for an additional 12 months.*
CareSource considers Cinqair (reslizumab) not medically necessary for the treatment of the following disease states based on a lack of robust clinical controlled trials showing superior efficacy compared to currently available treatments:

- Acute bronchospasm
- Atopic dermatitis
- Atopic eczema
- Chronic obstructive pulmonary disease
- Chronic rhinosinusitis
- Churg-Strauss syndrome
- Eosinophil gastroenteritis
- Eosinophilic esophagitis
- Eosinophilic granulomatosis with polyangiitis
- Hyper-eosinophilic syndrome
- Nasal polyposis
- Status asthmaticus

**DATE** | **ACTION/DESCRIPTION**
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05/18/2017 | New policy for Cinqair created. Lab for blood eosinophil count required within 4 weeks of dosing. Leukotriene receptor antagonists and corticosteroids on exacerbations taken out from criteria.

References:

Effective date: 05/18/2017
Revised date: 05/18/2017