

Get health items you need with our Healthy Savings card!



Commonwealth Care Alliance® (CCA) helps you manage the rising costs of everyday health necessities by giving you a **Healthy Savings card**. It's a pre-loaded card that can be used to buy a variety of eligible over-the-counter (OTC) items.

You'll receive your card within two weeks from your approved start date. Call the number on the back to activate it. Funds are added on the first day of each calendar quarter (January 1, April 1, July 1, and October 1). **Funds don't carry over, so make sure to use your entire balance each quarter!**

\$433
quarterly OTC allowance

You can use the **Healthy Savings card** like a credit card. Purchases can be made online, over the phone, or in person at participating locations, including, but not limited to, those listed below:

- CVS
- Walgreens
- Star Market
- Costco
- Stop & Shop
- Save A Lot
- Dollar General
- Hannaford
- Walmart
- Price Chopper
- Shaw's
- Price Rite

Some of the **eligible over-the-counter items** you can purchase include:¹

- Vitamins
- First-aid supplies
- Foot care
- Pain and fever relief
- Cold and cough medicines
- Hand and body soap
- Dental care
- Eye and ear care
- Skin and hair care
- Allergy medicines
- Stomach medicines

¹ Certain restrictions apply. Contact the plan for more information.

**To learn more or enroll, call 855-210-1775 (TTY 711), 8 am – 8 pm, Monday – Friday,
April 1 – September 30; 8 am – 8 pm, 7 days a week, October 1 – March 31.
Or visit ccama.org/senior-care-options.**

Additional benefits for members who qualify for SSBCI² (Special Supplemental Benefits for the Chronically Ill)

You could also qualify to use your **\$433 quarterly allowance** to help you pay for the cost of eligible groceries and utilities.



Healthy food²

Eating a healthy diet can help manage certain symptoms associated with chronic conditions. Below is a sample of the type of eligible food you can buy with your card:

- Meat
- Seafood
- Fruits
- Vegetables
- Milk
- Cereal



Utility allowance²

You can use your card toward eligible utility payments, including:

- Natural Gas
- Electric
- Internet
- Cable

To learn more about SSBCI qualification, go to ccama.org/chronic-condition or scan the code with your phone's camera to learn more.



² The food and utilities benefits mentioned are Special Supplemental Benefits for the Chronically Ill (SSBCI). You may qualify for SSBCI if you are at high risk for hospitalization and require intensive care coordination to manage one or more chronic conditions such as cardiovascular disorders, diabetes, overweight/obesity/metabolic syndrome, chronic and disabling mental health conditions or neurologic disorders. For a full list of qualifying chronic conditions or to learn more about other eligibility requirements for SSBCI, please contact Member Services or your care coordinator.

CCA Senior Care Options (HMO D-SNP) is a Dual Special Needs Plan (D-SNP) with a Medicare contract and a contract with the Commonwealth of Massachusetts MassHealth (Medicaid) program. Enrollment in the plan depends on the plan's contract renewal with Medicare. This plan is a voluntary program that is available to anyone 65 and older who qualifies for MassHealth Standard and Original Medicare and does not have any other comprehensive health insurance, except Medicare.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 866-610-2273 (TTY 711).

You can get this document for free in other formats, such as large print, braille, or audio. Call 866-610-2273 (TTY 711), Monday through Friday, 8 am to 8 pm Eastern Time, and from October 1 to March 31, the same hours, seven days a week. The call is free.

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