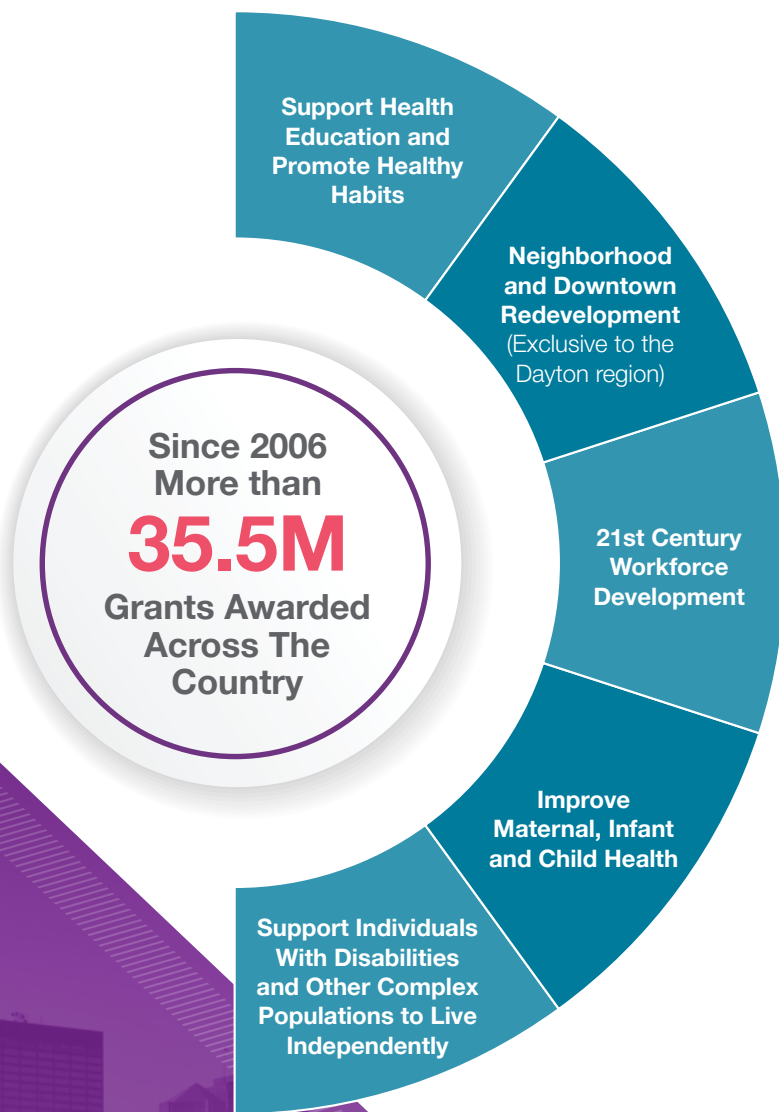




Strengthening
the Communities
We Serve

2024

Our Priorities



Dayton Community Investment

With CareSource being Headquartered in Dayton, Ohio, we are committed to investing and making an impact in the Dayton community.

Victory Project: The CareSource Foundation gave a \$150,000 grant to Victory Project. Victory Project is explicitly designed as an alternative to the street. The year around program focuses on mentoring disengaged youth, 8th through 12th grade, on avoiding dropping out of high school, getting a criminal history, and having a baby before marriage. This collaboration also partnered with Wright State University for educational opportunities and Dayton Children's Hospital for wellness checks.

Employee Engagement

2278

volunteering experiences
for a total of

8671.5

volunteer hours that impacted

291

more likely to have a preventive
visit within a year.

Mass Food Distributions

600,851 lbs

of food to

7267

families 3 counties through multiple
food distributions

Mental Health Games

**Over
\$200,000**

in grants given at mental health
games and pep rallies to support
mental health programs

In 2024, CareSource sponsored a series of Men's Basketball games that supported adolescent and young adult mental health and suicide prevention initiatives.

"This is an epidemic nationally that needs to be talked about, there needs to be an awareness everywhere that we have to reduce or break the stigma around mental health and mental awareness.

" University of Dayton Men's Basketball Coach, Anthony Grant



State Spotlight



The Arc of Indiana

Program Title: Leadership, Advocacy, Peer Mentoring for People with Intellectual & Developmental Disabilities

Overview: The Arc of Indiana's belief is that strong leadership and self-advocacy skills increase the likelihood of successful transitions, community living and growth in independent living skills for people with disabilities. We desire to work alongside people with disabilities to empower the voices of self-advocates and provide opportunities to improve their awareness and influence of issues that impact their daily lives, including their health and wellbeing.

The Arc of Indiana, with support from the CareSource Foundation, endeavors to impact the lives of people with disabilities through training a consortium of people with disabilities to engage in leadership opportunities and have a thorough understanding of the issues and public policy that affects them. The Arc of Indiana will develop and implement a curriculum that supports empowerment, self-determination, self-advocacy, and independence.

Maple Tree Cancer Alliance

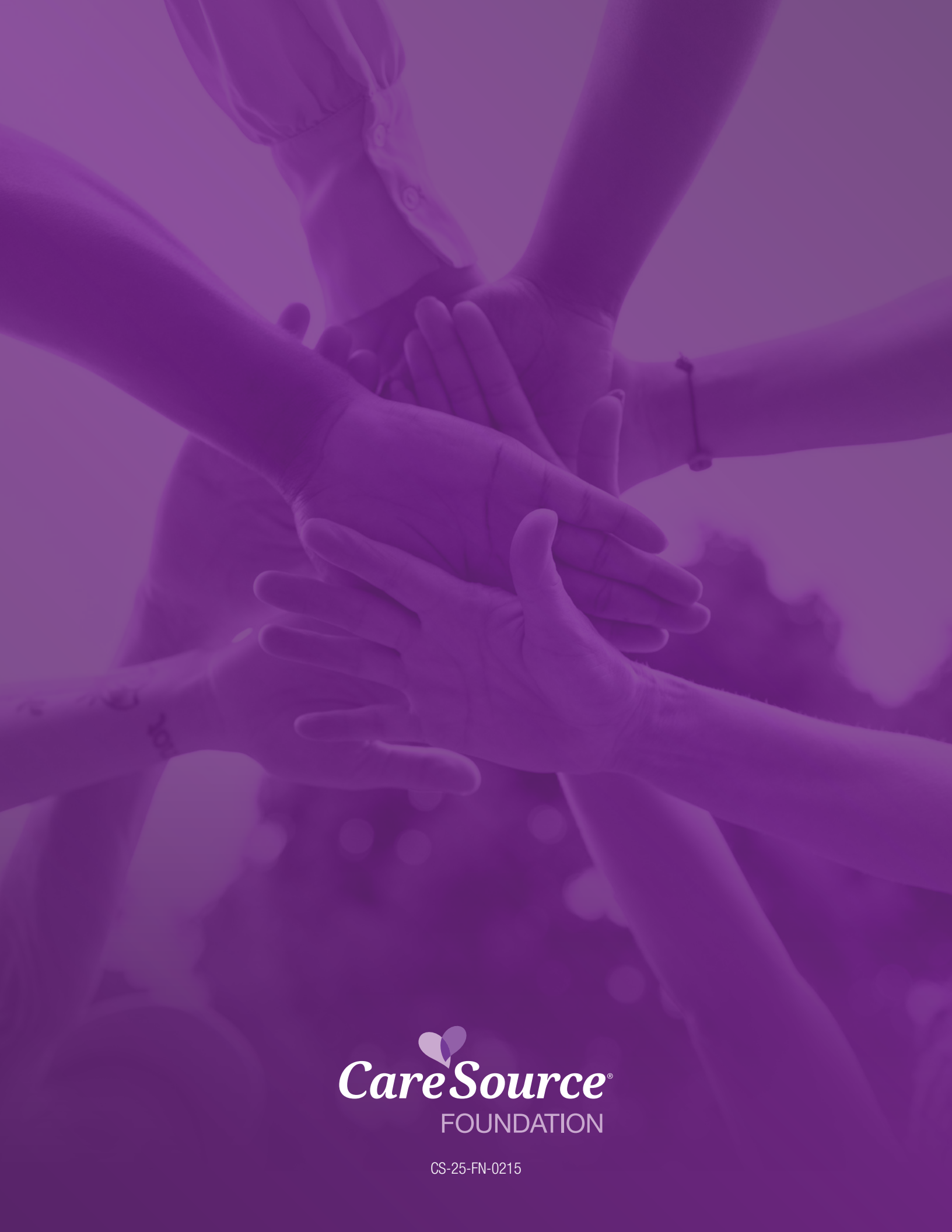
Program Title: Free Exercise Programming for Patients with Chronic Disease

Overview: Through exercise, MTCA provides chronic disease patients with physical and emotional support as they move through phases of their treatment. All of MTCA's services are available to patients at no cost to themselves. Through our program, our patients meet one-on-one with trainers who provide tailored exercise plans for clients with any type of chronic disease. MTCA clients are referred to our program by their medical team. When a client first comes to MTCA, they are given a comprehensive fitness assessment by a trainer who holds, at minimum, credentials including a bachelor's degree in Exercise Science and a nationally-accredited Exercise Oncology Instructor Certification. Trainers take each client's full medical history and document baseline measurements for cardiorespiratory fitness, muscular strength, muscular endurance, flexibility, body composition, health-related quality of life, and symptom severity (pain, fatigue, anxiety, depression, etc.). Based on these factors and the patient's goals, a tailored exercise prescription is designed for each patient. Our trainers are skilled at prescribing exercise programs that respond to the challenges and physical limitations that meet the wide-ranging needs of our patients. Trainers meet with their patients once/weekly and take them through a full body workout that includes cardiovascular exercise, resistance training, and flexibility/balance exercises. Every 12-weeks the patient is re-assessed, as they move through the program. This reassessment guides future exercise programming and is maintained in a HIPPA-compliant, cloud-based data management system.

Georgia Family Connection Partnership Inc.

Program Title: Virtual Community Engagement Hub

Overview: Through this funding, Georgia Family Connection Partnership and GOMO will create a Virtual Community Engagement Hub (VCEH) that will connect the families, providers, and services available in each community. Participating Collaboratives will use the VCEH as infrastructure to support strategy implementation and evaluation including enrollment, monitoring and responding to escalating needs, providing culturally responsive practice guidance and supporting timely communication with community providers and partners, and collecting population- and system-level data to inform targeted and system level quality improvement.



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