

# Visiting the ER? Make Sure You Follow Up



Emergencies happen. But not every visit to the Emergency Room (ER) means a stay in the hospital. Sometimes you get the care you need and go home the same day. After those visits, make sure you follow up.

Follow up visits help make sure you do not need to go to the ER again for the same concern. Go to your primary care or behavioral health provider after an ER visit. This should happen within 5 to 7 days, but make sure you are seen no more than 30 days after you went to the ER.

## Why it is important to follow up:

- **Keep your care team in the loop.**  
Your doctor and/or therapist know you best, and it is important that they hear about changes in your health.
- **Make sure you are on the right meds.**  
Your doctor can make sure any new medicine is not interacting with what you already took. They can also make changes to what you're taking if needed.
- **You might need more care.**  
The ER will make sure you are stable, but you may still need treatment.



## We are here to help.

These resources are available to you:



The CareSource24® Nurse Advice Line can help you figure out where to go based on your symptoms. Call **1-833-687-7342** (TTY: 711).



Member can help you understand your benefits or find a provider. Call **1-833-230-2099** (TTY: 711).



Follow up through Telehealth might be an option for you. Visit [www.teladoc.com](http://www.teladoc.com) or call 1-800-TELADOC (1-800-835-2362).



CareSource Behavioral Health Addiction Line: **1-833-674-6437**



DisposeRx helps you safely throw away medicine you no longer need. Visit [secureforms.CareSource.com/DisposeRx](http://secureforms.CareSource.com/DisposeRx)

To learn more, visit  
**[CareSource.com/GA](http://CareSource.com/GA)**.