

## AUDIT Screening Tool

The Alcohol Use Disorders Identification Test (AUDIT), developed in 1982 by the World Health Organization (WHO), is a simple way to screen and identify people at risk of alcohol problems. The AUDIT has 10 questions and the possible responses to each question are scored 0, 1, 2, 3 or 4, with the exception of questions 9 and 10 which have possible responses of 0, 2 and 4.

<b>Question 1</b>	<b>How often do you have a drink containing alcohol?</b>
0	Never (Skip to Questions 9-10)
1	Monthly or less
2	2 to 4 times a month
3	2 to 3 times a week
4	4 or more times a week
<b>Question 2</b>	<b>How many drinks containing alcohol do you have on a typical day when you are drinking?</b>
0	1 or 2
1	3 or 4
2	5 or 6
3	7, 8, or 9
4	10 or more
<b>Question 3</b>	<b>How often do you have six or more drinks on one occasion?</b>
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 4</b>	<b>How often during the last year have you found that you were not able to stop drinking once you had started?</b>
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 5</b>	<b>How often during the last year have you failed to do what was normally expected of you because of drinking?</b>
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 6</b>	<b>How often during the last year have you been unable to remember what happened the night before because you had been drinking?</b>

0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 7</b>	<b>How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?</b>
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 8</b>	<b>How often during the last year have you had a feeling of guilt or remorse after drinking?</b>
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
<b>Question 9</b>	<b>Have you or someone else been injured as a result of your drinking?</b>
0	No
2	Yes, but not in last year
4	Yes, during the last year
<b>Question 10</b>	<b>Has a relative, friend, doctor, or another health professional expressed concern about your drinking or suggested you cut down?</b>
0	No
2	Yes, but not in the last year
4	Yes, during the last year

**Scoring:** Add up the points associated with answers. The range of possible scores is from 0 to 40 where 0 indicated an abstainer who has never had any problems from alcohol. A score of 1 to 7 suggests low-risk consumption according to World Health Organization (WHO) guidelines. Scores from 8 to 14 suggest hazardous or harmful alcohol consumption and a score of 15 or more indicates the likelihood of alcohol dependence (moderate-severe alcohol use disorder).