



**KNOW ABOUT  
PLANNING FOR  
HEALTHY BABIES  
(P4HB®)**

# Program Goals

1. Learn about the P4HB<sup>®</sup> program
2. Find a primary care provider (PCP) and learn about Georgia Primary Care Association.



# Welcome to P4HB<sup>®</sup>

This program is to help:

- Give family planning services to women.
- Have more time between births.
- Have less low birth weight (LBW) and very low birth weight (VLBW) births. This is done through planning, health education and vitamins.
- Give Inter-Pregnancy Care (IPC) to women who have had a VLBW baby.



# About P4HB®

You are part of one of these three programs:



**Family Planning  
ID Cards are Pink**

**Inter-Pregnancy Care  
(IPC) ID Cards are Purple**

**Resource Mother Outreach  
(RMO) ID Cards are Yellow**



# How To Be Part of P4HB®

To be part of P4HB® Family Planning, you must:



Be a woman  
between the  
ages of 18-44.



Be a U.S.  
citizen with  
proof.



Live in  
Georgia.



Not part of  
other insurance  
programs.



Have a family gross  
income of no more than  
211% of the Federal  
Poverty Level (FPL).

## IPC must also:

Meet the Family Planning  
requirements and delivered a  
VLBW baby on or after 1/1/2011.

## RMO must also:

Have Georgia Families full  
benefits and had a VLBW  
baby on or after 1/1/2011.



# How Do I Sign Up?

**Department of Public Health (DPH) Office**  
1-866-PUB-HLTH  
(1-866-782-4584)

**Rural Health Clinic**  
**Rural Health Clinic Map**  
<https://dch.georgia.gov/divisionsoffices/state-office-rural-health/sorh-maps-georgia>

**Division of Family and Children Services (DFCS) Office**  
[dfcs.dhs.georgia](https://dfcs.dhs.georgia.gov)

**Federally Qualified Health Center**  
**FQHC Sites**  
<https://dch.georgia.gov/federally-qualified-health-centers-fqhcs-community-health-centers-chcs>

**Online:**  
[www.gateway.ga.gov](https://www.gateway.ga.gov)

**Form at**  
[dch.georgia.gov/planning-healthy-babies](https://dch.georgia.gov/planning-healthy-babies)  
and send to:  
RSM Group  
426 West 12th Street  
Alma, GA 31510

**You can check your status in the Customer Portal. [gateway.ga.gov/access/](https://gateway.ga.gov/access/)  
Questions? Call 1-877-427-3224**



# P4HB<sup>®</sup> Disenrollment

You can no longer be in P4HB<sup>®</sup> if you:

- Become pregnant.
- Have a sterilization procedure and all follow ups.
- Are not able to be pregnant.
- Move out of Georgia.
- Become incarcerated.
- Have a change in income and are able to join a different insurance program.
- Are over 44 years of age.



**If you become pregnant while in P4HB<sup>®</sup>:**

- Call Georgia Families at 1-888-423-4746 or visit [www.Georgia-families.com](http://www.Georgia-families.com).
- Leave P4HB<sup>®</sup> and sign up for pregnancy Medicaid.
- CareSource cannot make this change for you.



# Family Planning

- Check your P4HB® ID card to see if a Family Planning Provider is listed.
- If one is not listed, you need to choose one.

Or if you want to change yours, you can:



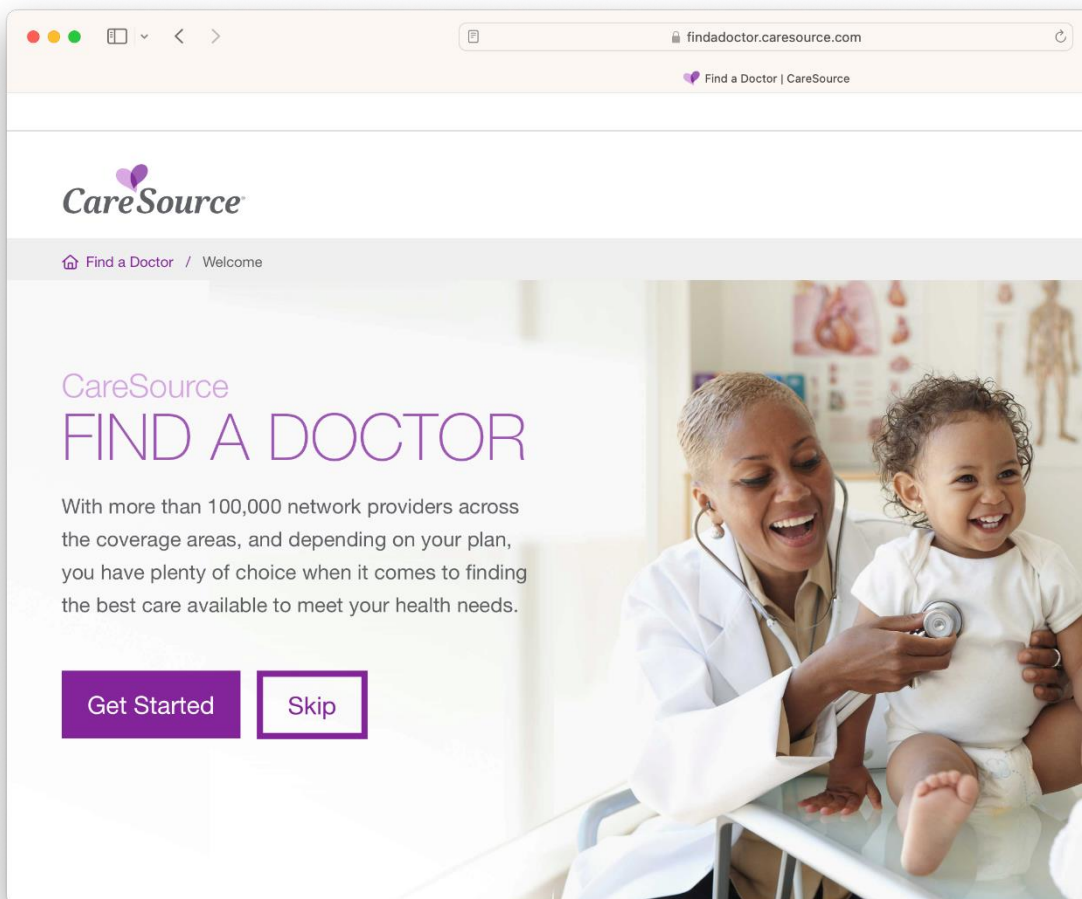
**Visit**  
**CareSource.com/FindaDoc**



**Call**  
**1-855-202-0729**  
(TTY: 1-800-255-0056 or 711)



**Login to**  
**MyCareSource.com**





# Family Planning Primary Care Services

**A Primary Care Provider (PCP) is where you go for health care like:**

- Vaccines (shots)
- Check-ups
- Physicals
- Aches, pains
- Illness

**The P4HB® program does not cover primary care. The Georgia Primary Care Association can help you.**

## **Need a PCP?**

- Visit the Georgia Primary Care Association website at <https://georgiapca.org/> .
- Call us at 1-855-202-0729 (TTY: 1-800-255-0056 or 711)



# P4HB® Benefits

## Family Planning members have these benefits:

- Family planning annual exams
- Follow-up family planning visits
- Contraceptive (birth control) services and supplies
- Pregnancy tests and pap smears
- Testing, medicine and follow up for sexually transmitted infections (STIs) found during annual exams. Does not include HIV/AIDS and hepatitis.
- Tubal ligation (sterilization)
- Family planning pharmacy visits
- Counseling and referrals to social services and primary health care
- Vitamins/folic acid
- Select immunizations for members ages 19 and 20. Members age 18 get vaccines at no cost.
- Limited Inpatient and ER services-for Family Planning services and/or complications only.
- May have out-of-network provider services



## P4HB® Services Not Covered

- Chiropractic (back doctor) services
- Abortions (ending pregnancy) or abortion-related services
- Partial dentures
- Disposables (throwaways) like diapers, cotton or bandages
- Cosmetic surgery
- Experimental (trial) and investigational items
- Hysterectomy (removal of the uterus)
- In-patient and Emergency Room visits for services unrelated to a family planning related service and/or complication such as broken bones
- Family Planning case management
- Family Planning services to a woman who is known to be pregnant
- Sterilization when institutionalized in correctional facilities, mental hospitals, or other facilities
- Infertility assessment services (review, education, exam, lab tests and counseling)
- Infertility referrals
- Treatment for HIV and Hepatitis (screening only)
- Human Papilloma Virus (HPV) shot
- Vision services (eye exams)
- OB visits and prenatal care



# Most Common P4HB® Denials

**Emergency Room  
(ER) Visits**

**Behavioral Health In  
Patient Visits**

**Pregnancy**

**Claims for Non-family  
Planning Visits**



# IPC Benefits

**All the Family Planning Benefits, plus:**

- **Primary care: five office/outpatient visits**
- **Management and treatment of chronic diseases by a PCP only**
- **Substance abuse treatment: detox and intensive outpatient rehabilitation (rehab)**
- **Case management including Resource Mother outreach**
- **Limited dental services**
- **Prescription drugs for chronic diseases (non-family planning)**
- **Transportation (rides): up to six round trip rides per year to covered services. To set up a trip, call at least three business days before your visit. Call Member Services 1-855-202-0729 (TTY: 1-800-255-0056 or 711).**



## RMO Benefits

**Resource Mother members get care management services such as:**

- **Help dealing with health care and social needs**
- **Referrals to social services in your area**
- **Counseling services**
- **Help getting needed medication (drugs)**
- **Links to community resources for mothers**

**Your Care Team Member will help set you up with health care services. They will review your care plan as needed. Medical related services are covered under your Medicaid benefit plan.**

**Contact Georgia Medicaid at 1-866-211-0950 or <https://dch.georgia.gov/programs>.**



# Special Benefits

- **Women who are part of IPC** will be disenrolled after two years. They may move to **Family Planning** if they are eligible.
- **P4HB®** eligibility redeterminations are done at least every 12 months.
- You must be at least 21 years of age for sterilization and voluntary informed consent and mentally competent.



# Other Info

- [medicaid.georgia.gov/planning-healthy-babies](https://medicaid.georgia.gov/planning-healthy-babies)
- [mmis.georgia.gov/portal](https://mmis.georgia.gov/portal)
- The Georgia Primary Care Association: [georgiapca.org](https://georgiapca.org)
- CareSource24<sup>®</sup> Nurse Advice Line: Call 1-844-206-5944 (TTY 1-800-255-0056 or 711). Speak to a nurse 24 hours a day, 7 days a week, 365 days a year. This is at no cost to you.
- DCH Fact Sheet







# QUESTIONS?

## Thank You