



NETWORK *Notification*

Notice Date: December 22, 2023
To: Georgia Medicaid Providers
From: CareSource
Subject: Behavioral Health PIP for Adolescent Depression Screening

Summary

Major depressive disorder (MDD) is the second leading cause of disability worldwide. In adolescents, depression can also result in serious long-term morbidities such as generalized anxiety disorder and panic disorder, or lead to engagement in risky behaviors such as substance use. Adolescent-onset depression increases the risk of attempted suicide five-fold in comparison with nondepressed adolescents.

To address the issue of adolescent depression, CareSource's Behavioral Health (BH) team would like to remind providers of the importance of screening for adolescent depression and to learn about the Centers for Medicare and Medicaid Services' (CMS) quality measure, CDF-CH: Screening for Depression and Follow-Up Plan Ages 12 to 17, as a standard for monitoring adolescent depression screening.

We have created an informational survey about this and encourage providers to take the survey to increase awareness about the CMS measure. Please click [here](#) to access the survey.

Impact

CareSource's BH team has initiated a project to increase depression screenings among the 12 to 17-year-old population each year by 5%.

Importance

By participating in this educational survey, providers will learn more about adolescent depression screening and the CMS quality measure used to monitor screening efforts. Providers are encouraged to practice regular adolescent depression screening according to the guidelines of this measure.

Resources

Providers can learn more about the CMS Quality Measure #134 Preventive Care and Screening: Screening for Depression and Follow-Up Plan on CMS' posted guidelines, [here](#).

Questions?

For questions, please contact CareSource Provider Services at: **1-855-202-1058**, Monday through Friday, 8 a.m. to 6 p.m.

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DCH Approved: