

REWARD PROGRAMS:

for getting and staying healthy

Babies First

WHO'S ELIGIBLE?
Pregnant women, babies up to 15 months

POTENTIAL REWARD AMOUNT
Up to \$225

(Pregnant women age 19 years and older can also join the MyHealth (adult) rewards program. Pregnant women 18 years of age and under can also join the Kids First reward program.)

Kids First

WHO'S ELIGIBLE?
Kids ages 16 months -18 years

POTENTIAL REWARD AMOUNT
Up to \$60 per child or more

(Some reward activities vary by age and health issue of member)

MyHealth Rewards for Adults

WHO'S ELIGIBLE?
Adults 19 years and older

POTENTIAL REWARD AMOUNT
Up to \$105 or more


(Some reward activities vary by age, gender and health issue of member.)

Babies First Rewards Program




EARN REWARDS FOR	HOW OFTEN	REWARD AMOUNT	EARN UP TO
Program Sign Up	1x per pregnancy	\$15.00	\$15.00
7+ Pregnancy Visits	1x per pregnancy	\$85.00	\$85.00
1 Visit After Delivery	1x post pregnancy	\$25.00	\$25.00
6 Well Baby Visits by 15 months	6x post pregnancy	\$15.00	\$90.00
Baby's Lead Testing at 12 months	1x post pregnancy	\$10.00	\$10.00

Kids First Rewards Program



EARN REWARDS FOR	HOW OFTEN	REWARD AMOUNT	EARN UP TO
Routine Dental Exam	2x/calendar year	\$10.00	\$20.00
Well Child Visit Ages 18 months – 30 months*	3 visits*	\$10.00	\$30.00
Well Child Visit Ages 3 – 18 years	1x/calendar year	\$10.00	\$10.00
Booster Shots DTaP, IPV, MMR and Varicella (ages 4-6 years)	1x reward	\$20.00	\$20.00
Well Child Shots: Tdap, HPV series or Meningococcal	1x/vaccine	\$10.00	\$30.00
Flu Shot	1x/calendar year	\$10.00	\$10.00
Follow Up Visits for ADHD Medication	3x/calendar year	\$10.00	\$30.00

MyHealth Rewards for Adults



EARN REWARDS FOR	HOW OFTEN	REWARD AMOUNT	EARN UP TO
Complete Health Risk Assessment (HRA)*	1x/calendar year	\$15.00	\$15.00
Complete a Journey®	4x/calendar year	\$10.00	\$40.00
Routine Dental Exam	2x/calendar year	\$10.00	\$20.00
Routine Physical Exam	1x/calendar year	\$10.00	\$10.00
Flu Shot	1x/calendar year	\$10.00	\$10.00
Cholesterol Screening	1x/calendar year	\$10.00	\$10.00
Screening Mammogram (women ages 50-64)	1x/calendar year	\$10.00	\$10.00
Pap Smear (women ages 19-65)	1x/calendar year	\$10.00	\$10.00
Chlamydia Screening (women ages 19-25)	1x/calendar year	\$10.00	\$10.00
Colorectal Cancer Screening (adults ages 50-64)	1x/calendar year	\$10.00	\$10.00
Td/Tdap or Pneumococcal Shots	1x/vaccine	\$10.00	\$20.00
Complete HPV Shot Series (adults ages 19-26)	1x/series	\$10.00	\$10.00
HgA1c testing for Diabetes	1x/calendar year	\$10.00	\$10.00
Eye Exam for Diabetes	1x/calendar year	\$10.00	\$10.00
Urine Test for Diabetes	1x/calendar year	\$10.00	\$10.00
Quit Smoking: 3 rd call	1x/calendar year	\$10.00	\$10.00
Quit Smoking: 5 th call	1x/calendar year	\$10.00	\$10.00

REWARDS PROGRAM PAYOUT

REWARD NOTIFICATION

Babies First and Kids First members are mailed letters when their rewards are ready.

Adult rewards members are notified through the MyHealth portal.

REWARD PAYOUT

Rewards are based on claims data, so timing of reward payout depends on claim submission.

Once a claim is received, rewards will be ready in about 15 days.

HOW TO USE the My CareSource Rewards® Card: Babies First + Kids First Members

STEP 1

ACTIVATION

To use your My CareSource Rewards® Card, please call **1-888-682-2400** and enter your 19 digit card number and your Member ID number.

Or go to **myotccard.com** and enter your 19 digit card number.

The 19 digit number is listed on the front of your My CareSource Rewards® card.

STEP 2

VISIT AN APPROVED RETAILER

You may use your My CareSource Rewards® card at certain retail stores.

You do not need a prescription and do not need to go to the pharmacy window.

Rewards to take with you – you will need the card to pay for your eligible items.

STEP 3

CHECKOUT

Gather your eligible items and proceed to the store check out lanes.

When you check out, swipe your My CareSource Rewards® card for payment.

Eligible items up to the amount allowed by your plan will be covered.

Any remaining balance will carry over until your next purchase.

Examples of Products Available for Purchase with My CareSource Rewards® Card

BABY CARE
Baby clothes
Baby foods
Baby powder
Baby toys
Baby wipes
Bibs
Bottles
Diapers
Diaper bags
Formula
Nursing items
Pacifiers
Teething relief
Training pants

WOMEN'S CARE
Antifungals
Feminine pads and tampons
Panty liners

FAMILY PLANNING
Condoms
Contraceptives
Pregnancy tests

EYE CARE
Contact solution
Contact cases
Eye drops
Reading glasses

WELLNESS ITEMS
Exercise mats
Nutrition bars
Scales
Sport drinks
Vitamins
Weight loss foods and shakes

FOOT CARE
Corn, callus & bunion pads
Heel and arch insoles, Foot grooming products

BEAUTY CARE
Creams, lotions, and soaps
Facial scrubs and cleansers
Hand lotion and sanitizers
Hair relaxers
Hair mousses & gels
Hair spray
Perms

PAIN RELIEF
Aspirin
Acetaminophen
Ibuprofen
Joint pain medicines
Muscle pain creams

DIGESTIVE MEDICINES
Antacids
Anti-gas medicines
Diarrhea treatments

Homehold creams
Laxatives
Stomach medicines

HOME HEALTH ITEMS
Ace bandages
Adhesive and liquid bandages
Air purifiers
Antiseptics for cuts and burns
First Aid supplies
Padded mattress covers
Padded pillow covers
Thermometers
Walking aids
Wound dressings

EVERYDAY NEEDS
Band-Aids
Body lotions
Deodorants
Dentures
First aid kits
Mouthwash

Shaving cream and razors
Shampoos and conditioners
Soap and body wash
Sunscreen
Thermometers
Toothbrushes
Toothpaste

Walmart

RITE AID

FAMILY DOLLAR

DOLLAR GENERAL

fred's

HOW TO USE MyHealth: Rewards for Adults

STEP 1

SIGN UP FOR YOUR MY CARESOURCE ACCOUNT

Make sure you have your member ID number

You can find this on your CareSource member ID card

Go to **my.caresource.com**

Click Sign Up button and follow the instructions to set up your account

STEP 2

EARN REWARDS

Go to the MyHealth tab

Complete your Health Risk Assessment (HRA); this is your first step in earning rewards

Earn additional rewards by taking part in healthy activities (see MyHealth: Rewards for Adults grid for full list)

STEP 3

REDEEM REWARDS

Use the MyHealth portal to track your progress towards earning rewards

Once rewards are ready, shop online for gift cards and other items

Babies First

Kids First

MyHealth Rewards for Adults

PICK YOUR REWARDS PROGRAM AND GET STARTED TODAY

Members must sign up for reward programs before earning rewards. All health care services must be needed for good health to earn rewards. Members cannot receive duplicate rewards.

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