

# Over-The-Counter (OTC) Medications Preferred Drug List

This list contains preferred over-the-counter products covered on the CareSource formulary. It does not include all covered products and is subject to change. Always refer to the CareSource Preferred Drug List (PDL) or online Formulary Search Tool for the most complete and up-to-date information about covered products.

### Allergies/Congestion

- Budesonide (Rhinocort Allergy®) nasal spray
- Cetirizine (Zyrtec®) tablets, solution
- Cetirizine/pseudoephedrine (Zyrtec-D®) tablets
- Chlorpheniramine tablets, syrup
- Clemastine tablets
- Cromolyn (NasalCrom®) nasal spray
- Diphenhydramine (Benadryl®) tablets, capsules, liquid
- Fexofenadine (Allegra®) tablets
- Fexofenadine/pseudoephedrine (Allegra-D®) tablets
- Fluticasone (Flonase®) nasal spray
- Loratadine (Claritin®) tablets, syrup, ODT
- Loratadine/pseudoephedrine (Claritin-D®) tablets
- Oxymetazoline (Afrin®) nasal spray
- Phenol (Chloraseptic®) throat spray
- Phenylephrine (Sudafed PE®) tablets
- Pseudoephedrine (Sudafed®) tablets, children's liquid
- Saline nasal spray
- Triamcinolone (Nasacort®) nasal spray

### Cough

- Dextromethorphan (Delsym®) liquid
- Guaifenesin (Mucinex®) liquid, syrup, ER tablets
- Dextromethorphan/pyrilamine (Capron DM®, Capron DMT®) liquid, tablets
- Dextromethorphan/guaifenesin (Mucinex DM®) tablets, liquid, syrup, ER tablets
- Pseudoephedrine w/ dextromethorphan/guaifenesin (Capmist DM®)

# Constipation

Bisacodyl (Dulcolax®) tablets

- Docusate (Colace®) tablets
- Glycerin suppositories
- Magnesium hydroxide suspension
- Magnesium citrate solution
- Polyethylene glycol powder (Miralax®)
- Sennosides (Senna®) tablets, syrup
- Sennosides/docusate (Senna-S®) tablets
- Sodium phosphate enema
- Sorbitol solution

#### Diarrhea

- Bismuth subsalicylate (Pepto-Bismol®) tablets, chewable tablets, suspension
- Loperamide (Imodium A-D®) capsules, liquid
- Probiotic tablets, capsules

#### Heartburn

- Aluminum hydroxide/magnesium carbonate suspension
- Aluminum hydroxide/magnesium hydroxide/simethicone suspension
- Calcium carbonate chewable tablets
- Calcium carbonate/magnesium hydroxide suspension
- Cimetidine
- Esomeprazole (Nexium®) tablets, capsules
- Famotidine (Pepcid®) tablets
- Lansoprazole (Prevacid®) capsules
- Omeprazole (Prilosec®) capsules
- Ranitidine (Zantac®) tablets
- Sodium bicarbonate tablets

## **Miscellaneous Gastrointestinal**

- Meclizine tablets
- Simethicone drops, suspension

## Yeast Infection, Urinary Tract Infection, Etc.

- Clotrimazole cream
- Miconazole cream, kit

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- Tioconazole
- Phenazopyridine tablets

## **Smoking Cessation**

- Nicotine patches
- Nicotine gum
- Nicotine lozenges

#### Pain/Inflammation/Fever

- Aspirin 81mg tablets, chewable tablets
- Aspirin 325mg tablets
- Acetaminophen tablets, liquid, suspension, solution, suppositories
- Ibuprofen tablets, drops, suspension
- Lidocaine cream, patches
- Naproxen tablets

#### Vitamins/Minerals

- Vitamin B1 (Thiamin) tablets
- Vitamin B2 (Riboflavin) tablets
- Vitamin B2 (Niacin) tablets
- Vitamin B6 (Pyridoxine) tablets
- Vitamin B12 (Cyanocobalamin) tablets
- B-complex capsules, tablets
- B-complex with vitamin C capsules, tablets
- Biotin capsules
- Vitamin C (Ascorbic Acid) tablets
- Vitamin A capsules
- Vitamin D3 (Cholecalciferol) capsules
- Vitamin E capsules
- L-glutamine capsules, tablets
- Multivitamin tablets
- Multivitamin with iron tablets
- Multivitamin with minerals capsules, chewable tablets
- Pediatric vitamin drops
- Pediatric multivitamin with C solution
- Pediatric multivitamin with C and FA chewable tablets

- Pediatric multivitamins with minerals and C chewable tablets
- Pediatric multivitamins with iron chewable tablets, drops
- Prenatal vitamins tablets
- Oyster shell calcium tablets
- Calcium carbonate/vitamin D tablets
- Magnesium oxide tablets
- Omega 3 fatty acids capsules, delayed release capsules
- Folic acid tablets
- Ferrous sulfate tablets, elixir, solution
- Ferrous gluconate tablets
- Ferrous fumarate tablets
- Polysaccharide iron complex (Ferrex®)

## **Eye Drops**

- Carboxymethylcellulose solution
- Polyvinyl alcohol solution
- Artificial tear solution
- Polyethylene glycol/propylene glycol solution
- Polyvinyl alcohol/povidone solution (Clear Eyes®)
- Naphazoline/pheniramine solution (Visine A®)
- Ketotifen solution

#### Ear Drops

• Carbamide peroxide (Debrox®)

#### Hemorrhoids

- Dibucaine (Nupercainal®) rectal ointment
- Phenylephrine/mineral oil/petrolatum ointment (Preparation H®)
- Phenylephrine/shark liver oil/cocoa butter suppositories, ointment

## **Skin Care Products**

- Adapalene gel (Differin®)
- Benzoyl peroxide liquid, gel

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- Bacitracin ointment
- Bacitracin/polymyxin B ointment
- Neomycin/bacitracin/polymyxin ointment
- Neomycin/bacitracin/polymyxin/pramoxine ointment
- Terbinafine cream
- Clotrimazole cream
- Miconazole cream
- Selenium sulfide lotion
- Hydrocortisone cream, ointment
- Diaper rash ointment (Desitin®)
- Ammonium lactate lotion
- Salicylic acid liquid

## Lice Treatment/Insect Repellant

- Permethrin crème rinse, lotion
- Pyrethrins/piperonyl liquid, shampoo
- DEET liquid (Off Spray®)
- Picardin liquid (Off Spray®)

## Sleep Aids

• Melatonin capsules, tablets, liquid

#### Miscellaneous

- Condoms
- Alcohol swabs
- Glucose chewable tablets, gel
- Insulin syringes
- Levonorgestrel (Plan B®) tablets
- Pyrantel pamoate suspension (Reese's Pinworm®)

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