

BETTER TOGETHER

MEDICARE + MEDICAID





Maximizing CareSource® MyCare Ohio (HMO D-SNP) Plan Benefits

Get easy access to your benefits and services. Use this guide to better understand the CareSource MyCare Ohio plan.

There are two plan options. The type of plan you have determines the benefits and services. The help we can provide is different depending on the plan you choose.

- 1) **Medicare + Medicaid member:** If you choose us for both Medicare and Medicaid services, managing your health plan will be easier. You will receive coordinated care and extra benefits and services.
- 2) **Medicaid-only member:** If you choose us for only your Medicaid benefits, you will have your Medicare benefits with a different plan. This means you will have to navigate two different health plans for your benefits.

We've broken down the similarities and differences between the plan options in the table on the following pages.

CareSource MyCare Ohio Benefits & Services

Medicare + Medicaid	Medicaid-only
✓ A single CareSource MyCare Ohio member ID card for your Medicare and Medicaid benefits	Multiple ID cards, including the CareSource MyCare Ohio Medicaid-Only ID card
✓ CareSource MyCare Ohio serves as your <u>single point of contact</u> for all of your Medicare and Medicaid services	CareSource MyCare Ohio serves as your point of contact for your Medicaid services only. A different plan serves as your point of contact for your Medicare services. You will have two health plans to navigate.
✓ A <u>care team</u> , which will include: • You • Your family • Your doctor(s) • Your CareSource MyCare Ohio health plan & Care Coordinator • Anyone else you choose to help you make decisions about your health care	✗ A <u>care team</u> , which will include: • You • Your family • Your doctor(s) • Your CareSource MyCare Ohio health plan & Care Coordinator • Your Medicare health plan • Anyone else you choose to help you make decisions about your health care
✓ 24-Hour Nurse Advice Line	✓ 24-Hour Nurse Advice Line
✓ Access to CareSource MyLife SM , where you can get personalized digital support, see your member ID card, plan and benefit information, connect with your Care Coordinator and more.	✓ Access to CareSource MyLife, where you can get personalized digital support, see your member ID card, plan and benefit information, connect with your Care Coordinator and more.
✓ \$0 copayment for Medicare + Medicaid-covered prescription drugs	\$0 cost for Medicaid-covered prescription drugs
✓ \$300 Healthy Benefits+ Monthly Allowance to use toward over-the-counter items, healthy food*, utilities*, personal care items* and more* 	This benefit is not available to Medicaid-only members
✓ Up to \$595 in My CareSource Rewards® for completing healthy activities**	This benefit is not available to Medicaid-only members
✓ Unlimited transportation for health-related covered services, pharmacy, community/wellness services, grocery stores and the gym	Non-emergency transportation to covered health services that are 30 miles or more from member's home
✓ Fitness benefits through Silver&Fit® – including gym membership at participating fitness centers and select YMCAs and one home fitness kit per year	This benefit is not available to Medicaid-only members

CareSource MyCare Ohio Benefits & Services

Medicare + Medicaid	Medicaid-only
✓ \$0 copayments for Medicaid-covered dental services PLUS \$3,000 supplemental dental allowance subject to one oral exam, one cleaning, two fluoride treatments, plus implants	\$0 copayment for Medicaid-covered dental services
✓ One eye exam plus a \$250 eyewear allowance per year	\$0 copayment for Medicaid-covered vision services
✓ One hearing exam per year and two hearing aids (limit one per ear every three years)	Medicaid covered hearing services only
✓ 28 meals following an inpatient or skilled nursing discharge***	This benefit is not available to Medicaid-only members
✓ Personal emergency response system (PERS)***	This benefit is not available to Medicaid-only members
✓ 12-week Weight Watchers membership. Must qualify with high blood pressure, diabetes, or obesity (body mass index over 30)	This benefit is not available to Medicaid-only members
✓ \$10,000 maximum for covered care for emergency medical services and urgent care that you may need while traveling outside of the United States and its territories	This benefit is not available to Medicaid-only members
✓ \$0 copayment for non-emergency services obtained in a hospital or emergency department	✓ \$0 copayment for non-emergency services obtained in a hospital or emergency department
✓ Center for Independent Living (CIL) Peer Program - provides core services including advocacy, information and referral, peer support, skills training and assistance with transitioning from nursing homes or institutions to community-based living	This benefit is not available to Medicaid-only members
✓ Safety kits for members who meet the care team's assessment of being unsafe in their home due to a medical condition	This benefit is not available to Medicaid-only members
✓ Companionship support for members meeting certain attribution requirements. Limit to two hours per week not to exceed 30 hours per year. Cannot be duplicative to existing covered services	This benefit is not available to Medicaid-only members



CareSource MyCare Ohio Benefits & Services

Medicare + Medicaid	Medicaid-only
✓ MyResources helps you find low- or no-cost programs in your community for food, shelter, school, work, financial support and more	✓ MyResources helps you find low- or no-cost programs in your community for food, shelter, school, work, financial support and more
✓ 40 hours of respite care each year is available to support unpaid caregivers of eligible MyCare Ohio Waiver members. Services are provided as personal care for the member and are in addition to services included in the member's care plan.	This benefit is not available to Medicaid-only members
✓ CareSource LifeServices® is available to both members and their caregivers, including:	✓ CareSource LifeServices® is available to both members and their caregivers, including:
✓ CareSource FoodConnect - access to culturally and medically appropriate meals in a timely manner	✓ CareSource FoodConnect - access to culturally and medically appropriate meals in a timely manner
✓ CareSource HousingConnect - housing support, including resources to facilitate repairs meant to make existing housing safe	✓ CareSource HousingConnect - housing support, including resources to facilitate repairs meant to make existing housing safe
✓ CareSource PeerConnect - certified peer supporters who have similar lived experience and can provide emotional support through life's challenges	✓ CareSource PeerConnect - certified peer supporters who have similar lived experience and can provide emotional support through life's challenges
✓ CareSource CaregiverConnect - support for caregivers through educational resources and social support	✓ CareSource CaregiverConnect - support for caregivers through educational resources and social support
✓ CareSource JobConnect - support toward educational attainment and job (re-)training	✓ CareSource JobConnect - support toward educational attainment and job (re-)training
✓ If you qualify, you can get a no-cost or low-cost smartphone through Pulsewrx with unlimited talk, text and data	This benefit is not available to Medicaid-only members
✓ Chance to share feedback on your plan through the Quarterly Member Advisory meetings	✓ Chance to share feedback on your plan through the Quarterly Member Advisory meetings



**Department of
Medicaid**

Next Generation MyCare

**The benefits mentioned are Special Supplemental Benefits for the Chronically Ill (SSBCI). You may qualify for SSBCI if you are at high risk for hospitalization and require intensive care coordination to manage one or more chronic conditions such as cardiovascular disorders, diabetes, overweight/obesity/metabolic syndrome, chronic and disabling mental health conditions or neurologic disorders. For a full list of qualifying chronic conditions or to learn more about other eligibility requirements for SSBCI, please contact Member Services or your Care Coordinator.*

*** Rewards are subject to change. Rewards may vary by age, gender, and health needs. Rewards may expire based on date of issuance. If you are no longer a CareSource member, your access to the rewards portal will be deactivated, but the reward amount will remain on the card.*

**** Only for community-well members who are getting their long-term services and support in their own homes or communities. Excludes those in home- and community-based services waiver and long-term care members.*

Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply.

We're here to help you meet your health and wellness needs. Talk to your Care Coordinator to learn more. If you have questions about how to access any of these benefits or services, call Member Services at 1-855-475-3163 (TTY: 1-833-711-4711 or 711), Monday through Friday, 8 a.m. to 8 p.m., Eastern Time (ET), and from October 1 through March 31, we are open the same hours, seven days a week.

You can also see your benefits and services at a glance by scanning this QR Code or visit **CareSource.com/MyCare-SNP**.

CareSource is an HMO D-SNP with a Medicare and state Medicaid contract. Enrollment in CareSource depends on contract renewal.

