



MEDICARE + MEDICAID

# BETTER TOGETHER



## Maximizing CareSource® MyCare Ohio (HMO D-SNP) Plan Benefits

Get easy access to your benefits and services. Use this guide to better understand the CareSource MyCare Ohio plan.

There are two plan options. The type of plan you have determines the benefits, services and level of integrated care you receive.

- 1 **Medicare + Medicaid member:** If you have both your Medicare and Medicaid services with us, you receive coordinated care and extra benefits and services.
- 2 **Medicaid-Only member:** If you only have your Medicaid benefits with us, this means you have your Medicare benefits with a different plan.

We've broken down the similarities and differences between the plan options in the table on the following pages.

CareSource MyCare Ohio Medicare + Medicaid Benefits & Services	CareSource MyCare Ohio Medicaid-Only Benefits & Services
<ul style="list-style-type: none"> <li>✓ A single CareSource MyCare Ohio member ID card for your Medicare and Medicaid benefits.</li> </ul>	<ul style="list-style-type: none"> <li>✗ Multiple ID cards, including the CareSource MyCare Ohio Medicaid-Only ID card.</li> </ul>
<ul style="list-style-type: none"> <li>✓ CareSource MyCare Ohio serves as your <u>single point of contact</u> for all of your Medicare and Medicaid services.</li> </ul>	<ul style="list-style-type: none"> <li>✗ CareSource MyCare Ohio serves as your point of contact for your Medicaid services. A different plan serves as your point of contact for your Medicare services.</li> </ul>
<ul style="list-style-type: none"> <li>✓ A <u>care team</u>, which will include           <ul style="list-style-type: none"> <li>• You</li> <li>• Your family</li> <li>• Your doctor(s)</li> <li>• Your CareSource MyCare Ohio health plan &amp; Care Coordinator</li> <li>• Anyone else you choose to help you make decisions about your health care</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>✓ A <u>care team</u>, which will include           <ul style="list-style-type: none"> <li>• You</li> <li>• Your family</li> <li>• Your doctor(s)</li> <li>• Your CareSource MyCare Ohio health plan &amp; Care Coordinator</li> <li>• Your Medicare health plan</li> <li>• Anyone else you choose to help you make decisions about your health care</li> </ul> </li> </ul>

## CareSource MyCare Ohio

### Medicare + Medicaid Benefits & Services

- ✓ 24-Hour Nurse Advice Line
- ✓ Access to CareSource MyLife<sup>SM</sup>, where you can get personalized digital support, see your member ID card, plan and benefit information, connect with your Care Coordinator and more.
- ✓ \$0 costs for **Medicare + Medicaid** covered prescription drugs.
- ✓ **\$287** Healthy Benefits+ Monthly Allowance to use toward over-the-counter items, healthy food\*, utilities\*, personal care items\* and more\*.



My CareSource Rewards<sup>®</sup> for completing healthy activities.\*\*

- ✓ **Unlimited** transportation for health-related covered services, pharmacy, community/wellness services, grocery stores and the gym.
- ✓ Fitness benefits through Silver&Fit<sup>®</sup> – including gym membership at participating fitness centers and select YMCAs and one home fitness kit per year.
- ✓ Medicaid covered dental services + \$5,000 supplemental allowance subject to 1 oral exam, 1 cleaning, 2 fluoride treatments, plus implants.
- ✓ Medicaid covered vision services including routine eye exams and eyewear.
- ✓ Hearing benefits including 2 TruHearing Advanced Level hearing aids every 3 years (limit 1 per ear every 3 years).
- ✓ 28 meals following an inpatient or skilled nursing discharge.\*\*\*
- ✓ Personal emergency response system (PERS).\*\*\*
- ✓ 6 routine podiatry (foot, ankle, lower leg) visits per year.

## CareSource MyCare Ohio

### Medicaid-Only Benefits & Services

- ✓ 24-Hour Nurse Advice Line
- ✓ Access to CareSource MyLife<sup>SM</sup>, where you can get personalized digital support, see your member ID card, plan and benefit information, connect with your Care Coordinator and more.
- ✗ \$0 costs for Medicaid-covered prescription drugs.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ Non-emergency transportation to covered health services that are 30 miles or more from member's home.
- ✗ YMCA Gym Membership if you have diabetes, hypertension or obesity with a BMI greater than 30, you can get a YMCA membership at no cost.
- ✗ Medicaid covered dental services
- ✓ Medicaid covered vision services including routine eye exams and eyewear
- ✗ Medicaid covered hearing services
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.

## CareSource MyCare Ohio Medicare + Medicaid Benefits & Services

- ✓ 12-week Weight Watchers membership. Must qualify with high blood pressure, diabetes, or obesity (body mass index over 30).
- ✓ \$10,000 maximum for covered care for emergency medical services and urgent care that you may need while traveling outside of the United States and its territories.
- ✓ CareBridge cellular enabled tablet for access 24 hours a day to a trained medical team for members meeting certain accessibility needs.
- ✓ Center for Independent Living (CIL) Peer Program - provides core services including advocacy, information and referral, peer support, skills training and assistance with transitioning from nursing homes or institutions to community-based living.
- ✓ Safety kits for members only who meet the care team's assessment of being unsafe in their home due to a medical condition.
- ✓ Remote patient monitoring such as pulse oximeters and glucometers for those who meet certain conditions such as Chronic Obstructive Pulmonary Disease (COPD), heart failure, hypertension or diabetes.
- ✓ Augment Therapy to improve activities of daily living. Supports transition of therapy from inpatient to home setting for those with one of the qualifying conditions.
- ✓ Companionship support for those meeting certain accessibility needs.
- ✓ Tools for personalized support to better your mood, mind, body and spirit.
- ✓ MyResources helps you find low or no-cost programs in your community for food, shelter, school, work, financial support and more!

## CareSource MyCare Ohio Medicaid-Only Benefits & Services

- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✗ This benefit is not available to Medicaid-only members.
- ✓ Tools for personalized support to better your mood, mind, body and spirit.
- ✓ MyResources helps you find low or no-cost programs in your community for food, shelter, school, work, financial support and more!

## CareSource MyCare Ohio Medicare + Medicaid Benefits & Services

- ✓ CareSource Life Services® is available to both members and their caregivers, including:
  - CareSource FoodConnect - access to culturally and medically appropriate meals in a timely manner
  - CareSource HousingConnect - housing support, including resources to facilitate repairs meant to make existing housing safe
  - CareSource PeerConnect - certified peer supporters who have similar lived experience and can provide emotional support through life's challenges
  - CareSource CaregiverConnect - support for caregivers through educational resources and social support
  - CareSource JobConnect - support toward educational attainment and job (re-)training
- ✓ If you qualify, you can get a no cost or low cost smartphone through Pulsewrx with unlimited talk, text and data.
- ✓ Chance to share feedback on your plan through the Quarterly Member Advisory meetings.

## CareSource MyCare Ohio Medicaid-Only Benefits & Services

- ✓ CareSource Life Services® is available to both members and their caregivers, including:
  - CareSource FoodConnect - access to culturally and medically appropriate meals in a timely manner
  - CareSource HousingConnect - housing support, including resources to facilitate repairs meant to make existing housing safe
  - CareSource PeerConnect - certified peer supporters who have similar lived experience and can provide emotional support through life's challenges
  - CareSource CaregiverConnect - support for caregivers through educational resources and social support
  - CareSource JobConnect - support toward educational attainment and job (re-)training
- ✗ This benefit is not available to Medicaid-only members.
- ✓ Chance to share feedback on your plan through the Quarterly Member Advisory meetings.

\* The benefits mentioned are Special Supplemental Benefits for the Chronically Ill (SSBCI). You may qualify for SSBCI if you are at high risk for hospitalization and require intensive care coordination to manage one or more chronic conditions such as cardiovascular disorders, diabetes, overweight/obesity/metabolic syndrome, chronic and disabling mental health conditions or neurologic disorders. For a full list of qualifying chronic conditions or to learn more about other eligibility requirements for SSBCI, please contact Member Services or your Care Coordinator.

\*\* Rewards are subject to change. Rewards may vary by age, gender, and health needs. Rewards may expire based on date of issuance. If you are no longer a CareSource member, your access to the rewards portal will be deactivated, but the reward amount will remain on the card.

\*\*\* Only for community-well members who are getting their long-term services and support in their own homes or communities. Excludes those in home- and community-based services waiver and long-term care members.

Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply.

We're here to help you meet your health and wellness needs. Talk to your Care Coordinator to learn more. If you have questions about how to access any of these benefits or services, call Member Services at **1-855-475-3163 (TTY: 1-833-711-4711 or 711)**, Monday through Friday, 8 a.m. to 8 p.m., Eastern Time (ET), and from October 1 through March 31 we are open the same hours, seven days a week. You can also see your benefits and services at a glance, visit [CareSource.com/MyCare-SNP](https://www.caresource.com/MyCare-SNP).