

BENEFITS AT-A-GLANCE

CareSource® MyCare Ohio (Medicare-Medicaid Plan),
CareSource® MyCare Ohio Medicaid-only



At CareSource, we care about you. We know that there is more to health and well-being than just great health care. That's why CareSource offers benefits and services that go beyond basic care. This guide lists the benefits you have as a CareSource member. Use it to put your benefits to work for you!

To learn more about how to use your benefits, please refer to your Member Handbook, go to **CareSource.com/MyCare** or call Member Services at **1-855-475-3163 (TTY: 711)**. We're here to help.

KEY

* Prior authorization required.

** **Medicaid and Medicare Plan benefit only.**

√ Healthy activities you can complete and earn rewards through My CareSource Rewards Program. — *MyCare opt-in members only.*

† The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify. Refer to your Member Handbook for more information.



BENEFITS

Health Care Visits

Chiropractor

Community Behavioral Health Centers (CBHCs)

Convenience Care Clinics inside of stores like CVS®, Kroger® and Walmart®

Emergency Room (ER)

Federally Qualified Health Center (FQHC) and Rural Health Clinic (RHC)

Hospital (Inpatient and Outpatient)*

Virtual doctor visit over the phone or online including Teladoc®

Primary Care Providers (PCPs) like Doctors, OB/GYNs, Physician Assistants and Nurse Practitioners

Specialists (e.g., Podiatrist, Neurologist and Oncologist)

Urgent Care

Preventive and Early Detection Care/ Screenings

Alcohol Misuse Screening and Counseling **

Annual Wellness Visit (Physical Exam) √

Bone Mass Measurements **

Blood Pressure Screening

Breast Cancer Screening (Mammogram) √

Cardiovascular Disease Screening Tests **

Cervical and Vaginal Cancer Test (Pap Smear)

Cholesterol Screening

Colorectal Cancer Screening √
Counseling to Prevent Tobacco Use

Depression Screening

Diabetes Screening

Disease Tests and Treatments (e.g., Hepatitis, HIV and STI/STD)

Glaucoma Screening

Immunizations (shots, flu vaccines) √

Lung Cancer Screening

Medicare Diabetes Prevention Program (MDPP) **

Nutritional Counseling

Prolonged Preventive Services**

Prostate Cancer Screening

Screening Pelvic Exams **

Ultrasound AAA Screening **

Health Condition Management

Chemotherapy and Radiation*

Diabetes Screening (Kidney

Screening) √

Diabetes Self-Management Training

Diabetic Services and Supplies*
Dialysis

Kidney Disease Services and Supplies*

Medical Nutrition Therapy (For diabetes, kidney or other condition)

Pulmonary (lung) Rehabilitation Services*

Diagnostics

Blood Work/Lab Testing

Scans (e.g., CT, MRI and PET)*
X-Rays

Heart

Abdominal Aortic Aneurysm Screening

Cardiac Rehabilitation Services*

Electrocardiogram (ECG/ EKG)

Heart Disease Risk Reduction Visit (Therapy for heart disease)

Heart Disease Testing

Behavioral Health

All Inpatient Services*

Assertive Community Treatment (ACT)*

Behavioral Health Care Coordination Services

Electroconvulsive Therapy (ECT)

Family, Group and Individual Counseling

Intensive Home Based Treatment (IHBT)*

Intensive Outpatient Program (IOP) Services

Medication Assisted Treatment (MAT)

Mental Health Day Treatment

Opioid Treatment Program (OTP) Services

Partial Hospitalization Program (PHP) Services*

Pharmacological (Medication) Management

Psychiatric Diagnostic Evaluation

Psychological Testing

Substance Use Disorder (SUD) Residential*

Transcranial Magnetic Stimulation (TMS)*

Pharmacy and Medications

Brand and Generic Drugs

Mail Order Drugs

Over-the-Counter (OTC) drug allowance**

Over-the-counter items (OTC)

Medical Supplies

Cochlear Implants*

Diabetic Supplies*

Incontinence Supplies

Durable Medical Equipment (DME) and Related Supplies (e.g., Oxygen Tank, Wheelchair/ Walkers, Wound Care and CPAP Machine)*

Nutritional Supplies*

Prosthetic Devices and Related Supplies*

Home Health Care*

Durable Medical Equipment (DME – See Medical Supplies)

Home Infusion Therapy

Home Nursing Services (e.g., Skilled Nursing, Private Duty, Certified Nurse Aid and Social Worker)

Physical, Occupational and Speech Therapy

Vision/Eye Care

Optometrist and Ophthalmologist Services

Medical and Surgical Vision Services (Non-cosmetic)

Glaucoma Screenings (One per year) per age and medical qualifications

Contact lenses*

Glasses:

- 18-20 years old: (one exam/ one pair eyeglasses) every year
- 21–59 years old: (one exam/one pair eyeglasses) every 2 years

- 60+: (one exam/one pair eyeglasses) every year

Hearing

Routine Hearing Exams

Routine Evaluations and Fitting for Hearing Aids

Dental

Dental Exams & Cleanings

- 18-20 years old: (2 exams, 1 cleaning per year)
- 21+: (1 exam, 1 cleaning per year)

Fillings

Gum Care (Periodontics)*

Root Canals

Dentures/Partials*

Routine Tooth Extractions

Other Oral Surgery*

Transportation Services

Emergency (Ambulance, Air flights*, etc.)

Non-Emergency (Scheduled Ride, Bus, Wheelchair Access)

Other Care

Acupuncture

Allergy Testing and Treatment

Brain Health & Memory Benefit through BrainHQ®**

Chiropractic Services*

Flex Allowance of \$500 for additional Dental, Vision and Hearing Services and accessories**

Hospice and Palliative (comfort) Care, including Short-Term Respite Care*

Long-Term Acute Care (LTAC)

Obesity Screening and Therapy (Weight loss)

Occupational Therapy

Mom's Meals (Two meals per day for 25 days after an observation or acute inpatient hospitalization)(Community Well Only)

Pain Management*

PapaPals® Companionship and Daily Support ** (SSBCI Benefit †) (MyCare Opt-in and Wavier members only)

Personal Emergency Response System (PERS) **

Physical Therapy*

Podiatry (foot) Services

Smoking/Tobacco Cessation (Counseling to quit smoking/ tobacco use)

Speech Therapy*

Supervised Exercise Therapy (SET)

Surgeries* (e.g., General, Bariatric, Reconstructive and Transplant)

TMJ treatment (Jaw pain or problems with jaw movement)

Additional Programs, Services, and Rewards

Care Management

CareSource24® — 24 Hour Nurse Advice Line

Disease Management

Fifth Third Express Banking®

Health and Wellness Education Programs

Medication Therapy Management

My CareSource Rewards Program® **

MyHealth Online Tool

myStrengthSM Online Mental Health Tool

Silver&Fit® Fitness Program**

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Member Services

1-855-475-3163

(TTY: 1-800-750-0750 or 711)

8 a.m. – 8 p.m.

Monday through Friday.

All covered services outlined in this document are subject to the conditions, exclusions, limitations, terms, and rules of the Member Handbook, which is the controlling document. For more detailed information about your covered services, please refer to the Member Handbook at:
CareSource.com/MyCare.

CareSource® MyCare Ohio (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Ohio Medicaid to provide benefits of both programs to enrollees.

MyCareOhio

Connecting Medicare + Medicaid

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call **1-855-475-3163 (TTY: 1-800-750-0750 or 711).**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-855-475-3163 (TTY: 1-800-750-0750 or 711).**

CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status.

Si usted o alguien a quien ayuda tienen preguntas sobre CareSource, tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Para hablar con un intérprete, Por favor, llame al número de Servicios para Afiliados que figura en su tarjeta de identificación.

如果您或者您在帮助的人对 CareSource 存有疑问，您有权免费获得以您的语言提供的帮助和信息。如果您需要与一位翻译交谈，请拨打您的会员 ID 卡上的会员服务电话号码。