

# BENEFITS AT-A-GLANCE

CareSource® MyCare Ohio (Medicare-Medicaid Plan),  
CareSource® MyCare Ohio Medicaid-only



Make the most of your benefits this year. Here's a list of everything you have as a CareSource member. To see how you can put these benefits to use, review your Member Handbook at **CareSource.com/MyCare** or call Member Services at **1-855-475-3163** (TTY: 1-833-711-4711 or 711).

## KEY

- \* Approval or prior authorization required.
- \*\* **Medicaid and Medicare Plan benefit only.**
- + Each dental benefit/service may have a specific limit (e.g., maximum allowance, number of procedures, and/or frequency of services)
- ✓ Healthy activities you can complete and earn rewards through My CareSource Rewards Program. – **MyCare Medicare and Medicaid members only.**

## BENEFITS

### Behavioral Health

Assertive Community Treatment (ACT)\*  
Applied Behavioral Analysis (ABA)\*  
Behavioral Health Care Coordination Services  
Electroconvulsive Therapy (ECT)  
Family, Group and Individual Counseling  
Inpatient Services\*  
Intensive Home Based Treatment (IHBT)\*  
Intensive Outpatient Program (IOP) Services  
Medication Assisted Treatment (MAT)  
Mental Health Day Treatment  
Opioid Treatment Program (OTP) Services\*  
Partial Hospitalization Program (PHP) Services\*  
Pharmacological (Medication) Management  
Psychiatric Diagnostic Evaluation  
Psychological Testing  
Substance Use Disorder (SUD) Residential\*  
Transcranial Magnetic Stimulation (TMS)\*

### Dental+

Routine Dental Exams & Cleanings  
Anesthesia/Sedation  
Crowns and Posts\*  
Dental Labs & Tests  
Dental X-Rays\*  
Dentures/Partials\*  
Fillings  
Fluoride (under age 21)  
Gum Care (Periodontics)\*  
Root Canals  
Routine Tooth Extractions  
Surgical Extractions\* & Other Oral Surgery

### Diagnostics

Blood Work/Lab Testing\*  
Scans (e.g., CT, MRI and PET)\*  
X-Rays

### Heart

Cardiac Rehabilitation Services  
Electrocardiogram (ECG/ EKG)  
Heart Disease Risk Reduction Visit (Therapy for Heart Disease)  
Heart Disease Testing

### Health Condition Management

Chemotherapy and Radiation\*  
Diabetes Self-Management Training

### Diabetic Services and Supplies\*

Dialysis  
Kidney Disease Services and Supplies\*  
Pulmonary (lung) Rehabilitation Services

### Health Care Visits

Community Behavioral Health Centers (CBHCs)  
Convenience Care Clinics inside of stores like CVS® and Walmart®  
Emergency Room (ER)  
Federally Qualified Health Center (FQHC) and Rural Health Clinic (RHC)  
Hospital (Inpatient and Outpatient)\*  
Primary Care Providers (PCPs) like Doctors, OB/GYNs, Physician Assistants and Nurse Practitioners  
Skilled Nursing Facility\*  
Specialists (e.g., Podiatrist, Neurologist and Oncologist)  
Urgent Care  
Virtual doctor visit over the phone or online including Teladoc®

### Hearing

Hearing Aids  
Routine Hearing Exams  
Routine Evaluations and Fitting for Hearing Aids

### Home Health Care

Home Infusion Therapy\*  
Home Nursing Services\* (e.g., Skilled Nursing, Private Duty, Certified Nurse Aid and Social Worker)  
Physical, Occupational and Speech Therapy\*

### Medical Supplies

Cochlear Implants\*  
Durable Medical Equipment (DME) and Related Supplies\* (e.g., Oxygen Tank, Wheelchair/ Walkers, Wound Care and CPAP Machine)  
Incontinence Supplies  
Prosthetic Devices and Related Supplies\*

### Pharmacy and Medications

Brand and Generic Drugs  
Mail Order Drugs  
Medicaid Covered Over-the-Counter Items  
**\$100 Quarterly Over-the-Counter (OTC) Drug Allowance\*\***

## Preventive and Early Detection Care/Screenings

Abdominal Aortic Aneurysm Screening

Alcohol Misuse Screening and Counseling

Annual Wellness Visit (Physical Exam) ✓

Bone Mass Measurements

Blood Pressure Screening

Breast Cancer Screening (Mammogram) ✓

Cardiovascular Disease Screening Tests

Cervical and Vaginal Cancer Test (Pap Smear)

Cholesterol Screening

Colorectal Cancer Screening ✓

Counseling to Prevent Tobacco Use

Depression Screening

Diabetes Screening (Kidney Screening) ✓

Diabetes Self-Management Training

Disease Screening and Treatments (e.g., Hepatitis, HIV and STI/STD)

Intensive Behavioral Therapy for Obesity

Immunizations (shots, flu vaccines) ✓

Lung Cancer Screening

Medical Nutrition Therapy

**Medicare Diabetes Prevention Program (MDPP)\*\***

Nutritional Counseling

Prolonged Preventive Services

Prostate Cancer Screening

Screening Pelvic Exams

**“Welcome to Medicare” Visit\*\***

## Transportation Services

Emergency (Ambulance, Air flights, etc.)

Non-Emergency Medical Transportation\*

Non-Emergency (Scheduled Ride, Bus, Wheelchair Access)

**Non-Emergency Enhanced Transportation (health care visits, pharmacy, gym & grocery) (Scheduled Ride, Bus, Wheelchair Access)\*\***

## Vision and Eye Care

Contact Lenses

Glasses:

- 18-20 years old: (one exam/one pair eyeglasses) every year
- 21-59 years old: (one exam/one pair eyeglasses) every 2 years
- 60+: (one exam/one pair eyeglasses) every year

Glaucoma Screenings

Optometrist and Ophthalmologist Services

Routine Eye Exams

## Other Care

Acupuncture\*

Allergy Testing and Treatment

Chiropractic Services

**Flex Allowance of \$500 for additional Dental, Vision and Hearing Services\*\***

Hospice and Palliative (comfort) Care, including Short-Term Respite Care\*

Long-Term Acute Care (LTAC)\*

**Mom’s Meals (Two meals per day for 14 days after an observation or inpatient hospitalization)(Community Well Only)\*\***

Obesity Screening and Therapy (Weight loss)

Pain Management\*

**Personal Emergency Response System (PERS)\*\***

Physical, Occupational and Speech Therapy\*

Podiatry (foot) Services

Supervised Exercise Therapy (SET)

Surgeries\* (e.g., General, Bariatric, Reconstructive and Transplant)

TMJ treatment (Jaw pain or problems with jaw movement)\*

## Additional Programs, Services and Rewards

Care Management

CareSource24® — 24 Hour Nurse Advice Line

Disease Management

Health and Wellness Education Programs

Medication Therapy Management (MTM)

**My CareSource Rewards Program®\*\***

MyHealth Online Tool

myStrength<sup>SM</sup> Online Mental Health Tool

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This information is not a complete description of benefits. Not everyone can get all of the benefits listed. Questions? Call Member Services at **1-855-475-3163 (TTY: 1-833-711-4711 or 711)**, 8 a.m. – 8 p.m. Monday through Friday.

All covered services outlined in this document are subject to the conditions, exclusions, limitations, terms, and rules of the Member Handbook, which is the controlling document, including any rider/enhancements or amendments. For more detailed information about your covered services, please refer to the Member Handbook at: **CareSource.com/MyCare.**

CareSource® MyCare Ohio (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Ohio Medicaid to provide benefits of both programs to enrollees.

**MyCareOhio**  
Connecting Medicare + Medicaid

ATTENTION: If you speak Spanish, language services, free of charge, are available to you. Call **1-855-475-3163 (TTY: 1-833-711-4711 or 711)**, Monday – Friday, 8 a.m. – 8 p.m. The call is free.

ATENCIÓN: Si habla español, tiene disponible los servicios de asistencia de idioma gratis. Llame al **1-855-475-3163 (TTY: 1-833-711-4711 or 711)**, de lunes a viernes, de 8 a.m. a 8 p.m. La llamada es gratuita.

Si usted o alguien a quien ayuda tienen preguntas sobre CareSource, tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Para hablar con un intérprete, Por favor, llame al número de Servicios para Afiliados que figura en su tarjeta de identificación.

如果您或者您在帮助的人对 CareSource 存有疑问，您有权免费获得以您的语言提供的帮助和信息。如果您需要与一位翻译交谈，请拨打您的会员 ID 卡上的会员服务电话号码。