

CareSource | NETWORK Notification

Notice Date:	March 20, 2024
То:	Indiana Marketplace Providers
From:	CareSource
Subject:	Screening, Brief Intervention, and Referral to Treatment (SBIRT)- Reminder

Summary

CareSource offers a benefit for SBIRT for Marketplace members. We would like to encourage providers to adopt preventative screenings in their practice and remind providers of the billing requirements for SBIRT.

SBIRT is an early intervention approach that targets individuals with substance use to proactively intervene, prior to the need of and to avoid more intense treatment. This suite of services provides effective strategies for populations that do not currently meet the criteria for diagnosis of a substance use disorder (SUD); however, if left unaddressed, may later require specialized treatment for more severe substance use.

SBIRT consists of three major components:

- 1. Screening: Assessing a patient for risky substance use behavior using standardized screening tools:
- 2. Brief Intervention: Engaging a patient showing risky substance use behaviors in a short conversation, providing feedback and advice; and
- 3. Referral to Treatment: Providing a referral to brief therapy or additional treatment to patients who screen in need of additional services.

CareSource is committed to our providers. We listen to feedback and strive to eliminate barriers. We understand that billing for SBIRT can seem complicated. Please refer to the following information that addresses these concerns.

Details on Reimbursement and Coding

SBIRT coding and reimbursement can vary by plan and by state.

For Indiana Marketplace insurance plans, the following licensed provider types can bill independently for SBIRT:

- Physician (MD, DO) and Physician Assistant (PA)
- Psychologist endorsed as a health service provider (PhD, PsyD, HSPP)
- Behavioral Health Professional (LCSW, LMFT, LMHC, LCAC)

 Certified Nurse Practitioner (CNP), Certified Nurse Midwife (CNM), and Clinical Nurse Specialist (CNS)

Billing Codes for Indiana Marketplace

G0396 – Alcohol and/or substance (other than tobacco) abuse structured screening and brief intervention services, 15 to 30 minutes

G0397 – Alcohol and/or substance (other than tobacco) abuse structured screening and brief intervention services, any timeframe greater than 30 minutes

G0442 - Screening for alcohol misuse and brief behavioral counseling

G0443 – Brief face-to-face behavioral counseling for alcohol misuse, 15 minutes

SBIRT sessions must last at least 15 minutes to be eligible for billing. This can be documented by either:

- documenting the start and stop time, or
- documenting total face-to-face time involved in the SBIRT session.

A patient may be seen the same day by another provider as long as the second provider submits a claim using their own unique billing number.

Marketplace providers should reference CMS.gov <u>Physician Fee Schedule</u> for billing information.

Reference: Screening, Brief Intervention and Referral to Treatment https://www.samhsa.gov/sbirt

Questions?

For questions, please contact CareSource Provider Services at **1-833-230-2101**, Monday through Friday, 8 a.m. to 6 p.m. Eastern Time (ET).

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