



Did you know? Breast milk is thought to be the best source of nutrition for babies for the first 6 months of life. If you choose to breastfeed or pump, CareSource will give you the tools and support to help you succeed. **Most pregnant CareSource members in Indiana are eligible to get a free breast pump and supplies!**

Three (3) Easy Steps to get your FREE Breast Pump!

1 Choose your breast pump

- Visit the websites listed below to look at some options.
- Think about things like:
 - Size
 - Ease of cleaning
 - Extra supplies included
 - Noise level
- Look at reviews from other moms.
- Talk to your provider about options.
- Some companies offer FREE lactation services and breastfeeding support when you get your pump from them.

*No prior authorization is needed for most breast pump orders.

2 Order your breast pump

You can get your breast pump through any in-network durable medical equipment provider. You can also call or visit a website like the ones below and fill out their online form. This will start your order. Your breast pump can be ordered within 90 days of your due date.

- Aeroflowbreastpumps.com 1-844-867-9890
- Insured.amedadirect.com 1-877-791-0064
- Pumpsformom.com 1-888-411-7231

3 Get your breast pump

 Your breast pump will be delivered straight to you!

Still Have Questions?

CareSource offers a Mom and Baby Beginnings program to provide you with support and resources during your pregnancy and beyond. Connect with the program by calling **1-833-230-2034** (TTY: 711).

Have questions about your plan or benefits? Please call Member Services at **1-844-607-2829** (TTY: 1-800-743-3333 or 711). We are open Monday through Friday from 8 a.m. to 8 p.m. Eastern Time.

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