



Get the Support You *Need*.

Sometimes you need a little help.
Our MyResources online directory helps
to find free and low-cost programs and
services available in your area.

Getting started is easy!
Go to [CareSource.findhelp.com](https://www.caresource.org/findhelp.com).


CareSource®

This easy-to-use tool can help with finding resources for:

- Food
- Education
- Transportation
- Financial support
- And more!

You can log into your CareSource MyLife account to access this tool. You can also call Member Services to help find support near you. We have staff that can help, too! Call **1-844-607-2832** (TTY: 711) to reach our CareSource Life Services® team.



Questions?

Call Member Services
at **1-844-607-2829**
(TTY: 1-800-743-3333 or 711)
Monday through Friday, 7 a.m. CT/
8 a.m. ET to 7 p.m. CT/8 p.m. ET