

Patient Health Questionnaire

PHQ-2

Instructions

Please respond to each question.

Over the last two weeks, how often have you been bothered by any of the following problems? Give answers as 0 to 3, using this scale:

0= Not at all; 1=Several days; 2=More than half the days; 3=Nearly every day

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3

Instructions

Clinic personnel will follow standard scoring to calculate score based on responses. The PHQ-2 is a brief and easy-to-score instrument used for depression screening. Individuals who receive a score greater than 2 on the PHQ-2 should be further evaluated with the PHQ-9, other diagnostic instruments, or direct interview to determine whether they meet criteria for a depressive disorder.

Total score: __

Resources

To locate a provider near you, please visit the Division of Mental Health and Addictions Provider Locator at: <https://www.in.gov/fssa/dmha/find-a-local-service-provider/>

Crisis Line: 1-800-273-TALK (8255)

CareSource Member Services: 1-844-607-2829

CareSource Behavioral Health Crisis Line: 1-833-227-3464

Developed by Drs. R.L. Spitzer, J.B. Williams, K. Kroenke and colleagues with an educational grant from Pfizer, Inc. No permission required to reproduce, translate, display or distribute.

IN-MED-P-1033811 Issued Date: 12/28/21

OMPP Approved: 12/28/21