

AUDIT Screening Tool

The Alcohol Use Disorders Identification Test (AUDIT), developed in 1982 by the World Health Organization (WHO), is a simple way to screen and identify people at risk of alcohol problems.

Question 1	How often do you have a drink containing alcohol?
0	Never (Skip to Questions 9-10)
1	Monthly or less
2	2 to 4 times a month
3	2 to 3 times a week
4	4 or more times a week
Question 2	How many drinks containing alcohol do you have on a typical day when you are drinking?
0	1 or 2
1	3 or 4
2	5 or 6
3	7, 8, or 9
4	10 or more
Question 3	How often do you have six or more drinks on one occasion?
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
Question 4	How often during the last year have you found that you were not able to stop drinking once you had started?
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
Question 5	How often during the last year have you failed to do what was normally expected of you because of drinking?
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
Question 6	How often during the last year have you been unable to remember what happened the night before because you had been drinking?
0	Never
1	Less than monthly
2	Monthly

3	Weekly
4	Daily or almost daily
Question 7	How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
Question 8	How often during the last year have you had a feeling of guilt or remorse after drinking?
0	Never
1	Less than monthly
2	Monthly
3	Weekly
4	Daily or almost daily
Question 9	Have you or someone else been injured as a result of your drinking?
0	No
2	Yes, but not in last year
4	Yes, during the last year
Question 10	Has a relative, friend, doctor, or another health professional expressed concern about your drinking or suggested you cut down?
0	No
2	Yes, but not in the last year
4	Yes, during the last year

Scoring: Add up the points associated with answers. A total score of 8 or more indicates harmful drinking behavior.

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