



# NETWORK *Notification*

**Notice Date:** January 1, 2024  
**To:** Indiana Medicaid Providers  
**From:** CareSource  
**Subject:** Collaborative Care Model Services Reimbursement  
**Effective Date:** January 1, 2024

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## Summary

Beginning Jan. 1, 2024, CareSource will provide reimbursement for a model of integrated behavioral health care known as the **Collaborative Care Model (CoCM)**. The Collaborative Care Model (CoCM) is a specific type of integrated care developed by the University of Washington to treat common health conditions in medical settings like primary care. Behavioral health conditions such as depression, anxiety, post-traumatic stress disorder (PTSD), alcohol, or substances use disorders are among the most common and disabling health conditions worldwide. Based on ***principles of effective chronic illness care***, CoCM focuses on defined patient populations who are tracked in a registry to monitor treatment progression. The treatment plan focuses on ***measurement-based treatment to target*** and ensure the patient's goals and clinical outcomes are met.

## About the Model

The CoCM is driven by a collaborative care team, led by a primary medical provider (PMP) in coordination with behavioral health care managers, psychiatrists, and other mental health professionals. The team initiates a measurement-guided care plan using evidence-based practice guidelines and focuses attention primarily on patients not meeting their clinical goals.

## The Elements of CoCM

- Patient-centered care team
- Population-based care
- Measurement-based treatment to target
- Evidence-based care

## Members of the CoCM Team

- ***Treating/Billing Practitioner*** – Primary medical provider or non-physician practitioner (physician assistant or nurse practitioner)
- ***Behavioral Health Care Manager*** – Provider with formal education or special training in behavioral health which may include social work, nursing or psychology, working under the oversight and direction of the treating practitioner
- ***Psychiatric Consultant*** – Medical provider trained in psychiatry and qualified to prescribe medications
- ***Patient*** – The patient is a member of the care team

## Importance of the Model

The CoCM model has been shown to:

- Improve medication adherence
- Decrease hypertension
- Improve hemoglobin A1c
- Increase the number of depression-free days

Patients treated in the CoCM model report:

- Greater satisfaction
- Improved quality of life
- Improved physical functioning more than usual care

There are multiple benefits of the CoCM, including:

- Improved quality of care leading to improved health outcomes
- Increased access to care, improving convenience for patients
- Reduced cost due to data sharing between providers
- Reduced waste and redundant spending

## Implementing the Model

### Coding for Psychiatric Collaborative Care

- **99492** – Initial psychiatric collaborative care management, first 70 minutes in the first calendar month; this is a code in which minutes are cumulative over the month and represent minutes from the BH care manager, psychiatrist, and PMP
- **99493** – Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of behavioral health care manager activities
- **99494** – Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month
- **G2214** – Initial or subsequent psychiatric collaborative care management, first 30 minutes in a month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified healthcare professional

**Note:** CoCM should be billed on an HCFA 1500 and not combined with non-CoCM codes.

## Resources

To learn more about the CoCM, please visit the [University of Washington Advancing Integrated Mental Health Solutions \(AIMS\) Center Collaborative Care](#) website.

## Questions?

For questions, please contact CareSource Provider Services at: **1-844-607-2831** Monday through Friday, 8 a.m. to 8 p.m. Eastern Time. Providers can also email questions directly to the Behavioral Health clinical inbox at [Indiana\\_BH@caresource.com](mailto:Indiana_BH@caresource.com).

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