

NETWORK Notification

Notice Date: April 5, 2024

To: Indiana Medicaid Providers

From: CareSource

Subject: Behavioral Health Integration Services

Effective Date: January 1, 2024

Summarv

As of Jan. 1, 2024, CareSource will be providing reimbursement for a model of integrated Behavioral Health (BH) care known as the Psychiatric Collaborative Care Model (CoCM). **Collaborative Care** is a specific type of integrated care developed at the University of Washington to treat common mental health conditions in medical settings like primary care.

BH conditions such as depression, anxiety, Post-Traumatic Stress Disorder (PTSD), alcohol or substance use disorders (SUDs) are among the most common and disabling health conditions worldwide.

Based on **principles of effective chronic illness care**, CoCM focuses on defined patient populations who are tracked in a registry to monitor treatment progression. The treatment plan focuses on **measurement-based treatment to target**, to ensure the patient's goals and clinical outcomes are met.

Impact

The CoCM team is led by a primary medical provider (PMP) and includes BH care managers, psychiatrists and other mental health professionals, including Licensed Professional Counselors (LPCs). The team initiates a measurement-guided care plan using evidence-based practice guidelines and focuses attention primarily on patients not meeting their clinical goals.

CoCM Team Members include:

- **Treating (Billing) Practitioner** Primary Care Physician (PCP) or Non-Physician Practitioner (physician assistant or nurse practitioner).
- **BH Care Manager** Provider with formal education or specialized training in BH which may include social work, nursing or psychology, working under the oversight and direction of the treating practitioner
- **Psychiatric Consultant** Medical provider trained in psychiatry and qualified to prescribe medications
- Patient The patient is a member of the care team

Coding for Psychiatric Collaborative Care

- 99492 Initial psychiatric collaborative care management, first 70 minutes in the first calendar month
- 99493 Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of BH care manager activities
- **99494** Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month
- **G2214** Initial or subsequent psychiatric collaborative care management, first 30 minutes in a month of BH care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional

The current rates for the four eligible codes above are as follows and are static rates:

CoCM Eligible Codes	CoCM Facility	CoCM Non-Facility
99492	\$57.51	\$91.83
99493	\$62.86	\$87.35
99494	\$25.11	\$35.34
G2214	\$23.60	\$35.84

 The reimbursement methodology does <u>not</u> follow your current Medicaid contract as these are non-covered Medicaid codes.

Note: These codes should be billed on a HCFA 1500, and on a claim which does not contain other service codes outside of these four.

Importance

Collaborative Care has been shown to improve medication adherence, decrease hypertension and improve hemoglobin A1c, as well as increasing the number of depression-free days. Patients treated in the CoCM report greater patient satisfaction, improved quality of life and improved physical function more than usual care. There are multiple benefits of the CoCM including improved quality of care leading to improved health outcomes, increased access to care improving convenience for patients and reduced cost due to data sharing between providers, reduced waste and redundant spending.

Resources

To learn more about the CoCM please access the following website: Collaborative Care | University of Washington AIMS Center (uw.edu)

Questions?

For any questions, please contact CareSource's Provider Services at **1-844-607-2831** Monday through Friday, 8 a.m. to 8 p.m. Eastern Time (ET). Also, providers can email questions or interest in participating in the CoCM directly to the Behavioral Health Clinical mailbox at Indiana BH@CareSource.com.

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