



NETWORK *Notification*

Notice Date: March 20, 2024
To: Indiana Medicaid Providers
From: CareSource
Subject: Screening, Brief Intervention, and Referral to Treatment (SBIRT) - Reminder

Summary

CareSource offers a benefit for SBIRT for Hoosier Healthwise (HHW) and Healthy Indiana Plan (HIP) members. We would like to encourage providers to adopt preventative screenings in their practice and remind providers of the billing requirements for SBIRT.

SBIRT is an early intervention approach that targets individuals with substance use to proactively intervene, prior to the need of and to avoid more intense treatment. This suite of services provides effective strategies for populations that do not currently meet the criteria for diagnosis of a substance use disorder (SUD); however, if left unaddressed, may later require specialized treatment for more severe substance use.

SBIRT consists of three major components:

- 1. Screening:** Assessing a patient for risky substance use behavior using standardized screening tools;
- 2. Brief Intervention:** Engaging a patient showing risky substance use behaviors in a short conversation, providing feedback and advice; and
- 3. Referral to Treatment:** Providing a referral to brief therapy or additional treatment to patients who screen in need of additional services.

CareSource is committed to our providers. We listen to feedback and strive to eliminate barriers. We understand that billing for SBIRT can seem complicated. Please refer to the following information that addresses these concerns.

Details on Reimbursement and Coding

For HIP and HHW plans, the following licensed providers can independently bill for SBIRT:

- Physician (MD, DO) and Physician Assistant (PA)
- Psychologist endorsed as a health service provider (PhD, PsyD, HSPP)
- Behavioral Health Professional (LCSW, LMFT, LMHC, LCAC)
- Certified Nurse Practitioner (CNP) and Clinical Nurse Specialist (CNS)

Billing Codes for HIP and HHW plans
99408 – Alcohol and/or substance abuse (other than tobacco) structured screening and brief intervention services, 15-30 minutes
99409 – Alcohol and/or substance abuse (other than tobacco) structured screening and brief intervention services, greater than 30 minutes

SBIRT sessions must last at least 15 minutes to be eligible for billing. This can be documented by either:

- documenting the start and stop time, or
- documenting total face-to-face time involved in the SBIRT session.

A patient may be seen the same day by another provider as long as the second provider submits a claim using their own unique billing number.

For Indiana Medicaid claims, refer to the Indiana Medicaid [Outpatient Fee Schedule](#) or [Professional Fee Schedule](#).

References:

- **Screening, Brief Intervention and Referral to Treatment** <https://www.samhsa.gov/sbirt>
- **Provider Reference Module – Behavioral Health Services: Mental Health and Addiction Treatment** <https://www.in.gov/medicaid/providers/files/modules/behavioral-health-services.pdf>

Questions?

For any questions, please contact CareSource’s Provider Services at **1-844-607-2831** Monday through Friday, 8 a.m. to 8 p.m. Eastern Time (ET).

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Issue Date: 3/19/2024

OMPP Approved: 3/18/2024