



NETWORK *Notification*

Notice Date: October 1, 2025
To: Indiana Medicaid Providers
From: CareSource
Subject: HEDIS® Measure Reminder- Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

Summary

CareSource would like to remind providers about the importance of first-line psychosocial care for children and adolescents diagnosed with nonpsychotic conditions, including behavioral health therapies and newly prescribed antipsychotic medications. These conditions include attention-deficit disorder and disruptive behaviors.

The National Committee for Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS) measure, **Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)**, evaluates the percentage of children and adolescents ages 1-17 who had no indication for antipsychotic medication use and had received psychosocial care as the first line of treatment prior to or just after starting an antipsychotic medication.

Relevant Definitions:

Index prescription start date (IPSD)	The earliest prescription dispensing date for an antipsychotic medication where the date is in the intake period and there is a negative medication history.
Negative medication history	A period of 120 days prior to the IPSD when the member had no antipsychotic medications dispensed for either new or refill prescriptions.
Psychosocial care	Behavioral health interventions and therapy in the following settings: partial hospitalization, intensive outpatient, outpatient (including telehealth) and community mental health centers. Psychosocial care qualifies if it started within 90 days prior to the IPSD or up to 30 days after a new antipsychotic medication is started.

Eligible Population:

- Members 1-17 years of age as of December 31 of the measurement year (MY).
- Continuous Enrollment: 120 days prior to the IPSD through 30 days after the IPSD

Exclusions:

- Members for whom first-line antipsychotic medications may be clinically appropriate are excluded from the measure. This includes children and adolescents with schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorders, autism or other developmental disorders.
- This measure does not apply to members who are in hospice or who die during the MY.

Ways to Improve Performance:

- Complete a thorough evaluation of child/adolescent patients taking antipsychotic medications and coordinate with their mental health provider to ensure medications are addressing current symptoms for the patient's ongoing stability and recovery. The evaluation and coordination should include psychosocial care as a first-line defense.
- Establish a baseline and continuously monitor metabolic indices to ensure appropriate management of side effects of antipsychotic medication therapy.
- Monitor children and adolescents prescribed antipsychotics closely as they are at increased risk of health concerns such as weight gain, extrapyramidal side effects, hyperprolactinemia, gynecological problems in female patients, and metabolic side effects including glucose and cholesterol levels.
- Educate and inform parents/guardians of the increased side effects and burden of multiple concurrent antipsychotics on children's health and the implications for future physical health concerns, including obesity and diabetes.
- Ensure the parents/guardians understand the local community support resources and what to do in the event of a crisis.
- Schedule telehealth appointments for patients who had a new prescription for an antipsychotic medication.
- Assess new patients for care management needs and make necessary referrals, ensuring appropriate levels of consent to help coordinate patient care across disciplines.

Care Management Referrals

The CareSource Care Management program is here to provide support with health issues, health plan questions, or assistance with a variety of member social support services.

We encourage providers to make referrals to Care Management when they have a patient who needs assistance understanding their medical or behavioral health condition, or who need resources in their local communities.

Providers can refer patients for care management through the CareSource Provider Portal at **CareSource.com** > Providers > [Provider Portal Login](#) or by calling Member Services at **1-844-607-2829**.

CareSource also staffs a 24-Hour Nurse Advice Line, with registered nurses who can help 24/7/365. Providers can refer patients to this phone number at **1-844-206-5947**.

Questions?

For any questions, please contact Provider Services at **1-844-607-2831** Monday through Friday, 8 a.m. to 8 p.m. Eastern Time (ET) / 7 a.m. to 7 p.m. Central Time (CT).

Reference:

[Antipsychotic Medications in Children and Adolescents - NCQA](#)

IN-MED-P-4178075; First Use Date: 10/01/2025

OMPP Approved: 09/18/2025