

P.O. Box 8738, Dayton, OH 45401-8738 | CareSource.com

## Dear CareSource member,

Summer is almost over. That means a new school year will start soon. Schools require that all shots are up to date before the first day of school.

Teens and young adults need immunizations, too! Each year children, teens and young adults ages 4 to 21 should visit their doctor or PCP to have a yearly well visit. For members under the age of 21 years, this well visit is called a HealthWatch exam.

You should call your/your child's doctor to ask if it is time for these services:

## Age Recommendations

4-6 Yearly HealthWatch exam (well visit)

Dental, eyesight, & hearing testing Blood lead test if never tested

A review of your child's shot record to get any that his/her school needs

your child to get Yearly flu shot

7-10 Yearly HealthWatch exam (well visit)

Dental, eyesight, & hearing testing

A review of your child's shot record to get any that his/her school needs

your child to get Yearly flu shot

11-17 Yearly HealthWatch exam (well visit)

Dental, vision, & hearing screening

A review of your child's shot record to get any that his/her school needs

your child to get, including Tdap, HPV(3) and meningitis vaccine

Young adult exam Yearly flu shot

(over)

18-21 Yearly HealthWatch exam (well visit)
Dental, vision, & hearing screening
A review of your child's shot record to get any that his/her school needs your child to get, including meningitis vaccine if going to college Baseline cholesterol screen
Yearly flu shot

If you have any questions, or need help with transportation or finding a doctor, please call Member Services at 1-844-607-2829 (TTY 1-800-743-3333 or 711). You can also visit our website at CareSource.com to use the Find a Doctor/Provider tool.

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Best wishes for a happy and healthy school year!	

**CareSource** 

Sincerely,

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