Dear CareSource member:

Happy New Year! Each year babies, children, and teens should visit their doctor for a HealthWatch exam(s). The purpose of HealthWatch is to find and treat health problems early. If the doctor thinks there might be a health problem, Medicaid covers further tests and care.

HealthWatch exams are free. These exams cover:

- a review of your child's health since birth
- a full exam (with parent's okay)
- an exam to make sure your child's skills are right for his/her age
- eye testing
- a dental exam
- hearing check
- a check of shots given to your child (making sure child gets them on time)
- lead screening; and
- other tests as needed

HealthWatch exams should be done at:
- birth,
- 3 to 5 days after birth,
- The following months of age: 1, 2, 4, 6, 9, 12, 15, 18, 24, 30

After that, children and teens should have at least one exam per year.

If you have any questions, or if you need help with a ride to the doctor, or finding a doctor, call Member Services at 1-844-607-2829 (TTY 1-800-743-3333 or 711). You can also go to our website at CareSource.com and use the "Find a Doctor/Provider" tool. Best wishes for a happy and healthy new year!

Sincerely,

CareSource