



Drug Safety: TAKE BACK PROGRAMS

Prescription drugs can be a vital part of your recovery. They can help you with an illness. They can stabilize a health emergency. Misuse of drugs, or drugs in the wrong hands, can lead to harm or death. That's why CareSource wants to remind you to safely get rid of any unused or out of date medications.

DID YOU KNOW?



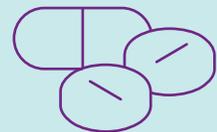
About 50,000 children visit the emergency room each year because they took medications that were within reach.



In the last few years, there have been over 30,000 overdose deaths from prescription drugs each year.



Most people who first misuse prescription drugs get them from their friends or family members.



Do you have old drugs in your cupboards or medicine cabinets?

Check the expiration date.

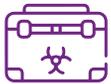
Are you still taking the medicines? If not, you should get rid of them.

Leftover medications are a big health risk. They can be a danger to toddlers, teens and family pets.

Get rid of old drugs the safe way before they can cause harm.



THERE ARE STEPS YOU CAN TAKE RIGHT NOW:



A DisposeRx® packet to help you with the safe disposal of your unused medications. Not disposing of unused medications makes them more available to be misused by others.



Get rid of used needles in a safe way, too. For more information go to www.FDA.gov.



Prevent the spread of disease from needle sharing. Find a needle exchange program near you. Go to <https://nasen.org/directory>.



Talk to your local pharmacy about “take back” efforts.



Contact your Care Manager for more resources in your area.

AT CARESOURCE, WE CARE ABOUT OUR MEMBERS, THEIR FAMILIES AND THE COMMUNITIES IN WHICH WE LIVE. OUR GOAL IS TO MAKE A LASTING DIFFERENCE IN MEMBERS' LIVES BY IMPROVING THEIR HEALTH AND WELL-BEING.

HEALTH CARE WITH HEART®

To learn more about medication safety visit this Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/medicationsafety/>.