

Compassionate Care for Women and Children




CareSource[®]



CareSource offers programs that are specific to the health and wellbeing of women and children. These programs were designed with you, our member in mind.

Programs for Women:

Babies First®: We have created a program that rewards you for taking care of yourself and your baby. Enrolling in our Babies First program will allow you to earn rewards for going to prenatal, postpartum and well-baby visits.

B.U.M.P., Better Understanding My Pregnancy™: A month-by-month prenatal education program for members in case management that will prepare mom for pregnancy, giving birth and newborn care.

Prenatal Educational Mailings: New moms get information about pregnancy, giving birth and baby care to help prepare for their new arrival.

Quit for two: Smoking during and after pregnancy carries many risks for both mom and baby. CareSource has resources that can help you stop smoking. Indiana members are encouraged to use the Indiana QuitLine for help to stop smoking at 1-800-784-8669.

Text4Baby®: is another free app available to members in all states. When you sign up for this service, you will get text messages every week that cover important topics related to pregnancy.

Free Pregnancy Tests*: The sooner you know you are pregnant, the sooner you can get the care that you and your baby need for a healthy start in life.

*Available at select pharmacies. Limit of 12 tests per member per calendar year.

Non-Emergency Transportation:

CareSource provides free rides to health care, WIC or redetermination appointments.

Case Management for Pregnancies:

CareSource has professional staff that can work with you one on one to help coordinate health care needs.

Breast Pump: CareSource will provide a breast pump, free of charge, to all nursing mothers who request one.

CareSource24® Nurse Advice Line: Allows you to speak with a Registered Nurse 24/7.

On-Line Educational Resources:

CareSource.com/member/education/pregnancy has links to lots of fun and informative materials to help prepare new parents for labor, giving birth and baby care.

CareSource Life Services®: CareSource Life Services offers services and support that can pave the way from where you are to where you want to be. Life Services offers tools to help you balance work and life and to remove barriers that stand in the way of reaching your dreams.

myStrength: Your emotional health is important. myStrength is a safe and secure tool designed just for you. myStrength's tools can help strengthen your mind, body and spirit. myStrength is appropriate for members 13 years of age and older. You can access this tool online or on your mobile device, at no cost to you.

To keep you healthy before, during and after pregnancy, CareSource also provides coverage for:

- Sexually Transmitted Infection Testing
- Cervical Cancer Screen (PAP Test)
- Post-Birth Birth Control
- Prenatal Vitamins
- Vaccines
- Home Health Visits with Progesterone Therapy
- Annual Physical Exams
- Dental Visits

Programs for Children:

Kids First: CareSource wants your child to be healthy and that is why Kid's First rewards you for keeping routine dental exams, well-child visits and vaccinations as your child grows.

Well-Child Visits and Immunizations:

Regular check-ups and vaccinations to help catch potential problems early and keep your child healthy.

Developmental Screenings: Your doctor will check how your child is learning, socializing and meeting milestones.

Case Management for Children:

CareSource has trained staff that can help you navigate through the health care system when caring for a child with complicated health issues.

Online Educational Resources:

CareSource.com/members/education/kids-health has links to lots of fun and informative materials about your child's health, growth and development.





CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-607-2829 (TTY: 1-800-743-3333 or 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-607-2829 (TTY: 1-800-743-3333 or 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-607-2829 (TTY: 1-800-743-3333 or 711)。