



SUBSTANCE USE DISORDER



Substance Use Disorder (SUD) affects many CareSource® members, and has an expanding impact on the community as a whole. Early detection is critical and conducting the Screening, Brief Intervention and Referral to Treatment (SBIRT) is key to the detection. SBIRT is a billable provider service that our health partners can use for early intervention and treatment. We encourage our health partners to regularly screen all patients.

Care Management

CareSource provides extra help to members with complex behavioral health conditions. We understand the continuum of care and need for care coordination. Strong community relationships enable us to make referrals and connect health partners and members to ancillary resources. Our goal is to simplify care and ensure greater access to the spectrum of behavioral health services. CareSource24®, our nurse advice line, is staffed with registered nurses who can help 24/7/365. You can refer a CareSource member to the care management department online at [CareSource.com](https://www.caresource.com) > Providers > [Provider Portal Log-In](#). Providers can also call Member Services to refer members to care management at **1-844-607-2829**.

Medication Therapy Management

For better control of prescribed drugs and to help members understand the risks and benefits of their medication plans, CareSource promotes Medication Therapy Management (MTM). Specially-trained pharmacists work collaboratively with prescribers and engage members to enhance drug safety and prevent substance use disorder.

To learn more about our MTM program, contact Provider Services. They can connect you with a pharmacy staff member.



Medication Assisted Treatment

To combat rising opioid abuse, CareSource delivers a carefully planned and integrated Medication Assisted Treatment (MAT) program grounded in a strong health partner network and a commitment to access and quality care.

MAT uses FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Clearly defined clinical guidelines and health partner expectations are at the core of our MAT program.

Mitigating access challenges for opioid dependents: CareSource works proactively to assess the unmet need for MAT. Ongoing data analysis of our member populations and health partner caseloads help us predict future MAT needs by geographic region. We strategically expand our health partner base to ensure access to MAT for our members.

Balancing prior authorizations with MAT: Typically, prior authorization (PA) reduces the unnecessary use and misuse of drugs. CareSource prefers reduced PA requirements to ease the administrative burden and expense on the health partner community. For Indiana patients, we do not require a prior authorization for MAT. We want our health partners to focus on patient care.

For more specific information about MAT, refer to our provider pharmacy policies at [CareSource.com](https://www.caresource.com) > Providers > [Policies](#).

Medications

CareSource covers the following medications to treat substance use disorder:

- Buprenorphine
- Methadone (for Medicaid only)
- Naloxone
- Vivitrol

Access the online drug formulary for the member’s CareSource plan to determine limitations.

Online Drug Formulary

Access **CareSource.com** to find an easy-to-use online drug formulary for each of our plans. This search tool helps you facilitate pharmacological care for our members in all substance use clinical scenarios. You can also find generic alternatives and identify prior authorization requirements.

Substance Use Disorder Continuum of Services

| Service | Covered Service | Prior Authorization |
|---|-----------------|---------------------|
| Inpatient Withdrawal Management | Yes | Yes |
| Outpatient Services | Yes | No |
| Medication Assisted Treatment | Yes | No |
| Counseling (Individual, family & Group) | Yes | No |
| Partial Hospitalization Program | Yes | Yes |
| Intensive Outpatient Program | Yes | Yes |
| SUD Residential | Yes | Yes |
| Screening/Assessment/Testing | Yes | No |
| Psychiatry | Yes | No |
| Naloxone | Yes | No |
| Methadone Administration (for Medicaid only) through a licensed methadone treatment program | Yes | No |

Health Partner Requirements for Buprenorphine

- Monitor the state's reporting system.
- See MAT patients periodically or according to state requirements.
- Follow national treatment guidelines, CareSource standards or state requirements for dosing.
- Obtain urine drug screenings according to CareSource standards.
- Bill treatment using standard office evaluation and management (E&M) and counseling codes.
- Follow all Health Insurance Portability and Accountability Act (HIPAA) guidelines.
- Refrain from billing members directly.
- Continually assess for potential drug interactions.
- Recognize problematic situations as a result of pregnancy, psychiatric or medical comorbidities.

Quality Care

Quality is something we take seriously at CareSource. While the credentials of our health care partners represent quality, it doesn't stop there. Quality is in every interaction with our members. Adherence to federal and state regulations, American Medical Association (AMA) billing codes and practices and the CareSource provider agreement is expected.

The CareSource Special Investigations Unit helps execute our commitment to quality by actively monitoring the performance of our health partners, members and employees alike.

Outreach and Stakeholder Education

CareSource recognizes the demand and commitment necessary to deliver effective and therapeutic treatment to substance users. Multiple stages of medical and behavioral health management and diligent follow up are required to progress individuals of varying use classifications to a point of stabilization.

As an industry leader, CareSource engages the Community Behavioral Health Centers (CBHCs) and larger medical community in dialogue and training/educational opportunities to increase awareness of our behavioral health services and emphasize the critical need for both care coordination and continuity of care.

Ask your Provider Engagement Specialist about upcoming opportunities.

We Are Not Complacent

CareSource is committed to reversing the trend of substance use and abuse. In collaboration with community partners and a dedicated health partner network, we will have a positive impact on the affected lives and their loved ones. Attacking substance use will lend improvements to other coexisting health conditions and enhance the overall quality of life for those in need.

At CareSource, we know that good health means more than just taking care of physical needs. Good health care takes a person-centered, comprehensive approach.

We address the whole person even when life's journey gets tough and substance use is a factor. From prevention to detoxification to maintenance, the goal is affordable, accessible and quality behavioral health care for all.

Call us with questions about treatment and substance use services.

Provider Services Numbers

| | |
|--|---------------------------------|
| Indiana Medicaid Provider Services | 1-844-607-2831 |
| Indiana Marketplace Provider Services | 1-866-286-9949 |
| Member Addiction Line | 1-833-OPIOIDS (674-6437) |