

To: Indiana Health Partners

From: CareSource®

Subject: Initial Benzodiazepine Therapy

## **Attention Health Partners:**

In collaboration with the Indiana Health Coverage Programs (IHCP), CareSource has enhanced the management of benzodiazepines. Effective August 1, 2021, initial benzodiazepine prescriptions will be limited to a 15-day supply. Subsequent prescription(s) will also be limited to a 15-day supply, with no more than 30 days of benzodiazepine therapy in a 90-day period.

Members who are taking benzodiazepines chronically, or have a diagnosis of cancer, seizure disorder or other terminal illness, will not be held to the above limitations.

CareSource will follow the Indiana Fee for Service prior authorization criteria, available at this link: <a href="https://prdgov-rxadmin.optum.com/rxadmin/INM/20210701\_Public-Facing\_Sedative%20Hypnotics\_BZD\_PA(1).pdf">https://prdgov-rxadmin.optum.com/rxadmin/INM/20210701\_Public-Facing\_Sedative%20Hypnotics\_BZD\_PA(1).pdf</a>

If you have questions, call CareSource at **1-800-488-0134** and follow the prompts to Pharmacy. Representatives are available Monday through Friday, 8 a.m. to 5 p.m. Eastern Time (ET).

Thank you,

CareSource

IN-P-0318-V.3; Date Issued: 10/6/2017 OMPP Approved: 10/05/2017