



NETWORK *Notification*

Notice Date: February 1, 2023
To: Kentucky Marketplace Providers
From: CareSource
Subject: Benefit Limit Reminder
Effective Date: February 1, 2023

Summary

CareSource Marketplace plans provide comprehensive, quality coverage for our members. Some covered services have benefit limits, which are a maximum number of times that our member is able to receive a service. Limits are normally expressed in terms of visits or days and unless otherwise states are for the entire benefit year.

Impact & Importance

It is important that both members and providers check for benefit limits before services are rendered to make sure a patient is eligible for the services.

For instance, Hemoglobin A1c is an example of a lab test that is limited by the number of days between testing for individuals with a diagnosis of either Type 1 or Type 2 Diabetes. The bullet points below outline some limitations:

- Upon initial diagnosis to establish a baseline value and to determine treatment goals.
- Twice a year (every six months) in individuals who are meeting treatment goals and who, based on daily glucose monitoring, appear to have stable glycemic control.
- Quarterly in individuals who are not meeting treatment goals for glycemic control.
- Quarterly in individuals whose pharmacologic therapy has changed.

CareSource contracts with Avalon to administer laboratory services and their policies, including benefit limits, can be found on our website at [Laboratory | Kentucky – Marketplace | CareSource](#).

Please note the A1c is just an example how other lab services have limits as well. This should be reviewed by ordering providers and labs to ensure the service is within the appropriate timeframes.

Rehabilitative services are limited by number of visits. During a benefit year, physical therapy, occupational therapy, and speech therapy are each limited to a maximum of 30 visits. Chiropractic manipulations are limited to a maximum of 20 per benefit year. Any visits over these limits will be the member's responsibility to pay.

Questions?

For more information on Benefit Limits, check out [CareSource.com](#), contact CareSource Provider Services at **1-855-852-5558**, or reach out to your [Provider Engagement Specialist](#).

Thank you for being a CareSource provider.

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