

Network Notification

Notice Date: December 27, 2017

To: Kentucky Marketplace Health Partners

From: CareSource[®]

Subject: How to Close Diabetes Care Gaps and Reward Patients

Effective Date: January 1, 2018

Great news

Effective Jan. 1, 2018, CareSource will reward your qualifying CareSource patients with a gift card simply for having their A1C tested. Together, we can take a team-based care approach to accomplish shared goals to close diabetes gaps in care. This notification details how to code claims for A1C tests so that your diabetes patients receive their rewards.

Background

According to the <u>2017 Kentucky Diabetes Report</u>, diabetes is a major cause of disability and death, affecting 13.4 percent of all Kentuckians (versus 9.9 percent nationally). HbA1c (A1C) tests scoring under 8 percent have been linked with better management of diabetes with fewer health complications such as heart disease, strokes and amputations. It is estimated that for every percentage point drop in A1C results, the risk of eye, kidney and nerve damage is reduced by 40 percent.

CareSource educates members about the importance of talking with you and the importance of knowing their "numbers," such as their HbA1c test results. We believe that members who are knowledgeable of A1C are much more likely to attain A1C control and find motivation from outcome-based incentives to pursue heathy behavioral changes. To incentivize our members to get their A1C checked, CareSource will award them with a \$25 gift card, effective Jan. 1, 2018.

How to Reward Your Patients



Program Start Date: Jan. 1, 2018

\$25 Reward Payout Date: Patients will receive their rewards after completing their A1C tests. Their PCP must submit a claim to CareSource, including the correct diagnosis and CPT-II code (A1C results).

Who is eligible? Adults 18 years and older who are enrolled in a CareSource Marketplace plan and have diabetes (type 1 or 2)

How to Close the Care Gap

- Perform recommended screenings and lab tests according to the most current clinical practice guidelines¹.
- Document and report results of your findings to demonstrate your performance as a provider ensuring high quality care to your patients.
- Submit claims with appropriate diagnosis and procedure codes. Be sure to include CPT-II codes below to close the care gap and to trigger a member reward.

Recommended Standards of Medical Care and CPT-II Codes to Close Care Gaps

¹Diabetes Care 2017;40(Suppl. 1):S1–S2 | DOI: 10.2337/dc17-S001 https://professional.diabetes.org/sites/professional.diabetes.org/files/media/dc 40 s1 final.pdf

Outcome	Standards of Care	CPT II	
		Description	Code
HbA1c result	Two times a year in patients who are at goal, quarterly in patients who are not meeting goal.	If HbA1c < 7 percent documented in charts	3044F
		If HbA1c between 7 percent to 9 percent documented in charts	3045F
		If HbA1c is > 9 percent documented in charts	3046F
Medical attention for nephropathy	One time a year (at least) perform: nephropathy screening test— document the date when a urine microalbumin test was performed and the result, or evidence of nephropathy (e.g., visit to nephrologist, renal transplant, positive urine microalbumin test, or currently on ACE inhibitor/ARB	Positive microalbuminuria test result reviewed and documented in charts	3060F
		Negative microalbuminuria test result reviewed and documented in charts	3061F
		Positive microalbuminuria test result reviewed and documented in charts	3062F
		Tx for nephropathy (dialysis, ESRD, CRF, ARF, renal insufficiency, nephrologist visit) documented in charts	3066F
		ACEI or ARB currently being taken documented in charts	4010F
Blood pressure < 140/90	Every office visit, check blood pressure	Systolic pressure < 130	3074F
		Systolic pressure between 130-139	3075F
		Systolic pressure ≥ 140	3077F
		Diastolic pressure < 80	3078F
		Diastolic pressure 80 to 89	3079F
		Diastolic pressure ≥ 90	3080F

Clinical Practice Guidelines

CareSource supports and adheres to nationally recognized evidenced-based clinical practice guidelines and standards of medical care for the management of a variety of conditions, including diabetes. The American Diabetes Association Standards of Medical Care in Diabetes provide clinicians with tools and general treatment goals to drive improved health outcomes of patients with diabetes.

For more information, go to the <u>Health Care Links</u> page on CareSource.com/Providers to access our entire set of clinical and preventive care guidelines.

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