

Quality Performance Measures



Quality care for our members is the cornerstone of Humana – CareSource’s foundation and a hallmark of our commitment to make a difference. Humana – CareSource uses the Healthcare Effectiveness Data and Information Set (HEDIS®) as one measure of the quality of care delivered to Humana – CareSource members. NCQA accredits and certifies a wide range of health care organizations and manages the evolution of HEDIS, the performance measurement tool used by more than 90 percent of the nation’s health plans. HEDIS scores are compiled using claims and medical records. Humana – CareSource also utilizes performance measures that have been developed in collaboration with the commonwealth and the External Quality Review Organization (EQRO), based on key areas of interest for the population we serve. These measures align with the Healthy Kentuckians 2020 Leading Health Indicators. The full complement of measures address access to, timeliness of, and quality of care provided to children, adolescents, and adults enrolled in managed care organizations and focuses on preventive care, health screenings, prenatal care, as well as special populations (adults with hypertension and Children with Special Health Care Needs [CSHCN]).

The following HEDIS measures are key focus areas for Humana – CareSource and can help health partners identify care opportunities for their patients. These specific measures can be found on ncqa.org or <http://chfs.ky.gov/dph/hk2010MidDecade.htm>.

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

HEDIS MEASURE OVERVIEW:

Adult Body Mass Index (BMI)

The percentage of individuals 18-74 years of age who had an outpatient visit and whose body mass index was documented in the medical record

Controlling High Blood Pressure

Individuals 18-85 years of age with a diagnosis of hypertension should have their blood pressure documented in the medical record and their blood pressure is controlled (for HEDIS reporting this measure is defined as greater than 140/90).

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

- The percentage of members 3-17 years of age who had evidence of the following during the measurement year:
 - BMI percentile documentation
 - Counseling for nutrition
 - Counseling for physical activity

Annual Dental Visit

The percentage of members 2-21 years of age who had at least one dental visit during the measurement year.

Lead Screening

The percentage of children two years of age who had one or more capillary or venous lead blood test for lead poisoning by their second birthday.

Well-Child Visits in the First 15 Months of Life

The percentage of members who turned 15 months old during the measurement year and who had six or more well-child visits with a PCP during their first 15 months of life. The well-child visit must have the following components:

- Health education/anticipatory guidance
- Physical exam
- Health and developmental history (physical and mental)

Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life

The percentage of members 3-6 years of age who had one or more well-child visits with a PCP during the measurement year. The well-child visit must have the following components:

- Health education/anticipatory guidance
- Physical exam
- Health and developmental history (physical and mental)

Adolescent Well-Care Visits

The percentage of enrolled members 12-21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year. The well-care visit must have the following components:

- Health education/anticipatory guidance
- Physical exam
- Health and developmental history (physical and mental)

Children and Adolescents' Access to Primary Care Practitioners

The percentage of members 12 months-19 years of age who had a visit with a PCP.

Adults' Access to Preventive/Ambulatory Health Services

The percentage of members 20 years and older who had an ambulatory or preventive care visit during the measurement year.

Seven-day Follow-up after Hospitalization for Mental Illness

Individuals 6 years of age and older who were hospitalized for treatment of selected mental health disorders must have a follow-up consultation with a mental health practitioner (e.g., psychiatrist, psychologist, psychiatric nurse practitioner or clinical nurse specialist, masters prepared social worker, certified marital and family therapist [MFT] or professional counselor [PCC, PCC-S]) within seven days of discharge.

Prenatal and Postpartum Care

The percentage of deliveries of live births between Nov. 6 of the year prior to the measurement year and Nov. 5 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:

- Timeliness of Prenatal Care – The percentage of deliveries that received a prenatal care visit as a member of Humana – CareSource in the first trimester or within 42 days of enrollment in the organization; and
- Postpartum Care – The percentage of deliveries that had a postpartum visit on or between 21 and 56 days after delivery.

Kentucky State-specific Measures

- Cholesterol screening
- Prenatal and postpartum risk assessment counseling and education
- CMS-416 EPSDT Services: Dental Services
- Adolescent preventive screening/counseling
- Individuals with special health care needs (ISHCN) access and preventive care
- Weight assessment, nutrition and physical activity counseling for children and adolescents
- Weight/BMI assessment, nutrition and physical activity counseling for adults