

## 2020 Schedule of Benefits

Plan Name: CareSource Marketplace Bronze



### Plan Information

|                           |              |
|---------------------------|--------------|
| Primary Member            | [John Doe]   |
| Member ID                 | [104000000]  |
| Date of Birth             | [01/01/1965] |
| Effective Date            | [01/01/2020] |
| Last Coverage Change Date | [01/01/2019] |

### Dependent Information

|                     |              |
|---------------------|--------------|
| Dependent Name      | [Nancy Doe]  |
| Relationship to You | [Spouse]     |
| Date of Birth       | [01/01/1966] |
| Effective Date      | [01/01/2020] |

### Highlights

|                                                                                  |                                         |
|----------------------------------------------------------------------------------|-----------------------------------------|
| Annual Deductible*                                                               | Individual: \$7,700<br>Family: \$15,400 |
| Coinsurance                                                                      | 50%                                     |
| Annual Out-of-Pocket Maximum**<br>(includes deductible, coinsurance, and copays) | Individual: \$8,150<br>Family: \$16,300 |



\* See Section 13: *Evidence of Coverage Glossary* for the definition of annual deductible. For individual coverage, you are responsible for paying the first \$7,700 of covered services each benefit year before CareSource begins to pay for any covered service where the annual deductible applies. For family coverage, you are responsible for paying the first \$15,400 for covered services for your entire family each benefit year before CareSource begins to pay for any covered service where the annual deductible applies. However, for each individual covered member within your family, the maximum amount each member would pay toward the family deductible is the individual deductible amount, in this case \$7,700 up to the family maximum of \$15,400. The annual deductible applies to covered services identified as “after deductible” in the Covered Service table below.

\*\* See Section 13: *Evidence of Coverage Glossary* for the definition of annual out-of-pocket maximum. For family coverage, each individual covered member within your family is contributing toward the family annual out-of-pocket maximum. However, for each individual covered member within your family, the maximum amount each member would pay toward the family annual out-of-pocket maximum is the individual out-of-pocket maximum, which is \$8,150. Your Evidence of Coverage explains which benefits accrue to your out-of-pocket maximum.

| Covered Service                                | You Pay<br>(Network Providers Only) | Limit<br>(If Applicable) |
|------------------------------------------------|-------------------------------------|--------------------------|
| <b>Office Visits</b> (includes retail clinics) |                                     |                          |
| Primary Care                                   | \$60 copay                          | None                     |
| Specialist Care                                | \$120 copay                         | None                     |
| <b>Preventive Care</b>                         |                                     |                          |
| As defined by federal law                      | No charge                           | None                     |

Learn more about CareSource and all our plan options at [www.caresource.com/marketplace](http://www.caresource.com/marketplace).

| Covered Service                                    | You Pay<br>(Network Providers Only) | Limit<br>(If Applicable)                                                                                                                                                                   |
|----------------------------------------------------|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Diagnostic Services</b>                         |                                     |                                                                                                                                                                                            |
| Lab                                                | 50% coinsurance after deductible    | May require prior authorization                                                                                                                                                            |
| X-Ray/Radiology                                    | \$125 copay after deductible        | May require prior authorization                                                                                                                                                            |
| Advanced Imaging (PET, MRI, MRA, CT, SPECT)        | 50% coinsurance after deductible    | Prior authorization required                                                                                                                                                               |
| <b>Mammograms (outpatient)</b>                     |                                     |                                                                                                                                                                                            |
| Preventive                                         | No charge                           | None                                                                                                                                                                                       |
| Diagnostic                                         | \$125 copay after deductible        | Prior authorization required                                                                                                                                                               |
| <b>Inpatient Services</b>                          |                                     |                                                                                                                                                                                            |
| Facility/Physician                                 | 50% coinsurance after deductible    | Prior authorization required                                                                                                                                                               |
| Skilled Nursing Facility                           | 50% coinsurance after deductible    | Prior authorization required<br>90 day limit per benefit year                                                                                                                              |
| <b>Outpatient Services</b>                         |                                     |                                                                                                                                                                                            |
| Facility/Physician                                 | 50% coinsurance after deductible    | May require prior authorization                                                                                                                                                            |
| <b>Maternity Services</b>                          |                                     |                                                                                                                                                                                            |
| Prenatal Visit, Office Visits, and Postpartum Care | \$120 copay                         | None                                                                                                                                                                                       |
| Inpatient Services                                 | 50% coinsurance after deductible    | Prior authorization required                                                                                                                                                               |
| Outpatient Services                                | 50% coinsurance after deductible    | May require prior authorization                                                                                                                                                            |
| <b>Urgent Care</b>                                 | 50% coinsurance after deductible    | None                                                                                                                                                                                       |
| <b>Ambulance Services</b>                          | 50% coinsurance after deductible    | Prior authorization is not required for emergency ambulance transportation or for facility to facility transfers. All other ambulance transportation requires prior authorization.         |
| <b>Emergency Health Care Services</b>              | 50% coinsurance after deductible    | If admitted to the hospital directly from the Emergency Department, these services will be covered the same as inpatient services and the applicable Copayment and Coinsurance will apply. |
| <b>Chronic Pain Treatment</b>                      | \$60 copay                          | 20 combined visits per event                                                                                                                                                               |
| <b>Habilitative Services</b>                       |                                     |                                                                                                                                                                                            |
| Physical Therapy                                   | \$60 copay                          | 30 visits per benefit year*                                                                                                                                                                |
| Occupational Therapy                               | \$60 copay                          | 30 visits per benefit year*                                                                                                                                                                |
| Speech Therapy                                     | 50% coinsurance after deductible    | 30 visits per benefit year                                                                                                                                                                 |
| <b>Rehabilitative Services</b>                     |                                     |                                                                                                                                                                                            |
| Physical Therapy                                   | \$60 copay                          | 30 visits per benefit year*                                                                                                                                                                |
| Occupational Therapy                               | \$60 copay                          | 30 visits per benefit year*                                                                                                                                                                |
| Speech Therapy                                     | 50% coinsurance after deductible    | 30 visits per benefit year                                                                                                                                                                 |
| Cardiac Rehabilitation Services                    | 50% coinsurance after deductible    | 36 visits per benefit year                                                                                                                                                                 |
| Chiropractic Services                              | 50% coinsurance after deductible    | Manipulation therapy - 30 visits per benefit year*                                                                                                                                         |

\*In addition to any visits covered under Chronic Pain Treatment benefit.

Learn more about CareSource and all our plan options at [www.caresource.com/marketplace](http://www.caresource.com/marketplace).

| Covered Service                                                                            | You Pay<br>(Network Providers Only)                                            | Limit<br>(If Applicable)                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Behavioral Health Services</b>                                                          | Covered the same as office visits, inpatient services, and outpatient services | Prior authorization is required for all inpatient stays and residential treatment programs. Partial hospitalization programs and intensive outpatient services may require prior authorization. |
| <b>Transplant Services</b>                                                                 | Covered the same as office visits, inpatient services, and outpatient services | Prior authorization required                                                                                                                                                                    |
| <b>Temporomandibular/Craniomandibular Joint Disorder and Craniomandibular Jaw Disorder</b> | Covered the same as office visits, inpatient services, and outpatient services | Prior authorization required                                                                                                                                                                    |
| <b>Home Health</b><br>Private Duty Nursing                                                 | 50% coinsurance after deductible                                               | <b>Prior authorization required</b><br>35 visits per benefit year<br>A visit equals 8 hours or less<br>100 visits per benefit year<br>A visit equals at least 4 hours                           |
| All Other Services                                                                         | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| <b>Hospice Care</b>                                                                        | 50% coinsurance after deductible                                               | Prior authorization is required for inpatient, respite, or continuous care levels of care.                                                                                                      |
| <b>Diabetic Services</b><br>Education                                                      | 50% coinsurance after deductible                                               | None                                                                                                                                                                                            |
| Equipment                                                                                  | 50% coinsurance after deductible                                               | None                                                                                                                                                                                            |
| Supplies                                                                                   | 50% coinsurance after deductible                                               | None                                                                                                                                                                                            |
| <b>Medical Supplies, Durable Medical Equipment, and Appliances</b>                         | 50% coinsurance after deductible                                               | May require prior authorization                                                                                                                                                                 |
| <b>Prescription Drugs</b><br><i>Retail</i><br>Tier 0 (Preventive)                          | No charge                                                                      | Up to a 30-day supply<br>May require prior authorization                                                                                                                                        |
| Tier 1 (Low Cost)                                                                          | \$40 copay                                                                     |                                                                                                                                                                                                 |
| Tier 2 (Preferred)                                                                         | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 3 (Non-Preferred)                                                                     | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 4 (Specialty Preferred)                                                               | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 5 (Specialty Non-Preferred)                                                           | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| <i>Mail Order</i><br>Tier 0 (Preventive)                                                   | No charge                                                                      | May require prior authorization<br>Up to a 90-day supply<br>Up to a 90-day supply<br>Up to a 90-day supply<br>Up to a 90-day supply<br>Up to a 30-day supply<br>Up to a 30-day supply           |
| Tier 1 (Low Cost)                                                                          | \$100 copay                                                                    |                                                                                                                                                                                                 |
| Tier 2 (Preferred)                                                                         | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 3 (Non-Preferred)                                                                     | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 4 (Specialty Preferred)                                                               | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |
| Tier 5 (Specialty Non-Preferred)                                                           | 50% coinsurance after deductible                                               |                                                                                                                                                                                                 |

| Covered Service                                                                                           | You Pay<br>(Network Providers Only)              | Limit<br>(If Applicable)                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vision</b> (pediatric)<br>Children's Eye Exam<br>Low Vision Testing and Aids<br><br>Children's Eyewear | No charge<br>No charge<br><br>No charge          | 1 routine eye exam per benefit year<br>Limited to one evaluation and aid per benefit year.<br><br>Limited to one pair of glasses or contact lenses once per benefit year. If medically necessary, a replacement pair of glasses is allowed. |
| <b>Dental</b> (accidental injury)                                                                         | 50% coinsurance after deductible                 | Injury as a result of chewing or biting is not considered an accidental injury.                                                                                                                                                             |
| <b>Dental</b> (pediatric)<br>Children's Dental Check-up<br>Basic/Major Restorative<br>Orthodontic         | \$30 copay<br>40% coinsurance<br>50% coinsurance | 2 dental check-ups per benefit year<br>None<br>Prior authorization is required for medically necessary orthodontia. No limit for medically necessary orthodontia. Cosmetic orthodontia lifetime limit of \$1,700.                           |

**Prior Authorization:** Some health care services require prior authorization from the Plan. Prior authorization is the process used by the Plan to determine those health care services listed on the Plan's prior authorization list that meet evidence-based criteria for medical necessity and are covered services under the Plan prior to the health care service being provided. The provider (in-network or out-of-network) is responsible for obtaining prior authorization for the health care services described on the prior authorization list. Please refer to Section 2 of the Evidence of Coverage at [www.caresource.com/marketplace](http://www.caresource.com/marketplace) for complete details after you are enrolled.

This Schedule of Benefits is a summary of your financial responsibility when you receive health care services from a physician, pharmacy, facility, or other provider. All covered services are subject to the conditions, exclusions, limitations, terms, and rules of the Evidence of Coverage including any rider/enhancements or amendments. Except as otherwise provided in the Evidence of Coverage, covered services must be provided to you by a network provider and medically necessary. The Plan does not cover all health care service expenses. In the event of any discrepancy between this Schedule of Benefits and your Evidence of Coverage, the Evidence of Coverage shall control. For more detailed information about your covered services, please refer to the Evidence of Coverage at [www.caresource.com/marketplace](http://www.caresource.com/marketplace).

For covered services listed in the Evidence of Coverage that are not specifically listed on this Schedule of Benefits, the cost sharing is equal to the coinsurance after the deductible.

This Notice has Important Information. This notice has important information about your application or coverage through CareSource. Look for key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 1-855-202-0622 TTY:711.

## ARABIC

يحتوي هذا الإشعار على معلومات مهمة. يحتوي هذا الإشعار على معلومات مهمة. بخصوص طلبك أو التغطية التي تحصل عليها من خلال CareSource. ابحث عن التواريخ المهمة في هذا الإشعار. قد تحتاج إلى اتخاذ إجراء معين قبل حلول أحد التواريخ للحفاظ على التغطية الصحية التي تحصل عليها أو للحصول على مساعدة بشأن التكاليف. يحق لك الحصول على مساعدة ومعلومات مجاناً وباللغة التي تتحدث بها. اتصل على 1-855-202-0622 TTY:711.

**AMHARIC** ይህ ማስታወቂያ አስፈላጊ መረጃ ይዟል። ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም የ CareSource ሽፋን አስፈላጊ መረጃ አለው። በዚህ ማስታወቂያ ውስጥ ቁልፍ ቀናቶችን ፈልጉ። የጤናን ሽፋንዎን ለመጠበቅና በአከፋፈል አርዳታ ለማግኘት በተውሰኑ የጊዜ ገደቦች አርምድ መውሰድ ይገባዎት ይሆናል። ይህን መረጃ እንዲያገኙ እና ያለምንም ከፍተኛ በጽንዖት አርዳታ እንዲያገኙ መብት አለዎት። 1-855-202-0622 TTY:711 ይደውሉ።

**BURMESE** ဤအသိပေးစာတွင် အရေးကြီးသော အချက်အလက်များ ပါဝင်ပါသည်။ ဤအသိပေးစာတွင် သင့်လျှောက်ထားသူ သို့မဟုတ် CareSource အတွင်း အကျိုးဝင်မှုအကြောင်း အရေးကြီးသော အချက်အလက်များ ပါဝင်ပါသည်။ ဤအသိပေးစာတွင်း အရေးကြီးသော ရက်စွဲများကို ရှာထားပါ။ သင့်ကျန်းမာရေး အကျိုးဝင်မှုအား ဆက်လက်ထားရှိထားရန် သို့မဟုတ် ကုန်ကျစရိတ်များနှင့် ပတ်သက်ပြီး အကူအညီရရှိရန် အချို့သော နောက်ဆုံးရက် သတ်မှတ်ချက်များဖြင့် ဆောင်ရွက်မှုပြုရန် လိုအပ်နိုင်ပါသည်။ သင့်ပြောဆိုသော ဘာသာစကားဖြင့် အကူအညီနှင့် အချက်အလက်များအား အခမဲ့ ရယူနိုင်ရန် အခွင့်အရေးရှိပါသည်။ 1-855-202-0622 TTY:711 ဤတွင် နံပါတ်ဖြည့်သွင်းပါ] သို့ ခေါ်ဆိုပါ။

**CHINESE** 此通知包含重要信息。此通知包含关于您的申请以及 CareSource 医疗保险覆盖范围的重要信息。请仔细查看本通知中的关键日期。您可能需要在某些标注的截止日期前采取行动，以确保您的健康保险有效或者付费项目获得帮助。您有权免费获得以您的语言提供的此信息和帮助。请致电 1-855-202-0622 TTY:711。

**CUSHITE – OROMO** Beeksisni kun odeeffannoo barbaachisaa qaba. Beeksisti kun sagantaa yookan karaa CareSource tiin tajaajila keessan ilaalchisee odeeffannoo barbaachisaa qaba. Guyyaawwan murteessaa ta'an beeksisa kana keessatti ilaalaa. Tarii kaffaltiidhaan deeggaramuuf yookan tajaajila fayyaa keessaniif guyyaa dhuma irratti wanti raawwattan jiraachuu danda'a. Kaffaltii irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuuf mirga ni qabaattu. Lakkoofsa bilbilaa 1-855-202-0622 TTY:711 tii bilbilaa.

**DUTCH** Deze kennisgeving bevat belangrijke informatie. Deze kennisgeving bevat belangrijke informatie over uw aanvraag of dekking via CareSource. Let op belangrijke data in deze kennisgeving. Het kan nodig zijn om actie te ondernemen vóór bepaalde deadlines om uw gezondheidszorgdekking of hulp met de kosten te behouden. U hebt het recht om deze informatie en hulp kosteloos te ontvangen in uw taal. Bel 1-855-202-0622 TTY:711.

**FRENCH (CANADA)** Cet avis contient des renseignements importants. Cet avis contient des renseignements importants sur votre demande d'assurance auprès de CareSource ou la couverture obtenue par l'intermédiaire de CareSource. Prenez connaissance des dates clés mentionnées dans le présent avis. Assurez-vous de respecter les délais indiqués pour conserver votre protection et contribuer à réduire les coûts. Vous avez le droit d'obtenir gratuitement ces renseignements et du soutien dans votre langue. Téléphonez au 1-855-202-0622 TTY:711.

**GERMAN** Dieser Hinweis enthält wichtige Information. Dieser Hinweis enthält wichtige Information über Ihren Antrag oder Ihren Schutz durch CareSource. Achten Sie auf Schlüsseltermine in diesem Hinweis. Sie müssen eventuell innerhalb von bestimmten Fristen Maßnahmen ergreifen, um Ihre Gesundheitsversorgung aufrecht zu erhalten oder Hilfe mit den Kosten zu bekommen. Sie haben Sie das Recht, kostenfrei in Ihrer eigenen Sprache diese Hilfe und Information zu bekommen. Rufen Sie die Nummer 1-855-202-0622 TTY:711 an.

**GUJARATI** આ સુન મેં અગતી મ હલતી છે. આ સુન મેં તમ રી અરજ અથિ CareSource દવ રેસાંકળ ની અગતી મ હલતી છે. આ સુન મેં ની ખ સ ત રીખો જ ઓ. તમે તમારા આરોગ્ય કવરેજ રાખવા અથવા ખચે સાથે મદદ કરવો માટે અમક રોકકસ મદતો દવારો પગલાં લેવાની જરૂર છે. તમને આ મ હલતી અને મદદ તમ રી ભ પ મેં વિન મૂક મેળિ ની અવિક ર છે. આ 1-855-202-0622 TTY:711 સાંપકય કરો.

**HINDI** इस नोटिस में महत्वपूर्ण सूचना है। इस नोटिस में आपके आवेदन या CareSource के माध्यम से आपके कवरेज के बारे में महत्वपूर्ण जानकारी है। इस नोटिस में मुख्य तारिखों को देखें। आपको लागत सहित अपने हेल्थ कवरेज या सहायता को बनाए रखने के लिए विभिन्न समयसीमाओं में कार्रवाई करने की जरूरत हो सकती है। आपके पास बगैर किसी लागत के अपनी भाषा में यह जानकारी और सहायता प्राप्त करने का अधिकार है। कॉल करें, 1-855-202-0622 TTY:711.

**ITALIAN** Questa comunicazione contiene informazioni importanti. Questa comunicazione contiene informazioni importanti circa la sua iscrizione o copertura tramite CareSource. Cerchi le date principali in questa comunicazione. Potrebbe dover intraprendere delle azioni entro certe scadenze per mantenere la Sua copertura sanitaria o per contribuire ai costi. Ha il diritto di avere queste informazioni e supporto nella Sua lingua, senza alcun costo. Chiami il 1-855-202-0622 TTY:711.

**JAPANESE** この通知には重要な情報が含まれています。この通知には、CareSourceの申請または補償範囲に関する重要な情報が含まれています。この通知に記載されている重要な日付をご確認ください。健康保険や有料サポートを維持するには、特定の期日までに措置を講じていただく必要があります。ご希望の言語による情報とサポートが無料で提供されます。1-855-202-0622 TTY:711にご連絡ください。

**KOREAN** 본 통지서는 중요한 정보를 담고 있습니다. CareSource 가입이나 혜택에 대한 중요한 정보가 안내되어 있습니다. 본 통지서에 나와 있는 주요 날짜들을 확인해 주십시오. 의료 혜택을 받거나 비용을 절감하시려면 특정 기한까지 조치를 취하셔야 할 수 있습니다. 원하는 언어로 별도 비용 없이 관련 정보와 안내를 받으실 수 있습니다. 다음 번호로 전화해 주십시오: 1-855-202-0622 TTY:711.

**PENNSYLVANIA DUTCH** Die Bekanntmachung gebt wichdichi Auskunft. Die Bekanntmachung gebt wichdichi Auskunft baut dei Applikation oder Coverage mit CareSource. Geb Acht fer wichdiche Daadem in dei Bekanntmachung. Es iss meeglich, ass du ebbes duh muscht, an beschtimmd Deadlines, so ass du dei Health Coverage bhalde kannscht, odder bezaahle helfe kannscht. Du hoscht es Recht fer die Information un Hilf in deine eegne Schprooch grieve, un die Hilf koschtet nix. 1-855-202-0622 TTY:711

**RUSSIAN** Если у Вас или у кого-то, кому Вы помогаете, есть вопросы относительно CareSource, Вы имеете право бесплатно получить помощь и информацию на Вашем языке. Для разговора с переводчиком, позвоните по номеру 1-855-202-0622 TTY:711.

**SPANISH** Este aviso incluye información importante. Este aviso incluye información importante sobre su solicitud o su cobertura de CareSource. Busque las fechas clave en este aviso. Es probable que deba realizar acciones dentro de determinado plazo para mantener su cobertura médica o recibir ayuda con los costos. Tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Llame al 1-855-202-0622 TTY:711.

**UKRAINIAN** Це Повідомлення містить важливу інформацію. Це повідомлення містить важливу інформацію про вашу заяву чи відшкодування через CareSource. Шукайте важливі дати у цьому повідомленні. Вам може знадобитися вжити заходів у певні терміни, щоб отримати медичне страхування чи допомогу з витратами. Ви маєте право на безкоштовне отримання цієї інформації та допомоги вашою мовою. Зателефонуйте за номером 1-855-202-0622 TTY:711.

**VIETNAMESE** Thông báo này có thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn xin hoặc bảo hiểm của bạn thông qua CareSource. Hãy xem những ngày quan trọng trong thông báo này. Bạn có thể cần phải hành động trước một số thời hạn nhất định để duy trì bảo hiểm sức khỏe của mình hay được trợ giúp có trả phí. Bạn có quyền được nhận thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Vui lòng gọi số 1-855-202-0622 TTY:711.

CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status. CareSource does not exclude people or treat them differently because of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status.

CareSource provides free aids and services to people with disabilities to communicate effectively with us, such as: (1) qualified sign language interpreters, and (2) written information in other formats (large print, audio, accessible electronic formats, other formats). In addition, CareSource provides free language services to people whose primary language is not English, such as: (1) qualified interpreters, and (2) information written in other languages. If you need these services, please contact CareSource at 1-855-202-0622 TTY : 711.

If you believe that CareSource has failed to provide the above mentioned services to you or discriminated in another way on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status, you may file a grievance, with:

CareSource  
Attn: Civil Rights Coordinator  
P.O. Box 1947, Dayton, Ohio 45401  
1-844-539-1732, TTY: 711  
Fax: 1-844-417-6254

[CivilRightsCoordinator@CareSource.com](mailto:CivilRightsCoordinator@CareSource.com)

You can file a grievance by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You may also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office of Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW Room 509F  
HHH Building Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.