



MEDICAL POLICY STATEMENT INDIANA MARKETPLACE PLANS

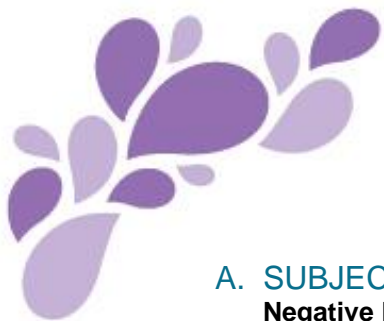
Original Issue Date	Next Annual Review	Effective Date
05/31/2018	09/15/2019	09/15/2018
Policy Name		Policy Number
Negative Pressure Wound Therapy (NPWT)		MM-0228
Policy Type		
MEDICAL	Administrative	Pharmacy
		Reimbursement

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A. SUBJECT

Negative Pressure Wound Therapy

B. BACKGROUND

Negative Pressure Wound Therapy (NPWT), which is also known as vacuum-assisted wound closure, is a type of wound therapy that is used to treat chronic wounds. In the United States, there is an estimated \$25 billion dollars spent on an annual basis for wound management. There are many causes for pressure ulcers such as diabetes, vascular insufficiencies or an underlying medical condition.

NPWT involves the application of subatmospheric pressure to a wound. This type of therapy utilizes an electrical pump, connected to a specialized dressing that then removes debris and exudate from the wound and drains into a collection canister. NPWT is a noninvasive type of therapy that has been shown to be an effective way to accelerate the wound healing of many different types of wounds and ulcers.

To provide a more conducive environment for wound healing, the Negative Pressure Wound Therapy (NPWT) method utilizes a semipermeable dressing that remains moist and warm at all times. This therapy can be done in the home or in an outpatient treatment facility. NPWT typically does not require in-patient monitoring.

C. DEFINITIONS

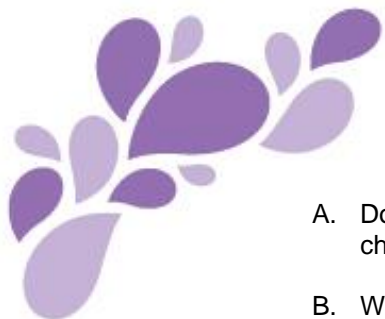
- **Neuropathic Ulcer:** a type of ulcer that occurs due to lack of sensation secondary to Neuropathy which causes skin and underlying tissue to begin to breakdown causing ulcers further complicated by infection.
- **Venous Insufficiency Ulcer:** a type of ulcer that occurs due to the lack of properly functioning venous valves, which causes the veins to increase in size. This causes blood pooling, typically in the lower limbs, and as a result allows proteins from the blood to start deteriorating the subcutaneous tissue.
- **Arterial Insufficiency Ulcer:** a type of ulcer that develops due to the lack of delivery of oxygen-rich blood to the tissue which causes the tissue to begin to deteriorate and develop into an open wound.
- **Deep Tissue Pressure Injury:** a type of injury resulting from a serious pressure ulcer that has advanced. A pressure ulcer that has advanced to a DTI has additional necrosis of underlying soft tissue that may or may not be visible. A DTI will present in the form of a blood blister or dark wound bed that may also be covered in thin eschar. Deep tissue injuries are not typically found until extensive wound intervention is warranted to stop the deterioration of the soft tissue.
- **Pressure Ulcer:** a type of ulcer that develops due to an extended amount of time when there is compression of the soft tissue overlying bony prominences and an outside object causing tissue necrosis.
- **Slough:** avascular (dead) soft tissue found in higher stage ulcers.
- **Undermining:** subcutaneous tissue deterioration around the margin of a wound and may occur in any direction
- **Tunneling:** channels of tissue deterioration that extend from the wound to the subcutaneous tissue typically in a unidirectional direction. Typically associated with an additional infection.
- **Dehisced Wounds:** a wound that has ruptured along the wound margin typically due to infection.
- **Eschar:** black or brown, thick, leathery feeling dead tissue covering an ulcer.



Staging Pressure Ulcers	
Stage 1	A localized area of skin that is intact with non-blanchable erythema. Changes in sensation, temperature or firmness of the skin may be present prior to visual alterations of the skin. If discoloration is purple or maroon, this may indicate a deep tissue injury.
Stage 2	A surface area of skin that has partial-thickness loss of skin with exposed dermis. May initially present as a serum-filled blister that has ruptured. The wound bed will be moist, red/pink and the skin should be viable. There should be no evidence of visible adipose (fatty) tissue, eschar, slough or granulation visible.
Stage 3	A surface area of skin that has full-thickness loss of skin, there will be adipose (fat) tissue and granulation visible. The wound edges are often rolled (epibole), and there may be eschar and slough visible. Undermining and tunneling may occur in the wound. At this stage, there should be no fascia, muscle, tendon ligament, cartilage and/or bones exposed.
Stage 4	A surface area of skin that has full-thickness loss of skin. At this stage, there will be fascia, muscle, tendon, ligament, cartilage or bone that is visible or directly palpable. The wound edges will be rolled (epibole), and there is typically eschar and slough visible. Undermining and tunneling occur often in the wound.
Unstageable	Inability to fully assess the extent of the tissue damage due to eschar or slough obscuring your visibility, but you can see that there is full-thickness skin and tissue loss, then it would be unstageable.

D. POLICY

- I. Coverage for Negative pressure wound therapy is indicated when ONE of the following eligible conditions are present:
 - A. Stage III or IV pressure ulcer (see staging criteria above) in individuals who meet ALL of the following:
 1. Member has been on an every 2 hour turning and repositioning regimen
 2. Pressure relief techniques have been ordered and documented ongoing compliance is in member medical record (ex. foam overlay mattress, egg crate foam mattress or low-air-loss devices)
 - B. Chronic Neuropathic Ulcer that meets BOTH of the following criteria:
 1. A comprehensive diabetic management program has been implemented including A1C management, medication management and ongoing diabetic education
 2. Foot care has been done by medical professional to include general inspection, nail care and monofilament testing.
 - C. Ulcers related to venous or arterial insufficiencies, that meet ALL of the following criteria:
 1. Compression garments/dressing are being applied per physician orders in documented plan of care.
 2. Ambulation and leg elevation have been ordered and documented ongoing compliance is in member medical record
 - D. Wound that has either dehisced, has exposed bone or has exposed hardware
 - E. Post sternotomy wound complication
 - F. Surgically created wound with complications resulting in a need for accelerated granulation therapy that cannot be achieved by other treatment modalities such as topical wound treatment
- II. Caresource members may be eligible for the continuation of NPWT treatment for an additional 31 days when documentation by a licensed medical professional is provided and ALL of the following criteria are met:



- A. Documentation that a licensed medical professional has directly performed the dressing change
 - B. Wound has measureable improvement.
 - 1. If no improvement from month to month, the approval for the NPWT will be discontinued.
 - 2. Exception to measureable improvement is when a wound has been debrided within the last approval period, documentation of debridement must accompany the request for continuation of NPWT. Before and after images are preferred.
 - C. If abnoral, provisions have been made to the members nutritional status
 - D. Members underlying medical conditions are being monitored and controlled by licensed medical professional
- III. Caresource does not cover NPWT for nonhealing wounds or ulcers under ANY of the following medical conditions because it is not considered medically necessary:
- A. Exposed nerves, exposed blood vessels or exposed organs
 - B. Infection present in the wound or osteomyelitis that is not being concurrently treated with the intent to cure
 - C. Malignancy is present in the wound
 - D. Necrotic tissue is present in the wound with eschar and has not been debrided.
 - E. Open fistula is present to an organ or body cavity within the vicinity of the wound
- IV. Caresource does not reimburse separately for NPWT when applied during surgery. The NPWT is covered under the surgery code. After the initial 31 day approval, the provider can request a continuation of NPWT.
- V. Caresource will only approve up to the following maximum allowances for supplies:
- A. 15 dressing kits per wound, per 31 days
 - 1. Additional dressing kits may be authorized if the wound size requires more than 1 dressing kit for each dressing change
 - B. 10 canister sets per 31 days
 - 1. Additional canister sets may be approved if there is sufficient documentation showing a large volume of drainage, greater than 90 ml of exudate per day.

E. CONDITIONS OF COVERAGE

HCPCS
CPT

AUTHORIZATION PERIOD

F. RELATED POLICIES/RULES

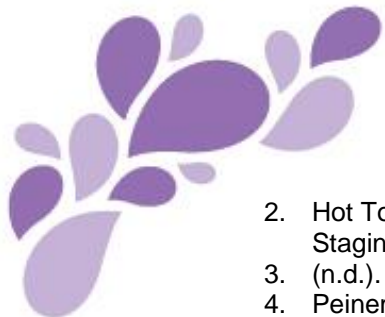
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G. REVIEW/REVISION HISTORY

DATE		ACTION
Date Issued	05/31/2018	New Policy.
Date Revised		
Date Effective	09/15/2018	

H. REFERENCES

1. Bobkiewicz, A., Studniarek, A., Drews, M. and Banasiewicz, T. (2016). Negative pressure wound therapy with instillation (NPWTi): Current status, recommendations and perspectives in the context of modern wound therapy. *Negative Pressure Wound Therapy Journal*, 3(1).



2. Hot Topics. (n.d.). Retrieved April 16, 2018, from National Pressure Ulcer Advisory Panel: Staging of Pressure Ulcers
3. (n.d.). Wound Care Centers: Negative Pressure Wound Therapy.
4. Peinemann F, Sauerland S. Negative-Pressure Wound Therapy: Systematic Review of Randomized Controlled Trials. *Deutsches Ärzteblatt International*. 2011;108(22):381-389.

The Medical Policy Statement detailed above has received due consideration as defined in the Medical Policy Statement Policy and is approved.

Independent medical review – 05/2018