

# MEDICAL POLICY STATEMENT INDIANA MARKETPLACE PLANS

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Drug Testing			MM-0130		
Policy Type					
MEDICAL	Administrative	Pharmacy	Reimbursement		

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## **Contents of Policy**

<u>MED</u>	<u>ICAL POLICY STATEMENT</u>	1
TABL	<u>E OF CONTENTS</u>	1
<u>A.</u>	<u>SUBJECT</u>	2
	BACKGROUND	
	<u>DEFINITIONS</u>	
	POLICY	
	CONDITIONS OF COVERAGE	
	RELATED POLICIES/RULES	
G.	REVIEW/REVISION HISTORY	11
	REFERENCES	



#### B. BACKGROUND

Monitoring for controlled substances is performed to detect the use of prescription medications and illegal substances of concern for the purpose of medical treatment. Monitoring for controlled substances plays a key role particularly in the care of persons undergoing medical treatment with chronic pain therapy and substance use disorder (SUD). Drug testing that is medically necessary for the management of members being treated with drugs that are potentially abusive or addictive such as opioids and related medications, or for members suspected of using illicit drugs solely or in combination with prescribed controlled substances is billable to CareSource. Qualitative/presumptive drug testing performed as part of routine, prenatal care for pregnant members is also billable to CareSource.

Providers should have a working knowledge of analytic detection including primary agents, metabolites, lab threshold concentrations, and time periods involved in detection. The combination of a patient's self-report and drug testing results serve as important tools in controlled substance monitoring, as well as a point of patient engagement.

Qualitative/presumptive testing is a routine part of care, used when immediate results are needed, knowing results may be less accurate than quantitative/confirmatory tests. Quantitative/confirmatory testing is used when results may affect changes in medication, when patients dispute qualitative/presumptive results, or in treatment transitions.

Anecdotal evidence to support testing for individual patients should be balanced with the limited population evidence for added value of multiple tests for chronic pain patients or SUD patients. For example, in a 2015 evaluation of 2,551,611 de-identified patients' urine drug test results over four years in the U.S., Quest Diagnostics identified that the best achieved yearly inconsistency rate in all urine drug tests was (when the results of a drug test are not consistent with the patient's history and prescribed medicines) 53% (in 2014 vs 63% in 2011).

#### C. DEFINITIONS

- Intensive Outpatient Services (IOP) generally provide increased weekly services consisting
  primarily of counseling and education for Substance Abuse Disorder (SUD).
- Partial Hospital Program (PH or PHP), sometimes known as "Day Treatment" is characterized by:
  - Individual has a moderate risk of severe withdrawal
  - Generally features 20 or more hours per week of clinically-intensive programming
  - Adolescents receive services often during school hours and typically have access to educational services (or are coordinated with school)
  - Psychiatric and medical consultation usually within 8 hours by phone or 48 hours in person
  - Highly structured, distinct clinical services required
- Clinically-managed, low-intensity residential services
  - No withdrawal risk, or minimal or stable withdrawal
  - Typically in a halfway house, group or other supportive living environment with 24-hour staff
  - Individuals who, because of specific functional limitations, need safe and stable living environment and 24-hour care
  - Services are community-based, not hospital-based
  - Clinical services usually no less than 5 hours per week
  - Community and house meetings, emphasis on community recovery



- Qualitative analysis The testing of a substance or mixture to determine its chemical constituents, also known as presumptive testing.
- Quantitative test A test that determines the amount of a substance per unit volume or unit weight, also known as confirmatory testing.
- Early and Periodic Screening, Diagnostic and Treatment (EPSDT) this benefit provides comprehensive and preventive health care services for children under age 21 who are enrolled in Medicaid. EPDST is key to ensuring that children and adolescents receive appropriate preventive, dental, mental health, and developmental, and specialty services through early diagnosis and treatment. The program specifically covers comprehensive health and developmental histories, immunizations, health education, vision services, dental services, hearing services, and any additional health care diagnostic and treatment services for physical and mental illnesses that are coverable under the federal Medicaid program and found to be medically necessary to treat, correct or reduce illnesses and conditions discovered, regardless of whether the service is covered in a state's Medicaid plan. Under the EPSDT program, any Medicaid provider can find a problem, make a referral or provide treatment. This includes doctors, nurses, dentists, physical therapists, occupational therapists, speech therapists, psychologists, psychiatrists and other health care professionals.
- Random alcohol and drug test a lab test administered at an irregular interval which is not announced in advance to the person being tested, and which detects the presence of alcohol, drugs or substances in the individual.
- Outpatient Treatment Programs (OTP) drug testing requirements for substance use
  disorder treatment, in the US Federal Code, "OTPs must provide adequate testing or analysis
  for drugs of abuse, including at least eight random drug abuse tests per year,
  per patient in maintenance treatment, in accordance with generally accepted clinical practice.
  For patients in short-term detoxification treatment, the OTP shall perform at least one initial
  drug abuse test. For patients receiving long-term detoxification treatment, the program shall
  perform initial and monthly random tests on each patient."
- Medication Assisted Treatment (MAT) treatment of opioid SUD with buprenorphine, methadone, or Vivitrol.
- Independent Laboratory A laboratory certified to perform diagnostic and/or clinical tests independent of an institution or a provider's office.
- **Participating/Non-participating** Participating means in-network and contracted with CareSource. Non-participating means out-of-network, not contracted by CareSource.

### D. POLICY

- I. **Prior Authorization**: Prior Authorization is required for drug testing as outlined in this policy.
  - A. CareSource will consider all prior authorization requests when they are medically necessary to the member's treatment and care, or if they fall within the standards of care under EPSDT guidelines.
    - 1. For all members, prior authorization for drug testing is not required in the emergency room (ER) setting when it is needed to evaluate acute overdose.
    - 2. For members age 6 and younger, prior authorizations are not required for drug testing, and there is no limit on the number of drug tests for a child in this age group.
    - 3. For members age 7 and older, prior authorization for drug testing is required when:
      - 3.1 The member reaches the limits imposed by this policy within the rolling 90-day time period (See Section X below); or,
      - 3.2 The type of drug test or type of sample used for the drug testing is not covered by this policy.

#### II. Clinical Situation

A. The member's clinical situation warrants additional testing and is medically necessary as indicated by **ONE** or more of the following.



- 1. The member is receiving Intensive Outpatient Services (IOP) or Partial Hospital Services (PH or PHP sometimes known as "Day Treatment") for Substance Use Disorder (SUD). **ALL of the following**;
  - 1.1 Member meets criteria for Opioid Use Disorder
  - 1.2 Testing frequency as indicated by **ONE of the following:** 
    - a. Testing is ordered no more frequently than weekly.
    - b. Testing required above minimum guideline thresholds as indicated by the **TWO or more of the following:** 
      - (1) Poor participation in services.
      - (2) Collateral information from member's support network reporting recent use.
      - (3) Evidence of intoxication or behavior suggesting renewed use
      - (4) Recent deterioration in functioning (loss of job, school, active BH symptoms).
      - (5) State Prescription Monitoring Program shows DEA drug prescriptions that member did not disclose.
  - 1.3 Provider has documented current or planned action to support member if drug test result shows unexpected result or medication not disclosed by member and includes TWO or more of the following:
    - a. MAT dose adjustment.
    - b. Second opinion or consultation with another prescriber.
    - c. Level of Care increased to **ONE of the following:** 
      - (1) Partial Hospital Services (PHP).
      - (2) Residential.
      - (3) Inpatient.
    - d. Planned changes in TWO or more of the following:
      - (1) Individual Counseling.
      - (2) Group counseling.
      - (3) Prescriber visits.
      - (4) Narcotic anonymous visits/AA visits.
      - (5) High-risk living environment.
    - e. Other.
- The member is in Induction Phase of Medication Assisted Treatment (MAT) for Substance Use Disorder (SUD) with buprenorphine/naloxone products, buprenorphine products, or methadone and the medical record includes documentation that supports ALL of the following criteria:
  - 2.1 Member meets criteria for Opioid Use Disorder
  - 2.2 Testing frequency as indicated by **ONE of the following**;
    - a. Testing is ordered no more frequently than weekly during the induction.
    - b. Testing required above minimum guideline thresholds as indicated by the **TWO** or more of the following.
      - (1) Poor participation in services.
      - (2) Collateral information from member's support network reporting recent use.
      - (3) Evidence of intoxication or behavior suggesting renewed use.
      - (4) Recent deterioration in functioning (loss of job, school, active BH symptoms).
      - (5) State Prescription Monitoring Program shows DEA drug prescriptions that member did not disclose.
  - 2.3 Provider has documented current or planned action to support member if drug test result shows unexpected result or medication not disclosed by member and includes **TWO or more of the following**:
    - a. MAT dose adjustment.
    - b. Second opinion or consultation with another prescriber.

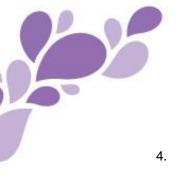






- c. Level of Care increased to **ONE of the following:** 
  - (1) Opioid Treatment Program.
  - (2) Intensive Outpatient Program (IOP).
  - (3) Partial Hospital Services (PHP).
  - (4) Residential.
  - (5) Inpatient.
- d. Planned changes in TWO or more of the following:
  - (1) Individual Counseling.
  - (2) Group counseling.
  - (3) Prescriber visits.
  - (4) Narcotic anonymous visits/AA visits.
  - (5) High-risk living environment.
- e. Other.
- 2.4 Member demonstrates **ALL of the following:** 
  - a. Readiness for treatment.
  - b. Adheres to program rules and expectations.
  - c. No unsafe behaviors putting self or others at risk.
- 2.5 Provider documents that member is in the appropriate level of care for the service being provided.
- 2.6 Induction documentation shows member was in mild or higher withdrawal at the time of induction including **ONE** or more of the following:
  - a. Score from a validated opioid withdrawal scale [(e.g. Clinical Opioid Withdrawal Scale (COWS) or Clinical Institute Narcotic Assessment (CINA)].
  - Documentation demonstrates that member had the following withdrawal.
     symptoms after stopping or reducing an opioid by THREE or more of the following:
    - (1) Dysphoric mood.
    - (2) Nausea or vomiting.
    - (3) Muscle aches.
    - (4) Lacrimation or rhinorrhea.
    - (5) Pupillary dilation, piloerection or sweating.
    - (6) Diarrhea.
    - (7) Yawning.
    - (8) Fever.
    - (9) Insomnia.
- 3. The member's behaviors demonstrate potential risk of diversion and the documentation supports **ALL of the following** criteria:
  - 3.1 State Prescription Monitoring Program results reveal **THREE or more of the following:** 
    - a. Scheduled DEA drug appears that member did not disclose.
    - b. Member using more than 4 prescribers to obtain Scheduled DEA drug within past 90 days.
    - c. Member is using more than 4 pharmacies to obtain Scheduled DEA drug within past 90 days.
    - d. 12 or more Scheduled DEA drug prescriptions within last 90 days.
  - 3.2 Provider documented risk factors including **THREE** or more of the following:
    - a. Requests for early refills.
    - b. Recent drug screen does not show MAT drug or metabolite.
    - c. Member claims lost prescription, lost medication, or stolen medication.
    - d. Pill counts (or film counts) are not correct.
    - e. Collateral information from member's support network alleging diversion.
    - f. Multiple recent ED visits where DEA drugs are prescribed (e.g., pain complaints).
    - g. Involvement in criminal justice system during treatment.





- 3.3 Provider documents planned consequence if diversion likely based on result of this drug test order result and other risk factor data.
- 4. The member is being treated for chronic pain and the medical record includes ALL of the following:
  - 4.1 Member has a chronic pain diagnosis.
  - 4.2 Testing frequency is indicated by **ONE of the following:** 
    - a. Testing ordered no more frequently than 4 times per year using **ONE of the following** validated risk tools:
      - (1) Screener and Opioid Assessment for Patients with Pain (SOAPP-R).
      - (2) Opioid Risk Tool (ORT).
      - (3) Other (Please NOTE).
    - b. Testing required above minimum guideline thresholds as indicated by the **ONE or more of the following:** 
      - (1) Documented use of drug/substances other than as prescribed (misuse), or substance-related disorder symptoms as indicated by TWO or more of the following:
        - i. Poor participation in services.
        - ii. Collateral information from member's support network reports misuse or abuse of medication, use of medication not prescribed, or diverting medication.
        - iii. Evidence of intoxication or behaviors suggesting substance-related disorder.
        - iv. Recent deterioration in functioning (loss of job, school, important relationships, new BH symptoms).
        - v. State Prescription Monitoring Program shows DEA drug prescriptions that member did not disclose.
      - (2) Current or planned action taken to support member at risk for addiction is documented includes **ONE** or more of the following:
        - Provide addiction assessment on site if behavioral health services are integrated.
        - ii. Refer for addiction assessment and treatment program.
        - iii. Introduction of alternative pain therapies without addictive properties.
        - iv. Use of motivational interviewing or other technique to motivate member to change.
- 5. The member is receiving Residential Level of Service for Substance Use Disorder (SUD) and **ALL of the following** criteria are met.
  - 5.1 Member meets criteria for opioid use disorder.
  - 5.2 Testing frequency is indicated by **ONE of the following**:
    - a. Testing ordered no more frequently than monthly.
    - b. Testing required above minimum guideline thresholds as indicated by the **TWO or more of the following:** 
      - (1) Poor participation in services.
      - (2) Collateral information from member's support network reporting recent use.
      - (3) Evidence of intoxication or behavior suggesting renewed use.
      - (4) Recent deterioration in functioning (loss of job, school, active BH symptoms).
      - (5) State Prescription Monitoring Program shows DEA drug prescriptions that member did not disclose.
  - 5.3 Provider has documented current or planned action to be taken to support member at risk for dropping out of treatment if drug test result shows medication other than prescribed medications and includes **TWO or more of the following:** 
    - a. MAT dose adjustment.



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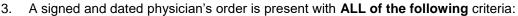


- b. Second opinion or consultation with another prescriber.
- c. Level of Care increased to **ONE of the following**:
  - (1) Higher Intensity Residential.
  - (2) Inpatient.
- d. Planned changes in TWO or more of the following:
  - (1) Individual Counseling.
  - (2) Group counseling.
  - (3) Prescriber visits.
  - (4) Narcotic anonymous visits/AA visits.
  - (5) High-risk living environment.
- e. Other.
- 5.4 Drug/substance testing is NOT being ordered as a program requirement to remain in residential program.
- 5.5 Drug/substance testing is NOT for pre-employment testing or to meet federal requirements in the transportation industry to retain employment.
- The member is pregnant and provider documentation supports medical necessity of requested test.
- 7. The member is under the age of 21 and provider documentation supports medical necessity of requested test.

#### III. **General Criteria**

- The member's medical record includes documentation that supports **ALL of the** following General Criteria for coverage:
  - 1. Order for drug testing specifies the type of test to be performed as indicated by **ONE** of the following:
    - 1.1 A QUALITATIVE (presumptive) test is medically necessary beyond limits of CareSource Drug Testing Policy for the Clinical Situation(s) applicable in Section II above.
    - 1.2 A QUANTITATIVE (definitive/confirmatory) test is medically necessary beyond limits of CareSource Drug Testing Policy necessity for the Clinical Situation(s) applicable in Section II above as indicated by ONE of the following:
      - a. A qualitative/presumptive test was performed and requires confirmation, and **ALL of the following** criteria are met:
        - (1) A quantitative is required of a qualitative test result shows an unexpected finding or is inconclusive.
        - (2) The member contests the result of the qualitative/presumptive drug test performed.
      - b. Testing is requested for a drug/substance that has no qualitative/presumptive test equivalent and ALL of the following criteria are met for coverage:
        - (1) Provider intends to change treatment plan based on a confirmation of a contested positive result and documents change in the clinical record
        - (2) Drug/substance to be tested meets ONE of the following:
          - A MAT drug or metabolite (e.g. buprenorphine or methadone)
          - ii. A synthetic or semi-synthetic opioid is documented as one of the member's drug/substance of choice, or the member periodically uses one of these opioids.
          - iii. Member has demonstrated ongoing use of another drug/substance to get high or alter the effects of a drug/substance including MAT, and the drug/substance can only be tested quantitatively.
  - 2. The reason for the test is documented (rationale for the specific test ordered) and includes TWO or more of the following criteria:
    - 2.1 Member's history of drug/substance of choice.
    - 2.2 Drug/substances prevalent in the member's geographic region for testing occasionally as part of random testing.





- 3.1 Drug testing orders are individualized without the use of the following: standing orders, routine multi-panel tests, and reflexive testing (i.e., automatically performing confirmatory testing on the specimen prior to reviewing qualitative results with the member).
- 3.2 Order includes type of test (presumptive vs. confirmatory).
- 3.3 Order includes list of all medications currently prescribed for the patient as of the test date (including over-the-counter medications).
- 3.4 The treatment provider's name is included on all orders for testing.
- 3.5 Member is provided results of drug testing in a timely manner.
- IV. Individualized Testing: In all cases other than routine qualitative drug testing as part of prenatal care, medical necessity for submitted charges must be individualized and documented in the member's medical record and included in the treatment plan of care. CareSource does not provide coverage for drug testing for forensic, legal, employment, transportation, school purposes or other third-party requirement
- V. Non-Urine Testing: CareSource will reimburse blood testing in emergency department settings only, to evaluate acute overdose. Drug testing with blood samples performed in any other setting outside of an ER requires that medical record documentation meets criteria in the above Section D.II. Hair, saliva, or other body fluid testing for controlled substance monitoring has limited support in medical evidence and is not covered unless medical record documentation meets criteria in the above Section D.II. If covered, non-urine drug testing is reimbursed at the lesser of coverage amounts per CPT for urine testing and non-urine testing.
- VI. **Urine Testing**: Urine for clinical drug testing is the specimen of choice because of its high drug concentrations and well-established testing procedures. Nevertheless, urine is one of the easiest specimens to adulterate.
  - A. If the provider suspects such an occurrence, the provider may choose to evaluate specimen validity using validity tests. Specimen validity testing is considered to be a quality control issue and is included in the CPT code payment. Additional codes for specimen validity testing should not be separately billed to CareSource. Tests for creatinine, specific gravity, temperature or nitrates are not billable to and will not be reimbursed by CareSource. Failure to document customized tests with medical necessity information for each individual member and for each of the drug tests ordered will result in the denial of the claim for reimbursement, audit, and/or overpayment requests, and any other program means for enforcing this policy.
  - B. Drug testing should be focused on the detection of specific drugs and not routinely include a panel of all drugs of abuse.
  - C. Orders for "custom profiles," "standing orders," "drug screen panel", "custom panel", "blanket orders," "reflex testing" or to "conduct additional testing as needed," are not billable to and will not be reimbursed by CareSource.
  - D. Testing on a routine basis is neither random nor individualized. Routine or reflex testing is not billable to and will not be reimbursed by CareSource. A random basis is defined as a basis which the patient cannot predict ahead of time. For example, testing performed at every clinical visit is not random.
  - E. CareSource does not provide coverage for testing as a requirement to stay in a facility, for example, in sober living or residential locations. Other than medically necessary indications for testing, drug testing required for a residential program is included in the cost of and payment for that program.
  - F. Providers and laboratories will need to ensure specimen integrity appropriate for the stability of the drug agent being tested, until the prior authorization process is completed, for example, freezing a specimen.



- VII. Provider Orders: CareSource requires that the ordering provider's name appear in the appropriate lines of the claims form; any claim that does not include this information is incomplete and therefore not billable to and will not be reimbursed by CareSource. A signed and dated provider order for the drug testing is required. The provider's order must specifically match the number, level and complexity of the testing components performed.
- VIII. **Non-participating providers**: Non-participating providers are not covered for drug testing laboratory services. Non-participating providers may use participating laboratories for drug testing services.

#### IX. Documentation Requirements:

All documentation must be accurate, complete, maintained in the member's medical record and available to CareSource upon request. The following documentation requirements apply:

- A. Medical record documentation (e.g., history and physical, progress notes) maintained by the ordering provider/treating provider must indicate the medical necessity for performing a qualitative/presumptive drug test.
- B. Every page of the record must be legible and include appropriate member identification information (e.g., complete name, dates of service(s)).
- C. The record must include the identity of the physician or non-physician practitioner responsible for and providing the care of the member.
- D. The submitted medical record should support the use of the selected ICD-10-CM code(s) with appropriate indications for urine drug testing.
- E. The submitted CPT/HCPCS code should accurately describe the service performed.
- F. Copies of test results alone without the proper provider's order for the test are not sufficient documentation of medical necessity to support a claim.
- G. Drug testing records and related entries in a member's medical record must be provided to CareSource upon request for auditing of medical necessity. Documentation must support medical necessity and specify why each test is ordered. Documentation must also support the number of analytes requested for testing, and what action the provider will take based upon the findings.

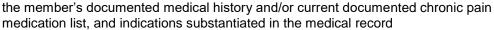
#### X. Quantity Limitations

- A. CareSource will reimburse for up to 6 qualitative/presumptive tests in any rolling 90 day period for each member.
- B. Prior authorization must be obtained by the provider or lab for any and each quantitative/definitive drug test.
- C. Within these limits, only 1 multi-panel test, (i.e., testing for each category of a drug class, including metabolite(s) (if performed,) may be billed per day (same date of service (DOS)) unless the ordering provider or providing lab has obtained prior authorization from CareSource.
- D. CareSource will cover only one qualitative/presumptive test per date of service.
- E. Each CPT code is counted as a test toward these limits.
- F. Prior authorization must be obtained by the ordering/referring provider or lab for any drug testing performed exceeding these limits. CareSource will consider all such requests when they are medically necessary to the member's line of treatment

#### XI. Confirmatory and Duplicative Testing

A. Routine multi-drug quantitative/confirmatory testing is not billable to and will not be reimbursed by CareSource. Quantitative/confirmatory testing must be individualized for the member and medically necessary. Routine confirmations (quantitative) of drug tests with negative results are not covered by CareSource. Quantitative/confirmatory testing is covered for a negative drug/drug class test when the negative finding is inconsistent with





B. Routine nonspecific or wholesale orders for drug testing (qualitative), confirmation or (quantitative) drugs of abuse testing are not billable.

#### XII. Independent Laboratories

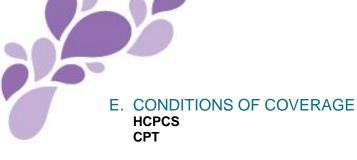
- A. Drug testing conducted for CareSource members by non-participating labs or facilities is not billable to and will not be reimbursed by CareSource, even if such tests were ordered by a participating provider.
- B. CareSource may require documentation of FDA-approved complexity level for instrumented equipment, and/or CLIA Certificate of Registration, Compliance, or Accreditation as a high complexity lab.
- C. Both participating providers and non-participating providers may potentially order laboratory tests for CareSource members.
- Only participating independent laboratories can bill for quantitative/confirmatory drug tests.
- E. Laboratories must have the appropriate level of CLIA certifications for the testing performed and be participating with CareSource.
- F. Claims are not billable to CareSource if submitted by laboratories that are non-participating with CareSource.
- G. The ordering/referring provider must include the clinical indication/medical necessity and any required prior authorizations in the order for the drug test as outlined above. The independent laboratory performing the drug testing must maintain hard copy documentation of the lab results, along with copies of the ordering/referring provider's order for the drug test and any required prior authorizations. Participating laboratories performing drug testing services must bill CareSource directly. CareSource does not allow pass-through billing of services. Any claim submitted by a provider which includes services ordered by that provider, but are performed by a person or entity other than that provider or a direct employee of that provider, is not billable to CareSource.

#### XIII. Other Non-billable Drug Testing

- A. Standing orders set up between a provider and a laboratory which are prewritten and/or result in the same drugs and drug classes to be tested on a routine, repeat basis, are not billable to and will not be reimbursed by CareSource.
- B. Drug testing is not billable to and will not be reimbursed by CareSource if required by a third party such as:
  - 1. Medico-legal purposes (e.g., court-ordered drug testing) or
  - 2. For employment purposes (e.g., as a pre-requisite for employment or as a requirement for continuation of employment).
  - 3. As a condition of:
    - 3.1 Participation in school or community athletic activities or programs3.2 Participation in school or community extra circular activities or programs
  - 4. As a component of a routine physical/medical examination; (e.g. enrollment in school, enrollment in the military, etc.
  - 5. As a component of medical examination for any other administrative purposes not listed above (e.g., for purposes of marriage licensure, insurance eligibility, etc.).
  - 6. As a requirement to live in sober housing or residential services. Other than medically necessary indications for testing, drug testing required for a residential program is included in the cost of and payment for that program.

**NOTE**: Compliance with the provisions in this policy may be monitored and addressed through post-payment data analysis, subsequent medical review audits, recovery of overpayments identified, and provider prepay review.





#### **AUTHORIZATION PERIOD**

#### F. RELATED POLICIES/RULES

**Drug Testing Reimbursement Policy (PY-0329):** 

#### G. REVIEW/REVISION HISTORY

DATES		ACTION	
Date Issued	12/13/2017	New Policy.	
Date Revised			
Date Effective	03/17/2018		

#### H. REFERENCES

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The Medical Policy Statement detailed above has received due consideration as defined in the Medical Policy Statement Policy and is approved.

