



Administrative Policy Statement KENTUCKY MARKETPLACE PLANS

| Policy Name | Policy Number | Date Effective |
|----------------------------------|-----------------------|----------------|
| Medical Necessity Determinations | AD-0049 | 3/1/2020 |
| Policy Type | | |
| Medical | ADMINISTRATIVE | Pharmacy |
| | | Reimbursement |

Administrative Policy Statements prepared by CSMG Co. and its affiliates (including CareSource) are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Administrative Policy Statements prepared by CSMG Co. and its affiliates (including CareSource) do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

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A. Subject

Medical Necessity Determinations

B. Background

CareSource will determine medical necessity for a requested service, procedure, or product based on the hierarchy within this policy.

C. Definitions

- **Medically Necessary:** Health care services or supplies needed to prevent, diagnose or treat an illness, injury, condition, disease or its symptoms and that meet accepted standards of medicine.

D. Policy

- I. The reviewer will determine medical necessity based on the following hierarchy:
 - A. Benefit contract language.
 - B. Federal regulation or state regulation.
 - C. CareSource medical policy statements.
 - D. Nationally-accepted evidence-based clinical guideline (MCG).
 - E. Professional judgment of the medical or behavioral health reviewer based on the following potential resources (may include but are not limited to):
 1. Clinical Practice Guidelines published by consortiums of medical organizations and generally accepted as industry standard.
 2. Evidence from TWO published studies from major scientific or medical peer-reviewed journals that are < 5 years old preferred and < 10 years required to support the proposed use for the specific medical condition as safe and effective.
 3. National panels and consortiums such as NIH (National Institutes of Health), CDC (Centers for Disease Control and Prevention), AHRQ (Agency for Healthcare Research and Quality), NCCN (National Comprehensive Cancer Network), Substance Abuse and Mental Health Services Administration (SAMHSA). Studies must be approved by a United States (US) institutional review board (IRB) accredited by the Association for the Accreditation of Human Research Protection Programs, Inc. (AAHRPP) to protect vulnerable minors.
 4. Commercial External Review Organizations such as Up-to-date and Hayes, Inc.
 5. Consultation from a like specialty peer.
 6. Specialty and sub-specialty societies listed below (This is not an all-inclusive list):



| Sub-specialty | Specialty Society |
|--|---|
| Cardiology | American College of Cardiology |
| Clinical Cardiac Electrophysiology | Heart Rhythm Society |
| Critical Care Medicine | Society of Critical Care Medicine |
| Endocrinology, Diabetes and Metabolism | American Academy of Clinical Endocrinologists Endocrine Society |
| Gastroenterology | American Gastroenterological Association American College of Gastroenterology |
| Geriatric Medicine | American Geriatrics Society |
| Gynecology | American Congress of Obstetricians and Gynecologists Society of Gynecologic Oncologists: |
| Gynecologic Oncology | Society of Gynecologic Oncologists |
| Hematology | American Society of Hematology |
| Hospice and Palliative Medicine | American Academy of Hospice and Palliative Medicine |
| Infectious Disease | Infectious Disease Society of America |
| Internal Medicine | UpToDate |
| Nephrology | American Society of Nephrology |
| Oncology | American Society of Clinical Oncology |
| Pediatrics | American Academy of Pediatrics |
| Psychiatry | American Psychiatric Association American Academy of Child & Adolescent Psychiatry |
| Pulmonary Disease | American College of Chest Physicians |
| Rheumatology | American College of Rheumatology |
| Sleep Medicine | American Academy of Sleep Medicine |
| Surgery of the Hand | American Society for Surgery of the Hand |

E. Conditions of Coverage

F. Related Policies/Rules

CareSource Evidence of Coverage



G. Review/Revision History

| DATES | | ACTION |
|-----------------------|--|--|
| Date Issued | 6/15/2012 | |
| Date Revised | 07/15/2013 07/15/2014 05/19/2015 12/15/2015 9/1/2017 12/11/2019 | Criteria changes with specialty/sub-specialty table added to policy. Revise language to include 'professional judgment in the absence of evidence-based methodology' and change order of Plan hierarchy. Revised class/category and defined evidence criteria for article submissions. Added rules, added definitions, removed hyperlinks, updated external review organizations and updated age restrictions. |
| Date Effective | 3/1/2020 | New Policy |
| Date Archived | | |

H. References

1. CareSource. (2019). Evidence of Coverage. Retrieved from <https://www.caresource.com/ky/plans/marketplace/plan-documents/>

The Administrative Policy Statement detailed above has received due consideration as defined in the Administrative Policy Statement Policy and is approved.