



## REIMBURSEMENT POLICY STATEMENT KENTUCKY MARKETPLACE PLANS

Policy Name		Policy Number	Effective Date
Glycosylated Hemoglobin A1C		PY-0336	02/01/2020-12/31/2021
Policy Type			
Medical	Administrative	Pharmacy	<b>REIMBURSEMENT</b>

Reimbursement Policy Statement: Reimbursement Policies prepared by CSMG Co. and its affiliates (including CareSource) are intended to provide a general reference regarding billing, coding and documentation guidelines. Coding methodology, regulatory requirements, industry-standard claims editing logic, benefits design and other factors are considered in developing Reimbursement Policies.

In addition to this Policy, Reimbursement of services is subject to member benefits and eligibility on the date of service, medical necessity, adherence to plan policies and procedures, claims editing logic, provider contractual agreement, and applicable referral, authorization, notification and utilization management guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any federal or state coverage mandate, Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

This Policy does not ensure an authorization or Reimbursement of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced herein. If there is a conflict between this Policy and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

CSMG Co. and its affiliates may use reasonable discretion in interpreting and applying this Policy to services provided in a particular case and may modify this Policy at any time.

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## A. Subject

### Glycosylated Hemoglobin A1C

## B. Background

Reimbursement policies are designed to assist you when submitting claims to CareSource. They are routinely updated to promote accurate coding and policy clarification. These proprietary policies are not a guarantee of payment. Reimbursement for claims may be subject to limitations and/or qualifications. Reimbursement will be established based upon a review of the actual services provided to a member and will be determined when the claim is received for processing. Health care providers and their office staff are encouraged to use self-service channels to verify member's eligibility.

It is the responsibility of the submitting provider to submit the most accurate and appropriate CPT/HCPCS code(s) for the product or service that is being provided. The inclusion of a code in this policy does not imply any right to reimbursement or guarantee claims payment.

Glycated hemoglobin/protein testing is widely accepted as medically necessary for the management and control of diabetes. Glycosylated hemoglobin A1C/protein levels are used to determine long-term glucose control in diabetes. Glycosylated hemoglobin levels reflect the average level of glucose in the blood over a three-month period.

## C. Definitions

- **Glycosylated Hemoglobin (A1C)** – a blood test that measures your average blood sugar levels over the past 3 months. It is one of the commonly used tests to diagnose prediabetes and diabetes.
- **Glycated protein** - a blood test that is used to assess glycemic control over a period of 1-2 weeks and long-term control in diabetic patients with abnormalities of erythrocytes.

## D. Policy

- I. Prior authorization is not required for participating providers for glycosylated hemoglobin (A1C)/protein blood testing.

**Note:** Although CareSource does not require a prior authorization for glycosylated hemoglobin (A1C)/protein blood testing, CareSource may request documentation to support medical necessity. Appropriate and complete documentation must be presented at the time of review to validate medical necessity.

- II. CareSource considers screening for the diagnosis of diabetes as medically necessary preventive care for the following member groups according to the United States Preventive Services Task Force (USPSTF):
  - A. Asymptomatic members age 40 to 70 years who are overweight or obese
  - B. Asymptomatic members of any age or weight who are in the following high-risk groups:
    1. Immediate family history of diabetes
    2. History of gestational diabetes or polycystic ovarian syndrome
    3. African Americans
    4. Native Americans
    5. Alaskan Natives
    6. Asian Americans



- 7. Hispanics and Latinos
- 8. Native Hawaiians
- 9. Native Pacific Islanders

C. Asymptomatic pregnant women who have reached 24 weeks of gestation.

III. CareSource considers diagnostic testing for the management of diabetes as medically necessary for the following member groups, with the specified frequencies:

- A. Members whose diabetes is controlled, once every 3 months
- B. Members whose diabetes is not controlled may require testing more than four times a year
- C. Pregnant women, once per month

**Note:** CareSource may request documentation to support medical necessity, if testing is in excess of the above guidelines.

IV. Alternative testing, including glycated protein, for example, fructosamine, may be indicated for monitoring the degree of glycemic control.

- A. It is therefore conceivable that a patient will have both a glycated hemoglobin and glycated protein ordered on the same day.
- B. This should be limited to the initial assay of glycated hemoglobin, with subsequent exclusive use of glycated protein.
- C. These tests are not considered to be medically necessary for the diagnosis of diabetes.

V. Reimbursement is based on submitting a claim with the appropriate ICD-10 diagnosis code to match the CPT code listed within this policy. If the appropriate ICD-10 diagnosis code is not submitted with the CPT code, the claim will be denied.

**E. Conditions of Coverage**

Reimbursement is dependent on, but not limited to, submitting Centers for Medicare and Medicaid Services (CMS) approved HCPCS and CPT codes and the appropriate modifiers, if applicable. Please refer to the CMS fee schedule for appropriate codes.

- **The following list(s) of codes is provided as a reference. This list may not be all inclusive and is subject to updates.**

CPT Code	Description
82985	Glycated protein
83036	Hemoglobin; glycosylated (A1C)
ICD-10	Description
D13.7	Benign neoplasm of endocrine pancreas
E08.	Diabetes mellitus due to underlying condition with (Any ICD-10 starting with E08.)
E09.	Drug or chemical induced diabetes mellitus with (Any ICD-10 starting with E09.)
E10.	Type 1 diabetes mellitus with (Any ICD-10 starting with E10.)
E11.	Type 2 diabetes mellitus with (Any ICD-10 starting with E11.)
E13.	Other specified diabetes mellitus with (Any ICD-10 starting with E13.)
E15	Nondiabetic hypoglycemic coma
E16.0	Drug-induced hypoglycemia without coma
E16.1	Other hypoglycemia
E16.2	Hypoglycemia, unspecified
E16.3	Increased secretion of glucagon
E16.8	Other specified disorders of pancreatic internal secretion
E16.9	Disorder of pancreatic internal secretion, unspecified



<b>E31.0</b>	Autoimmune polyglandular failure
<b>E31.1</b>	Polyglandular hyperfunction
<b>E31.20</b>	Multiple endocrine neoplasia [MEN] syndrome, unspecified
<b>E31.21</b>	Multiple endocrine neoplasia [MEN] type I
<b>E31.22</b>	Multiple endocrine neoplasia [MEN] type IIA
<b>E31.23</b>	Multiple endocrine neoplasia [MEN] type IIB
<b>E31.8</b>	Other polyglandular dysfunction
<b>E31.9</b>	Polyglandular dysfunction, unspecified
<b>E74.8</b>	Other specified disorders of carbohydrate metabolism
<b>E79.0</b>	Hyperuricemia without signs of inflammatory arthritis and tophaceous disease
<b>E83.10</b>	Disorder of iron metabolism, unspecified
<b>E83.110</b>	Hereditary hemochromatosis
<b>E83.111</b>	Hemochromatosis due to repeated red blood cell transfusions
<b>E83.118</b>	Other hemochromatosis
<b>E83.119</b>	Hemochromatosis, unspecified
<b>E83.19</b>	Other disorders of iron metabolism
<b>E88.02</b>	Plasminogen deficiency
<b>E89.1</b>	Postprocedural hypoinsulinemia
<b>H44.2E1</b>	Degenerative myopia with other maculopathy, right eye
<b>H44.2E2</b>	Degenerative myopia with other maculopathy, left eye
<b>H44.2E3</b>	Degenerative myopia with other maculopathy, bilateral eye
<b>I21.9</b>	Acute myocardial infarction, unspecified
<b>I21.A1</b>	Myocardial infarction type 2
<b>I21.A9</b>	Other myocardial infarction type
<b>K86.0</b>	Alcohol-induced chronic pancreatitis
<b>K86.1</b>	Other chronic pancreatitis
<b>K91.2</b>	Postsurgical malabsorption, not elsewhere classified
<b>L97.</b>	Non-pressure chronic ulcer of other part of (Any ICD-10 starting with L97.)
<b>L98.415</b>	Non-pressure chronic ulcer of buttock with muscle involvement without evidence of necrosis
<b>L98.416</b>	Non-pressure chronic ulcer of buttock with bone involvement without evidence of necrosis
<b>L98.418</b>	Non-pressure chronic ulcer of buttock with other specified severity
<b>L98.425</b>	Non-pressure chronic ulcer of back with muscle involvement without evidence of necrosis
<b>L98.426</b>	Non-pressure chronic ulcer of back with bone involvement without evidence of necrosis
<b>L98.428</b>	Non-pressure chronic ulcer of back with other specified severity
<b>L98.495</b>	Non-pressure chronic ulcer of skin of other sites with muscle involvement without evidence of necrosis
<b>L98.496</b>	Non-pressure chronic ulcer of skin of other sites with bone involvement without evidence of necrosis
<b>O24.</b>	Pre-existing type 1 diabetes mellitus, in pregnancy (Any ICD-10 starting with O24.)
<b>O30.</b>	Pregnancy... (Any ICD-10 starting with O30.)
<b>O99.810</b>	Abnormal glucose complicating pregnancy
<b>O99.815</b>	Abnormal glucose complicating the puerperium
<b>R73.01</b>	Impaired fasting glucose
<b>R73.02</b>	Impaired glucose tolerance (oral)
<b>R73.03</b>	Prediabetes
<b>R73.09</b>	Other abnormal glucose
<b>R73.9</b>	Hyperglycemia, unspecified
<b>R78.71</b>	Abnormal lead level in blood
<b>R78.79</b>	Finding of abnormal level of heavy metals in blood



<b>R78.89</b>	Finding of other specified substances, not normally found in blood
<b>R79.0</b>	Abnormal level of blood mineral
<b>R79.89</b>	Other specified abnormal findings of blood chemistry
<b>R79.9</b>	Abnormal finding of blood chemistry, unspecified
<b>T38.3X1A</b>	Poisoning by insulin and oral hypoglycemic [antidiabetic] drugs, accidental (unintentional), initial encounter
<b>T38.3X2A</b>	Poisoning by insulin and oral hypoglycemic [antidiabetic] drugs, intentional self-harm, initial encounter
<b>T38.3X3A</b>	Poisoning by insulin and oral hypoglycemic [antidiabetic] drugs, assault, initial encounter
<b>T38.3X4A</b>	Poisoning by insulin and oral hypoglycemic [antidiabetic] drugs, undetermined, initial encounter
<b>Z00.00</b>	Encounter for general adult medical examination without abnormal findings
<b>Z00.01</b>	Encounter for general adult medical examination with abnormal findings
<b>Z01.812</b>	Encounter for preprocedural laboratory examination
<b>Z79.3</b>	Long term (current) use of hormonal contraceptives
<b>Z79.4</b>	Long term (current) use of insulin
<b>Z79.84</b>	Long term (current) use of oral hypoglycemic drugs
<b>Z79.891</b>	Long term (current) use of opiate analgesic
<b>Z79.899</b>	Other long term (current) drug therapy
<b>Z86.2</b>	Personal history of diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism
<b>Z86.31</b>	Personal history of diabetic foot ulcer
<b>Z86.32</b>	Personal history of gestational diabetes
<b>Z86.39</b>	Personal history of other endocrine, nutritional and metabolic disease

**F. Related Policies/Rules**

N/A

**G. Review/Revision History**

DATE		ACTION
<b>Date Issued</b>	02/01/2020	
<b>Date Revised</b>		
<b>Date Effective</b>	02/01/2020	New policy
<b>Date Archived</b>	12/31/2021	This Policy is no longer active and has been archived. Please note that there could be other Policies that may have some of the same rules incorporated and CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy.

**H. References**

1. Abnormal Blood Glucose and Type 2 Diabetes Mellitus: Screening. (2015, October). Retrieved 8/29/2019 from <https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/screening-for-abnormal-blood-glucose-and-type-2-diabetes?ds=1&s=diabetes>.
2. Centers for Medicare and Medicaid Services. (2019). NCD 190.21 - Glycated Hemoglobin/Glycated Protein (190.21).
3. Gestational Diabetes Mellitus, Screening. (2014, January). Retrieved 8/29/2019 from <https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/gestational-diabetes-mellitus-screening?ds=1&s=diabetes>.

**The Reimbursement Policy Statement detailed above has received due consideration as defined in the Reimbursement Policy Statement Policy and is approved.**