

PHARMACY POLICY STATEMENT HAP CareSource™ Marketplace

| DRUG NAME | Skyrizi (risankizumab-rzaa) |
|--------------|------------------------------|
| BENEFIT TYPE | Medical or Pharmacy |
| STATUS | Prior Authorization Required |

Skyrizi is an interleukin-23 (IL-23) antagonist initially approved by the FDA in 2019 for moderate-to-severe plaque psoriasis. Since then, it has also been granted approval for psoriatic arthritis, Crohn's disease and ulcerative colitis in adults. This humanized IgG1 monoclonal antibody works by selectively binding to the p19 subunit of human IL-23 cytokine, inhibiting its interaction with the IL-23 receptor. IL-23 is a naturally occurring cytokine that is involved in inflammatory and immune responses.

Skyrizi (risankizumab-rzaa) will be considered for coverage when the following criteria are met:

Crohn's Disease (CD)

For **initial** authorization:

- 1. Member is 18 years of age or older with moderately to severely active CD; AND
- 2. Medication must be prescribed by or in consultation with a gastroenterologist; AND
- 3. Member has had a documented trial and inadequate response, or intolerance to **ONE** of the following conventional therapies:
 - a) A 4-week trial of a corticosteroid;
 - b) A 12-week trial of 6-mercaptopurine, azathioprine, or methotrexate; OR
- 4. Member has severe disease that requires immediate use of a biologic agent, as indicated by **ONE** of the following:
 - a) Extensive small bowel disease involving more than 100 cm;
 - b) History of bowel or colon resection and is at high risk for CD recurrence (e.g., smoker, <30 years old, 2 or more resections, penetrating/fistulizing disease, etc.); AND
- 5. Baseline liver function tests (LFTs) have been or will be completed; AND
- 6. Member has had a negative tuberculosis test within the past 12 months.
- 7. **Dosage allowed:** 600 mg by intravenous infusion at week 0, week 4, and week 8. Then 180 or 360 mg via subcutaneous injection at week 12, and every 8 weeks thereafter. Quantity limit: 1 cartridge per 8 weeks for maintenance therapy.

If all the above requirements are met, the medication will be approved for 12 months.



For **reauthorization**:

1. Chart notes have been provided showing improvement in signs and symptoms of CD such as as improved endoscopic response, fewer flare-ups of symptoms, improved quality of life, etc.

If all the above requirements are met, the medication will be approved for an additional 12 months.

Plaque Psoriasis (PsO)

For initial authorization:

- 1. Member is 18 years of age or older; AND
- 2. Medication must be prescribed by or in consultation with a dermatologist; AND
- Member has clinical documentation of moderate to severe plaque psoriasis characterized by 3% or more of body surface area (BSA) or disease affecting sensitive areas (e.g., hands, feet, face, genitals, etc.); AND
- 4. Member has tried and failed to respond to treatment with **ONE** of the following:
 - a) At least 12 weeks of photochemotherapy (i.e., psoralen plus ultraviolet A therapy);
 - b) At least 12 weeks of phototherapy (i.e., UVB light therapy, Excimer laser treatments);
 - c) At least a 4-week trial with topical antipsoriatic agents (i.e., anthralin, calcipotriene, coal tar, corticosteroids, tazarotene, tacrolimus, pimecrolimus);
 - d) At least a 12-week trial of a systemic non-biologic DMARD (i.e., cyclosporine, methotrexate, acitretin); AND
- 5. Member has had a negative tuberculosis test within the past 12 months.
- 6. **Dosage allowed:** 150 mg administered by subcutaneous injection at week 0, week 4, and every 12 weeks thereafter. Quantity limit: 1 pen or syringe per 12 weeks for maintenance therapy.

If all the above requirements are met, the medication will be approved for 12 months.

For reauthorization:

1. Chart notes have been provided that show the member has shown improvement of signs and symptoms of disease such as documented member's BSA improvement, etc.

If all the above requirements are met, the medication will be approved for an additional 12 months.

Psoriatic Arthritis (PsA)

For **initial** authorization:

- 1. Member is 18 years of age or older; AND
- 2. Medication must be prescribed by or in consultation with a rheumatologist or a dermatologist; AND
- 3. Member has a documented diagnosis of active PsA; AND
- 4. Member has met a 4-week trial of an NSAID taken at maximally tolerated dose <u>AND</u> a 3-month trial of a non-biologic DMARD agent (e.g., methotrexate, sulfasalazine, cyclosporine, etc.) <u>unless</u> **ONE** of the following situations is met:
 - a) Non-biologic DMARD is **NOT** required for:
 - i) Concomitant axial disease (i.e., involving sacroiliac joint and spine) or enthesitis; OR
 - b) NSAID and non-biologic DMARD are **NOT** required for:



- i) Severe PsA (defined as having at least <u>ONE</u> of the following: erosive disease, active PsA at many sites including dactylitis or enthesitis, elevated levels of ESR or CRP, joint deformities, or major impairment in quality of life); AND
- 5. Member has had a negative tuberculosis test within the past 12 months.
- 6. **Dosage allowed/Quantity limit:** 150 mg administered by subcutaneous injection at week 0, week 4, and every 12 weeks thereafter. Quantity limit: 1 pen or syringe per 12 weeks for maintenance therapy.

If all the above requirements are met, the medication will be approved for 12 months.

For reauthorization:

1. Chart notes have been provided showing improvement of signs and symptoms of disease such as decreased joint swelling and pain, improved skin appearance, improved quality of life, etc.

If all the above requirements are met, the medication will be approved for an additional 12 months.

Ulcerative Colitis (UC)

For **initial** authorization:

- 1. Member is 18 years of age or older; AND
- 2. Medication must be prescribed by or in consultation with a gastroenterologist; AND
- 3. Member has a documented diagnosis of moderately to severely active UC; AND
- 4. Member must have a documented trial and inadequate response with **ONE** of the following:
 - a) 3 months of 6-mercaptopurine or azathioprine;
 - b) 30 days of a corticosteroid (e.g., budesonide, prednisone, methylprednisolone);
 - c) 3 months of 5-aminosalicylate (e.g., Asacol HD, Lialda, Pentasa, Delzicol, mesalamine, etc.); AND
- 5. Baseline liver function tests (LFTs) have been or will be completed; AND
- 6. Member has had a negative tuberculosis test within the past 12 months.
- 7. **Dosage allowed/Quantity limit:** 1,200 mg administered by intravenous infusion at week 0, week 4, and week 8. Then 180 mg or 360 mg administered by subcutaneous injection at week 12, and every 8 weeks thereafter. Quantity limit: 1 cartridge per 8 weeks for maintenance therapy.

If all the above requirements are met, the medication will be approved for 3 months.

For reauthorization:

1. Chart notes have been provided showing improvement of signs and symptoms of disease such as clinical remission, decrease in rectal bleeding, decreased corticosteroid use, or improved endoscopic appearance of the mucosa, etc.

If all the above requirements are met, the medication will be approved for an additional 12 months.

HAP CareSource considers Skyrizi (risankizumab-rzaa) not medically necessary for the treatment of conditions that are not listed in this document. For any other indication, please refer to the Off-Label policy.

| DATE | ACTION/DESCRIPTION |
|------------|---------------------------------|
| 07/28/2019 | New policy for Skyrizi created. |



| 11/18/2020 | Removed rheumatologist from prescriber requirement. Removed PsO 6 months or longer. Changed BSA to 3% or sensitive areas. Removed PASI score. Removed repeat TB for reauth. Updated references. |
|------------|---|
| 02/02/2022 | New indication of PsA added. Changed to new format. Reworded DMARD language for PsA and PsO. Updated references. |
| 06/27/2022 | Added new indication of Crohn's disease. Updated references. Added medical benefit for one-time infusion for Crohn's disease. Added quantity limits. |
| 07/09/2024 | Added/removed references. Ulcerative colitis indication added. Added quantity limit for UC. PsA: increased initial authorization length from 6 months to 12 months. Clarified dosing and changed quantity limit from 2 syringes per 12 weeks to 1 pen or syringe per 12 weeks. CD: clarified dosing and clarified quantity limit. Removed internal reviewer note. Added that baseline LFTs must be done or will be done. PsO: clarified dosing and changed quantity limit from 2 syringes per 12 weeks to 1 pen or syringe per 12 weeks. |
| 09/26/2024 | PsO: converted double trial of topicals + systemic therapy to a single trial with both topical and systemic options and removed trial and failure of TWO preferred biologic DMARDs for 3 months each PsA: removed trial and failure of TWO preferred biologic DMARDs for 3 months each, one of which must be a TNF inhibitor |

References:

- 1. Skyrizi [prescribing information]. North Chicago. IL: AbbVie Inc.: 2024.
- 2. Elmets CA, Korman NJ, Prater EF, et al. Joint AAD-NPF Guidelines of care for the management and treatment of psoriasis with topical therapy and alternative medicine modalities for psoriasis severity measures [published online ahead of print, 2020 Jul 30]. *J Am Acad Dermatol*. 2020;S0190-9622(20)32288-X.
- 3. Menter A, Gelfand JM, Connor C, et al. Joint American Academy of Dermatology-National Psoriasis Foundation guidelines of care for the management of psoriasis with systemic nonbiologic therapies. *J Am Acad Dermatol*. 2020;82(6):1445-1486.
- 4. Menter A, Strober BE, Kaplan DH, et al. Joint AAD-NPF guidelines of care for the management and treatment of psoriasis with biologics. *J Am Acad Dermatol*. 2019;80(4):1029-1072.
- 5. Elmets CA, Lim HW, Stoff B, et al. Joint American Academy of Dermatology-National Psoriasis Foundation guidelines of care for the management and treatment of psoriasis with phototherapy [published correction appears in J Am Acad Dermatol. 2020 Mar;82(3):780]. *J Am Acad Dermatol*. 2019;81(3):775-804.
- 6. Singh JA, Guyatt G, Ogdie A, et al. 2018 American College of Rheumatology/National Psoriasis Foundation Guideline for the treatment of Psoriatic Arthritis. *Arthritis Rheumatol.* 2019 Jan;71(1):5-32.
- 7. Gossec L, Kerschbaumer A, Ferreira RJO, et al. EULAR recommendations for the management of psoriatic arthritis with pharmacological therapies: 2023 update. *Ann Rheum Dis.* 2024;83(6):706-719. Published 2024 May 15. doi:10.1136/ard-2024-225531
- 8. Coates LC, Soriano ER, Corp N, et al. Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA): updated treatment recommendations for psoriatic arthritis 2021 [published correction appears in Nat Rev Rheumatol. 2022 Dec;18(12):734. doi: 10.1038/s41584-022-00861-w]. Nat Rev Rheumatol. 2022;18(8):465-479. doi:10.1038/s41584-022-00798-0
- 9. Feagan BG, et al. Risankizumab in patients with moderate to severe Crohn's disease: an open-label extension study. *Lancet Gastroenterol Hepatol.* 2018 Oct;3(10):671-680.
- 10. Lichtenstein GR, Loftus EV, Isaacs KL, Regueiro MD, Gerson LB, Sands BE. ACG Clinical Guideline: Management of Crohn's Disease in Adults. *Am J Gastroenterol*. 2018;113(4):481-517.
- 11. Torres J, Bonovas S, Doherty G, et al. ECCO Guidelines on Therapeutics in Crohn's Disease: Medical Treatment. *J Crohns Colitis*. 2020;14(1):4-22.



- 12. Rubin DT, Ananthakrishnan AN, Siegel CA, Sauer BG, Long MD. ACG Clinical Guideline: Ulcerative Colitis in Adults. *Am J Gastroenterol*. 2019;114(3):384-413.
- 13. Feuerstein JD, Isaacs KL, Schneider Y, et al. AGA Clinical Practice Guidelines on the Management of Moderate to Severe Ulcerative Colitis. *Gastroenterology*. 2020;158(5):1450-1461.
- 14. Raine T, Bonovas S, Burisch J, et al. ECCO Guidelines on Therapeutics in Ulcerative Colitis: Medical Treatment. *J Crohns Colitis*. 2022;16(1):2-17. doi:10.1093/ecco-jcc/jjab178

Effective date: 01/01/2025 Revised date: 09/26/2024