



Qualified Health Plans offered in North Carolina by CareSource North Carolina Co., d/b/a CareSource

<b>ADMINISTRATIVE POLICY STATEMENT</b>	
<b>North Carolina Marketplace</b>	
Policy Name & Number	Date Effective
Opioid Use Disorder Medication Treatment Providers-NC MP-AD-1327	11/01/2023
Policy Type	
<b>ADMINISTRATIVE</b>	

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According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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## A. Subject

### **Opioid Use Disorder Medication Treatment Providers**

## B. Background

The use of medication for opioid use disorder (MOUD) in opioid treatment programs (OTP) is governed by the 42 Code of Federal Regulations (CFR) 8. The regulation created a system to certify and accredit OTPs, allowing administration and dispensing of Food and Drug Administration (FDA)-approved medications for opioid use disorder. OTPs must be certified and accredited, licensed in the applicable state of operation, and registered with the Drug Enforcement Administration (DEA). Oversight of treatment medication remains a multilateral system involving states, the Substance Abuse and Mental Health Services Administration (SAMHSA), the Department of Health and Human Services (HHS), the Department of Justice (DOJ) and the Drug Enforcement Administration (DEA). State Opioid Treatment Authorities (OTAs) assist providers with information about individual state regulations.

Additionally, with the passage of Section 1262 of the Consolidated Appropriations Act (2023), practitioners are no longer required to submit a Notice of Intent to prescribe certain schedule III-V medications for the treatment of opioid use disorder, commonly known as the X-Waiver. This includes buprenorphine, an FDA-approved medication that, taken daily, reduces cravings and withdrawal symptoms.

## C. Definitions

- **Opioid Treatment Program (OTP)** - Program/qualified practitioner accredited and certified by SAMHSA, delivering opioid treatment with an opioid agonist medication.
- **Opioid Use Disorder (OUD)** - At least 2 of 11 clinical criteria within the Diagnostic Statistical Manual-5-Text Revised are met within a 12-month period with severity ranging from mild to severe, including tolerance and withdrawal.
- **Practitioner:**
  - A physician, dentist, optometrist, veterinarian, scientific investigator, or other person licensed, registered or otherwise permitted to distribute, dispense, conduct research with respect to or to administer a controlled substance so long as such activity is within the normal course of professional practice or research in this State.
  - A pharmacy, hospital or other institution licensed, registered, or otherwise permitted to distribute, dispense, conduct research with respect to or to administer a controlled substance so long as such activity is within the normal course of professional practice or research in this State.
- **Substance Abuse Mental Health Services Administration (SAMHSA)** - Agency within the HHS leading public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.

## D. Policy

- I. Effective June 27, 2023, the Medication Access and Training Expansion (MATE) Act, which passed as part of the CAA 2023, implemented a new requirement for all DEA-  
The ADMINISTRATIVE Policy Statement detailed above has received due consideration as defined in the ADMINISTRATIVE Policy Statement Policy and is approved.

registered practitioners to complete 8 hours of training on the treatment and management of patients with opioid or other substance use disorders. This training requirement is a one-time requirement and not required for subsequent DEA registration renewals. Practitioners are deemed to have satisfied this requirement if any of the following apply:

- A. board certification in addiction medicine or addiction psychiatry
- B. previous completion of the DATA-2000 Waiver training
- C. previous completion of 8 hours of cumulative training relevant to the treatment and management of patients with opioid or other SUDs from accredited groups named in the CAA 2023

II. Methadone providers must comply with **all** the following:

- A. obtain accreditation/certification as an OTP provider
- B. follow state laws, such as licensure, if applicable
- C. register with the Drug Enforcement Administration (DEA)
- D. provide documentation that other, traditional outpatient behavioral health services are being or have been offered, and/or provided, such as testing, assessment, evaluation, and psychotherapy

III. Buprenorphine

The following criteria and conditions must be met for prescribers to achieve successful credentialing with the following specialties:

A. Addiction Medicine

1. Unrestricted Doctor of Medicine (MD) or Doctor of Osteopathic Medicine (DO) license and **one** of the following:
  - a. certification by the American Board of Addiction Medicine
  - b. subspecialty certification in addiction medicine by the American Board of Preventive Medicine
  - c. subspecialty certification in addiction psychiatry by the American Board of Psychiatry and Neurology
  - d. certificate of added qualification in addiction medicine from the American Osteopathic Association
  - e. completion of accredited residency/fellowship in addiction medicine or Addiction Psychiatry
2. Unrestricted, licensed Advanced Practice Registered Nurses (APRN) must have completed Nurse Practitioner Substance Use Disorder Medical Education Project (NP-SUDMedEd) training.

B. Buprenorphine Provider

1. Unrestricted MD or DO license and registered with the DEA to dispense schedule III, IV, and V medications for treatment of pain.
2. Other practitioners with an unrestricted license (Nurse Practitioner, Clinical Nurse Specialist, Certified Registered Nurse Anesthetist, Certified Nurse Midwife, or Physician Assistants) and **all** the following:
  - a. must be in an office-based setting
  - b. registered with the DEA to dispense schedule III, IV, and V medications for treatment of pain

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- c. training or experience that demonstrates the ability to treat and manage opioid-dependent members
- d. supervision by or employment in collaboration with a qualifying physician as noted in III.B.1., if applicable and as required by license

E. Conditions of Coverage

- I. All providers must comply with current federal and state regulations.
- II. Non-participating providers require a prior authorization for services.

F. Related Policies/Rules

NA

G. Review/Revision History

	DATE	ACTION
<b>Date Issued</b>	03/15/2023	Approved at Committee.
<b>Date Revised</b>	08/02/2023	Added section D.I. Deleted III.A. Updated references. Approved at Committee.
<b>Date Effective</b>	11/01/2023	
<b>Date Archived</b>		

H. References

1. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders: Fifth Edition, Text Revision*. American Psychiatric Association; 2022.
2. Definitions. § 90-87. NORTH CAROLINA GENERAL STATUTE. (2022).
3. Drug Enforcement Administration, Department of Justice, 21 C. F. R. §§ 1300-21. (2023).
4. *Evidence of Coverage*. CareSource; 2023. Accessed July 20, 2023. [www.caresource.com](http://www.caresource.com)
5. Medication Access and Training Expansion Acts, PB.L. No. 117-328. (2022).
6. Medication Assisted Treatment for Opioid Use Disorders, 42 C. F. R. §§ 8.1-.655. (2023).
7. National Institute on Drug Abuse. *Principles of Drug Addiction Treatment: A Research-based Guide*. 3rd ed. National Institutes of Health; 2018. NIH publication 12-4180. Accessed July 20, 2023. [www.nida.nih.gov](http://www.nida.nih.gov)
8. Rules for Mental Health, Developmental Disabilities, and Substance Abuse Facilities and Services, § 10A NCAC 27G. NORTH CAROLINA ADMINISTRATIVE CODE. (2019).
9. The ASAM national practice guideline for the treatment of opioid use disorder: 2020 focused update. American Society of Addiction Medicine. Accessed July 20, 2023. [www.asam.org](http://www.asam.org).
10. US Dept of Health and Human Services. Certification of opioid treatment programs (OTPs). Substance Abuse and Mental Health Services Administration. Accessed July 20, 2023. [www.samhsa.gov](http://www.samhsa.gov)
11. US Dept of Health and Human Services. Opioids. Centers for Disease Control and Prevention. Updated May 23, 2023. Accessed July 20, 2023. [www.cdc.gov](http://www.cdc.gov)
12. US Dept of Health and Human Services. Practitioner training. Substance Abuse and Mental Health Services Administration. Accessed July 20, 2023. [www.samhsa.gov](http://www.samhsa.gov)

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13. US Dept of Health and Human Services. Removal of DATA waiver (X-Waiver) requirement. Substance Abuse and Mental Health Services Administration. Accessed July 20, 2023. [www.samhsa.gov](http://www.samhsa.gov)
14. US Dept of Justice. Drug scheduling. US Drug Enforcement Administration. Accessed July 20, 2023. [www.dea.gov](http://www.dea.gov)

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