

MEDICAL POLICY STATEMENT North Carolina Marketplace

| North Carolina Marketplace | | |
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| Policy Name & Number | Date Effective | |
| Myoelectric Lower Extremity Prosthetic Technology NC-MP-MM-1409 | 05/01/2023-10/31/2023 | |
| Policy Type | | |
| MEDICAL | | |

Medical Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Medical Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Medical Policy Statement. If there is a conflict between the Medical Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination. According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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A. Subject

Myoelectric Lower Extremity Prosthetic Technology

B. Background

The policy addresses the computerized limb prosthesis that is a nonstandard, external prosthetic device incorporating a microprocessor for movement control. These devices are equipped with a sensor that detects when the knee is in full extension and adjusts the swing phase automatically, permitting a more natural walking pattern of varying speeds.

C. Definitions

- Myoelectric Lower Extremity Prosthetic Technology Addition to lower extremity
 prosthesis, endoskeletal knee-shin system, microprocessor control feature, swing
 phase only, includes electronic sensor(s), any type.
- Classification Level Rehabilitation potential as described by Centers for Medicare & Medicaid Services:

| Level 0: Does not have the | a. The individual does not have sufficient cognitive |
|--------------------------------|---|
| ability or potential to | ability to safely use a prosthesis with or without |
| ambulate or transfer safely | assistance. |
| with or without assistance | b. The individual requires assistance from |
| and a prosthesis does not | equipment or caregiver in order to transfer and |
| enhance their quality of life | use of a prosthesis does not improve mobility or |
| or mobility | independence with transfers. |
| | c. The individual is wheelchair dependent for |
| | mobility and use of a prosthesis does not |
| | improve transfer abilities. |
| | d. The individual is bedridden and has no need or |
| | capacity to ambulate or transfer. |
| Level 1: Has the ability or | a. The individual has sufficient cognitive ability to |
| potential to use a prosthesis | safely use a prosthesis with or without an |
| for transfers or ambulation | assistive device and/or the |
| on level surfaces at fixed | assistance/supervision of one person. |
| cadence, typical of the | b. The individual is capable of safe but limited |
| limited and unlimited | ambulation within the home with or without an |
| household ambulator. | assistive device and/or with or without the |
| | assistance/supervision of one person. |
| | c. The individual requires the use of a wheelchair |
| | for most activities outside of their residence. |
| | d. The individual is not capable of most of the |
| · · | functional activities designated in Level 2. |
| Level 2: Has the ability or | a. The individual can ambulate with or without an |
| potential for ambulation with | assistive device (which may include one or two |
| the ability to transverse low | handrails) and/or with or without the |
| level environmental barriers | assistance/supervision of one person: |
| such as curbs, stairs or | i. Perform the Level 1 tasks designated above |
| uneven surfaces. This level is | ii. Ambulate on a flat, smooth surface |



| ed Health Plans offered in North Carolina by CareSource | e North Carolina Co., d/b/a CareSource Effective Date: 05/01/2023 | |
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| typical of the limited community ambulator. Level 3: Has the ability or potential for ambulation with | iii. Negotiate a curb iv. Access public or private transportation v. Negotiate 1-2 stairs vi. Negotiate a ramp built to ADA specifications. b. The individual may require a wheelchair for distances that are beyond the perimeters of the yard/driveway, apartment building, etc. c. The individual is only able to increase his/her generally observed speed of walking for short distances or with great effort. d. The individual is generally not capable of accomplishing most of the tasks at Level 3 (or does so infrequently with great effort). a. With or without an assistive device (which may include one or two hand rails), the individual is | |
| variable cadence, typical of | independently capable (i.e. requires no personal | |
| the community ambulator | assistance or supervision) of performing the | |
| who has the ability to | Level 2 tasks above and can: | |
| transverse most | i. Walk on terrain that varies in texture and | |
| environmental barriers and | level (e.g., grass, gravel, uneven concrete) | |
| may have vocational, | ii. Negotiate 3-7 consecutive stairs | |
| therapeutic, or exercise | iii. Walk up/down ramps built to ADA | |
| activity that demands | specifications | |
| prosthetic utilization beyond | iv. Open and close doors | |
| simple locomotion. | v. Ambulate through a crowded area (e.g., grocery store, big box store, restaurant) vi. Cross a controlled intersection within his/her community within the time limit provided (varies by location) vii. Access public or private transportation viii. Perform dual ambulation tasks (e.g. carry an item or meaningfully converse while ambulating) b. The individual does not perform the activities of Level 4. | |
| Level 4: Has the ability or | With or without an assistive device (which may | |
| potential for prosthetic | include one or two hand rails), this individual is | |
| ambulation that exceeds the | independently capable (i.e. requires no personal | |
| basic ambulation skills, | assistance or supervision) of performing high impact | |
| exhibiting high impact, stress | domestic, vocational or recreational activities such | |
| or energy levels typical of the | | |
| prosthetic demands of the | a. Running | |
| child, active adult, or athlete. | b. Repetitive stair climbing | |
| | c. Climbing of steep hills | |
| | d. Being a caregiver for another individual | |
| 1 | o Homo maintanango (o a rongiro alcanina) | |

NOTE: Consideration is given to bilateral amputees who often cannot be strictly bound by the Classification Levels.

e. Home maintenance (e.g. repairs, cleaning)



D. Policy

- I. CareSource considers myoelectric lower limb prosthetic technology medically necessary when the following criteria are met:
 - A. The member is 18 years of age or older;
 - B. Has a lower extremity prosthesis(s);
 - C. Documentation submitted supports medical necessity and includes the following:
 - 1. A written order/prescription from a treating practitioner for the additional technology;
 - 2. Sufficient documentation of the rehabilitation potential including, but not limited to, clear documentation supporting the expected potential classification level that is K3 or above;
 - 3. Member:
 - a. Is emotionally ready;
 - b. Is able and willing to participate in training;
 - c. Is able and willing to care for the technology;
 - d. Is physically able to use the equipment; and
 - e. Has adequate cardiovascular and pulmonary reserve for ambulation at faster than normal walking speed.

NOTE: Documentation for Durable Medical Equipment, Prosthetics, Orthotics, and Supplies is followed.

E. Conditions of Coverage NA

F. Related Policies/Rules

Medical Record Documentation Standards for Practitioners Policy

G. Review/Revision History

| | DATE | ACTION |
|----------------|------------|---|
| Date Issued | 02/15/2023 | New Policy |
| Date Revised | | |
| Date Effective | 05/01/2023 | |
| Date Archived | 10/31/2023 | This Policy is no longer active and has been archived. Please note that there could be other Policies that may have some of the same rules incorporated and CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy. |

H. References

 Centers for Medicare & Medicare Services Health Technology Assessment. (2017, September). Lower Limb Prosthetic Workgroup Consensus Document. Retrieved January 3, 2023 from www.cms.gov.



- Centers for Medicare & Medicare Services. (2020, December 30). Medicare Program Integrity Manual Chapter 5 – Durable Medical Equipment, Prosthetics, Orthotics, and Supplies (DMEPOS) Items and Services Having Special DME Review Considerations. Retrieved January 3, 2023 from www.cms.gov.
- 3. Centers for Medicare & Medicare Services. (2020, January 10. Local Coverage Determination Lower Limb Prosthesis L33787). Retrieved January 3, 2023 from www.cms.gov.
- 4. MCG Guidelines. 26th edition (2022). A-0487 (AC). Lower Limb Prosthesis. Retrieved January 3, 2023 from www.careweb.careguidelines.com.
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Independent medical review -May 2021