

PHARMACY POLICY STATEMENT North Carolina Marketplace

DRUG NAME	Fingolimod (Gilenya, Tascenso ODT)
BILLING CODE	Must use valid NDC
BENEFIT TYPE	Pharmacy
STATUS	Prior Authorization Required

Gilenya was initially approved by the FDA in 2010. It is indicated for the treatment of relapsing forms of multiple sclerosis (MS). It was the first oral drug approved for MS and later became the first drug approved for MS in the pediatric population. MS is a chronic autoimmune disease of the central nervous system that disrupts communication in the brain and between the brain and body. Gilenya was the first sphingosine-1-phosphate (S1P) receptor modulator. It requires all patients to be monitored for 6 hours after the first dose is given due to the potential for bradycardia. Tascenso ODT is a 505 (b)(2) product of Gilenya approved in 2022.

Fingolimod will be considered for coverage when the following criteria are met:

Multiple Sclerosis (MS)

For *initial* authorization:

- 1. Member is at least 10 years of age; AND
- 2. Medication must be prescribed by or in consultation with a neurologist; AND
- 3. Member has a documented diagnosis of a <u>relapsing form</u> of MS (i.e., clinically isolated syndrome, relapsing-remitting disease, or active secondary progressive disease); AND
- 4. The following baseline assessments have been completed (or are scheduled):
 - a) A complete blood count (CBC)
 - b) An ophthalmic evaluation
 - c) Baseline QTc interval is less than 500 msec
 - d) Baseline liver function tests; AND
- 5. The risk of progressive multifocal leukoencephalopathy (PML) has been discussed; AND
- Member has not experienced any of the following in the past 6 months: Myocardial infarction, unstable angina, stroke, TIA, decompensated heart failure requiring hospitalization or Class III/IV heart failure; AND
- 7. Member does not have Mobitz Type II second-degree or third-degree atrioventricular (AV) block or sick sinus syndrome, unless they have a functioning pacemaker; AND
- 8. Fingolimod will not be used concomitantly with any other disease modifying drugs for MS.
- 9. **Dosage allowed/Quantity limit:**

Adults and pediatrics 10 years of age and older weighing more than 40 kg (**Gilenya only**): 0.5 mg once daily

Pediatrics 10 years of age and older weighing <u>less than</u> or equal to 40 kg (**Gilenya OR Tascenso**): 0.25 mg once daily

QL: 30 capsules/tablets per 30 days

If all the above requirements are met, the medication will be approved for 12 months.



1. Chart notes must show improvement or stabilized signs and symptoms of disease such as fewer relapses or no new or enlarging lesions on MRI.

If all the above requirements are met, the medication will be approved for an additional 12 months.

CareSource considers fingolimod not medically necessary for the treatment of conditions that are not listed in this document. For any other indication, please refer to the Off-Label policy.

DATE	ACTION/DESCRIPTION
06/12/2017	New policy for Gilenya created. Not covered diagnosis added. Contraindications added in criteria. Baseline QTc interval required
12/06/2017	Age coverage expanded. Confirmation of diagnosis based on McDonald criteria is no longer required.
09/13/2018	Age coverage expanded into pediatric population. CBC baseline and suggested discussion with member about PML risks prior to treatment were added to criteria.
10/12/2021	Transferred to new template. General changes to language for consistency with related drugs. Updated references. Removed CIS from exclusion list and added to criteria. Moved ophthalmic note into the criteria. Added baseline LFT's. Added note regarding concomitant use. Added pediatric dosing. Added renewal criteria. Removed anti-arrhythmic exclusion, could be ok if they have cardiac consult.
11/09/2022	Renamed policy as generic name and added Tascenso ODT (505b2) to policy. Added reference for pediatric MS. Added QL.

References:

- 1. Gilenya [package insert]. East Hanover, NJ; Novartis Pharmaecuticals, Inc., 2019.
- 2. Tascenso ODT [prescribing information]. Cycle Pharmaceuticals Ltd; 2022.
- 3. Kappos L, et al. A placebo-controlled trial of oral fingolimod in relapsing multiple sclerosis. N Engl J Med. 2010 Feb 4;362(5):387-401.
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- Calabresi PA, et al. Safety and efficacy of fingolimod in patients with relapsing-remitting multiple sclerosis (FREEDOMS II): a double-blind, randomised, placebo-controlled, phase 3 trial. Lancet Neurol. 2014 Jun;13 (6):545-56.
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- National Multiple Sclerosis Society. The Use of Disease-Modifying Therapies in Multiple Sclerosis: Principles and Current Evidence. A Consensus Paper by the Multiple Sclerosis Coalition; 2019. Available from: <u>https://www.nationalmssociety.org/NationalMSSociety/media/MSNationalFiles/Brochures/DMT_Consensus_MS_Coalition.pdf</u>. Accessed August 18, 2021.
- 8. Thompson AJ, Banwell BL, Barkhof F, et al. Diagnosis of multiple sclerosis: 2017 revisions of the McDonald criteria. *Lancet Neurol*. 2018;17(2):162-173. doi:10.1016/S1474-4422(17)30470-2
- 9. Roy R, Alotaibi AA, Freedman MS. Sphingosine 1-Phosphate Receptor Modulators for Multiple Sclerosis. CNS Drugs. 2021;35(4):385-402. doi:10.1007/s40263-021-00798-w
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- Jakimovski D, Awan S, Eckert SP, Farooq O, Weinstock-Guttman B. Multiple Sclerosis in Children: Differential Diagnosis, Prognosis, and Disease-Modifying Treatment. CNS Drugs. 2022;36(1):45-59. doi:10.1007/s40263-021-00887-w

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