



## Administrative Policy Statement North Carolina Marketplace

| Policy Name                      |                       | Policy Number | Date Effective |
|----------------------------------|-----------------------|---------------|----------------|
| Multi-ingredient Compound Policy |                       | PAD-0027-MPP  | 6/5/2024       |
| Policy Type                      |                       |               |                |
| Medical                          | <b>ADMINISTRATIVE</b> | Pharmacy      | Reimbursement  |

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## A. Subject

### Pharmacy – Multi-ingredient Compound Policy.

## B. Background

Pharmacy compounding is defined as the combining, mixing or altering of ingredients to create a customized medication for a specific patient. Compounded medications are made based on a practitioner's prescription in which individual ingredients are mixed together in the exact strength and dosage form required by the patient.

## C. Definitions

- **Multi-ingredient Compound** – a product containing two or more ingredients that is not FDA approved and is prepared upon the order of a physician for a patient.

## D. Policy

All **multi-ingredient compounds** (except topical pain compounds) will be considered medically necessary when **ALL** of the following criteria are met:

- I. The primary active ingredients in the compound are approved by the FDA for the indication, age or route of administration; OR
- II. If any active ingredient in the compound is not FDA approved for the requested indication, age, or route of administration, must have evidence from TWO published studies from major scientific or medical peer-reviewed journals to support the use of the compound as safe and effective AND
- III. The active ingredients are prescribed in therapeutic amounts based on FDA approved indications AND
- IV. The compound contains only one active ingredient per any specific therapeutic class of drugs as defined by First Data Bank AND
- V. If a compound is similar to a commercially available product but differs in dosage, dosage form, or inert ingredient (such as flavoring, dye, or preservative), chart notes are required from the prescriber supporting the need for the compound (i.e. documented difficulty or inability to swallow oral dosage forms, documented allergies to inactive ingredients) AND
- VI. If any ingredient in the compound, active or inactive, otherwise requires prior authorization, the member must meet criteria established for that ingredient AND
- VII. The member has tried and failed a trial at least 3 preferred medications (if available) that can be used to treat the member's condition. Trial dates must be included with prior authorization request AND
- VIII. Compound will not be covered under the following circumstances:
  1. The compound is being used for an excluded benefit (e.g., cosmetic, obesity, sexual dysfunction, infertility, etc.)
  2. The compound contains ingredients that were withdrawn or removed from the market for safety reasons
  3. The compound is for a product that is commercially available
  4. The compound is for purposes of convenience only.



**Topical pain compounds** will be considered medically necessary when **ALL** of the following criteria are met:

- I. Member must have a diagnosis of chronic moderate to severe pain associated with neuropathic pain or nociceptive pain AND
- II. Member must have tried at least 3 of the following drugs from different groups for at least 30 days each:
  - a. Non-opioid oral medications or a documented contraindication
  - b. Diclofenac sodium gel 1% or over-the-counter (OTC) Voltaren gel
  - c. Topical lidocaine (e.g., lidocaine cream 3%, 4%, lidocaine patch 4%)
  - d. Topical capsaicin AND
- III. The compound contains no more than 1 active ingredient per any specific drug class as defined by First Data Bank AND
- IV. The compound contains no more than 3 drug classes for active ingredients AND
- V. The compound does NOT contain any controlled substances AND
- VI. The active ingredients must be FDA approved or compendia supported for topical use and for the pain indication.

**Reauthorization:**

Pain compound:

- Member must have documented improvement of pain supported by chart notes (defined as improvement of at least 3 points on a 0 to 10 point pain scale)

All other compounds:

- Evidence of effectiveness and safety for compound must be documented in chart notes for continuation of approval.

**Additional notes:**

- Reimbursement will not be provided for additives such as flavorings, dyes, or preservatives.
- Requests resulting from a drug shortage will be considered on a case-by-case basis.

## E. Conditions of Coverage

HCPCS

CPT

**AUTHORIZATION PERIOD**

**Initial approval:** 3 months or prescriber's requested length of therapy (if shorter than 3 months)

**Reauthorization:** 12 months

## F. Related Policies/Rules

Non-Formulary Medications Policy

Off Label Medication Requests Policy



Evidence of Coverage ("Prescription Drugs" and "What is Not Covered")

#### G. Review/Revision History

| DATES          |            | ACTION                                                                                                                                                                                                                                                                                                                                      |
|----------------|------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Date Issued    | 07/01/2016 | Initial Release to P&P Committee                                                                                                                                                                                                                                                                                                            |
| Date Revised   | 08/01/2016 | 2016 Annual Review with No Changes                                                                                                                                                                                                                                                                                                          |
|                | 06/01/2017 | 2017 Annual Review with No Changes                                                                                                                                                                                                                                                                                                          |
|                | 02/01/2018 | Updated criteria to limit compounds to having one ingredient per drug class and 30 day trial of preferred medications                                                                                                                                                                                                                       |
|                | 06/11/2020 | Policy moved to the new template. No changes.                                                                                                                                                                                                                                                                                               |
|                | 11/30/2021 | Updated criteria to include requirement of 2 published studies for off-label requests, reauth criteria, approval durations. Added separate criteria set for pain compounds. Revised trial requirement to be 3 preferred medications. Changed MediSpan to First Data Bank. Removed "not medically necessary" section under Additional notes. |
|                | 11/16/2022 | Added individual ingredients must be FDA Approved via indication, age and ROA; Added EOC for Marketplace related policies                                                                                                                                                                                                                   |
|                | 6/6/2023   | Removed "medical necessity," updated Related Policies and Rules to align with other updated policy names.                                                                                                                                                                                                                                   |
|                | 5/21/2024  | Annual review, no updates.                                                                                                                                                                                                                                                                                                                  |
| Date Effective | 6/5/2024   |                                                                                                                                                                                                                                                                                                                                             |
| Date Archived  |            |                                                                                                                                                                                                                                                                                                                                             |

#### H. References

N/A

The Administrative Policy Statement detailed above has received due consideration as defined in the Administrative Policy Statement Policy and is approved.